



FEBRUARY 2019 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>CLAUDIA REACH Life Enrichment Director CATHY MCMILLAN Life Enrichment Coordinator 205-956-2184 X172 creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.com</p>	<p>1 9:00 Exercise (CR) *10:15 ASO Coffee Concert 10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar (SN) *1:15 Walgreens/CVS 3:30 <u>Kara Lancaster</u> Piano/Vocals (CR) *6:00 ASO MasterWorks 7:00 Movie Night (C)</p>	<p>2 10:30 Jigsaw Puzzle Mania (GR) 12:15 <u>Connie Skellie</u> Violin Serenade (MDR) 6:00 Lawrence Welk Show-Ch 4</p>
<p>3 *9:15 IPC Sunday School *10:15 IPC Worship 3:00 IPC Valentine Bingo/Coke Floats 5:30 Super Bowl New England Patriots vs Los Angeles Rams</p>	<p>4 9:00 Exercise (CR) 9:30 Water Color with <u>Anne</u> (CR) 11:00 Boccia Ball with <u>Foxy</u> (CR) 1:30 Bridge Games (GR) 3:00 Residents' Asso. Mtg (C) 7:00 Night (CR)</p>	<p>5 10:00 Men's Coffee & Conversation (H) 11:00 GBHS Newspapers (CR) 2:00 Bible Study - The Rev. Hanna (C) 3:30 Musical Bingo (CR) 7:00 <u>Hungry Valley Boys</u> (CR)</p>	<p>6 9:00 Exercise (CR) 9:30 Mat Makers (GR) *9:30 Publix 10:00 Centering Prayer (CR) 10:30 Bingo *1:15 Winn Dixie 3:00 Wii Bowling 4:00 Residents' Social Hour (CR)</p>	<p>7 10:15 Balance Class with <u>Amanda</u> (CR) 11:00 Worship and Communion - The Rev. Hanna (C) 2:00 <u>Mac and Moss</u> Vocals/Guitar (CR) 3:00 Mexican Train Dominos (CR)</p>	<p>8 9:00 Exercise (CR) *9:15 Wildflower Café - Mentone *10:00 Sam's Club 10:30 <u>Ricky/Mary Anne</u> *1:15 Dollar Tree and Stein Mart 2:00 Book Club (L) 3:30 <u>Brian</u> Q&A (CR) 7:00 Movie Night (C)</p>	<p>9 10:30 Rosary with <u>Ann Cote'</u> (AR) 10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show on TV Channel 4</p>
<p>10 *9:15 IPC Sunday School *10:15 IPC Worship 3:00 Sunday Matinee (C)</p>	<p>11 9:00 Exercise (CR) 10:00 Free Mending (CR) 10:30 Kirkwood Ladies Circle (L) 1:30 Bridge (GR) 2:30 February Birthdays Celebration (CR) 7:00 Night (CR)</p>	<p>12 8:15 Breakfast at First Watch 9:00 Massage Therapy with <u>Cheron</u> 10:00 Men's C&C(H) 11:00 GBHS Newspapers (CR) 2:00 Bible Study - The Rev. Hanna (C) 3:30 Rummikub (CR)</p>	<p>13 9:00 Exercise (CR) 9:30 Mat Makers (CR) *9:30 Publix 11:00 <u>Crestline Elem.</u> 11:15 KW Ctg Pryr (C) *1:15 Winn Dixie 2:00 <u>Secretary of State John Merrill</u> (CR) 4:00 Social Hour *6:15 K. Broberg - Piano</p>	<p>14 VALENTINE'S DAY 10:00 <u>Dr. Jill Byrd</u> Audiologist (GR) 11:00 Worship - The Rev. Hanna (C) 1:30 "Love is in the Air" with <u>The McMillan's</u> (CR) 3:30 <u>Susan Lawrence</u> Guitar/Vocals (CR)</p>	<p>15 9:30 Exercise (CR) *10:15 ASO Coffee Concert 10:30 <u>Ricky/Mary Anne</u> *1:15 Target and The Pinnacle Shops 1:30 Hand & Foot *6:00 ASO MasterWorks 7:00 Movie Night (C)</p>	<p>16 10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show on TV Channel 4</p>

