



# FEBRUARY 2019 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<p><b>CLAUDIA REACH</b> Life Enrichment Director</p> <p><b>CATHY MCMILLAN</b> Life Enrichment Coordinator</p> <p><b>RE'SHEENA BELL</b> Life Enrichment Coordinator</p> <p>205-956-2184 X172</p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a> <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>		<p><b>1</b></p> <p>9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Ricky Mary Anne</u> Banjo/Vocals(SN) 1:30 Kooky Kick Ball (AR) 2:30 Sundae Social 3:30 <u>Kara Lancaster</u> Piano/Vocals(CR) 4:30 Evening News</p>	<p><b>2</b></p> <p>9:30 Ball Toss on the Hall 10:00 HH/Hydration Snack/Chat Social 11:30 <u>Connie</u> Violin/Vocals (AR) 1:30 Penny Ante Trivia 2:30 Film/Popcorn 6:00 Lawrence Welk Show</p>
<p><b>3</b></p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH/Hydration Snack/Chat Social 1:30 <b>BUNGO</b> Time <b>3:00 Valentine</b> <b>Bingo/Coke Floats</b> 5:30 Super Bowl</p>	<p><b>4</b></p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat Social 11:00 <u>Walker Wright</u> Rejoicing Rhythms 1:30 <u>Sharon-Harp</u> 2:30 Monday Money Madness (AR) 3:30 Word Game 4:30 Read and Relax</p>	<p><b>5</b></p> <p style="text-align: center;"><b><u>Beauty Shop Day</u></b></p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) <b>*