FEBRUARY 2019 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY														
<p>17 9:15 IPC Sunday School *10:15 IPC Worship 3:00 <u>Betty Bridges</u> Accordion Music And More (CR)</p>	<p style="text-align: center;">18 Presidents Day</p> <p>9:00 Exercise Class (CR) 1:30 Bridge Games (GR) 2:00 <u>Caitlin Towle's</u> Nutrition Talk (CR) 4:00 <u>Dolores Hydock</u> Literary Hour (CR) 7:00 Night (CR)</p>	<p>19 9:00 Massage Therapy with <u>Cheron</u> 10:00 Men's Coffee & Conversation (H) 11:00 GBHS Newspapers (CR) 2:00 Bible Study-The Rev. Hanna (C) 3:30 <u>Dr. Anthony Pattin</u> Piano Concert (CR)</p>	<p>20 9:00 Exercise (CR) 9:30 Mat Makers (CR) *9:30 Publix 10:30 Bingo (AR) 11:15 Kirkwood Centering Prayer (C) *1:15 Winn Dixie 2:30 Mahjong with <u>Carol & Lena</u> (GR) 4:00 Social Hour</p>	<p>21 10:15 Balance Class with <u>Amanda</u> (CR) 11:00 Worship with The Reverend Richard Hanna (C) 1:50 Hand in Paw 3:30 <u>Wolfgang Moritz</u> Accordion and Vocals (CR)</p>	<p>22 9:00 Exercise (CR) *10:00 Holocaust Exhibit at UAB Lunch at The Tutwiler Hotel *10:00 Walmart 10:30 <u>Ricky/Mary Anne</u> Banjo/Vocals(SN) *1:15 Brookwood Mall 1:30 MT Dominos 7:00 Movie Night (C)</p>	<p>23 10:30 Rosary with <u>Ann Cote'</u>(AR) 10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show on TV Channel 4</p>														
<p>24 *9:15 IPC Sunday School *10:15 IPC Worship 3:00 Sunday Matinee (C)</p>	<p>25 9:00 Exercise Class (CR) *10:15 IPC Men's Luncheon 1:30 Bridge Games (GR) 2:00 Art with <u>She She</u> 7:00 Monday Night Bingo (CR) </p>	<p>26 9:00 Massage Therapy with <u>Cheron</u> 10:00 Men's C&C (H) *10:15 MISS DOTS Lunch 11:00 Newspapers 2:00 Bible Study with The Rev. Richard Hanna (C) 3:30 <u>Niki Sepsas</u> NY City Harbor (C) 7:00 <u>Kirkwood Sing Along</u> (CR)</p>	<p>27 9:00 Exercise (CR) 9:30 Mat Makers (CR) *9:30 Publix 10:30 Bingo (AR) 11:15 Kirkwood Centering Prayer (C) *1:15 Winn Dixie 2:30 Mahjong <u>Carol & Lena</u> (GR) 4:00 Residents' Social Hour (CR)</p>	<p>28 11:00 Worship with The Rev. Richard Hanna (C) 1:30 Hand & Foot Card Game (CR) 4:00 Conversations with <u>Felix</u> (CR)</p>	<p>*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td>(AL-DR) Assisted Living Dining Room</td> <td>(KW) Kirkwares</td> </tr> <tr> <td>(AR) Activity Room</td> <td>(L) Library</td> </tr> <tr> <td>(C) Chapel</td> <td>(LR) Living Room</td> </tr> <tr> <td>(CR) Cahaba Room</td> <td>(MDR) Main Dining Room</td> </tr> <tr> <td>(GR) Game Room</td> <td>(P) Pool</td> </tr> <tr> <td>(H) Hideaway</td> <td>(RMP) Riverview Mtg Pl</td> </tr> <tr> <td></td> <td>(SN) Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living Dining Room	(KW) Kirkwares	(AR) Activity Room	(L) Library	(C) Chapel	(LR) Living Room	(CR) Cahaba Room	(MDR) Main Dining Room	(GR) Game Room	(P) Pool	(H) Hideaway	(RMP) Riverview Mtg Pl		(SN) Skilled Nursing
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<p>*FREE MENDING* DIANE AND REBECCA Cahaba Room February 11th</p> <p>KENDRA'S REPLACE WATCH BATTERIES **FREE**</p>	<p>**KIRKWARES** Open Thursdays 1:00PM – 2:30PM</p>	<p>**HOSPITALITY** **MEETING** MONDAY February 25th 2:00PM Library</p>	<p>**SAVE-A-TRIP** CLEANERS *Free Pick-up* *Free Delivery* Tuesdays & Fridays 11:00 A.M. 205-951-7771</p>	<p>**MASSAGE** **THERAPY** (By Appointment) Call Cheron Blythe 205-902-7966 February 12th February 19th February 26th</p>																

***DEPARTURE TIMES-PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**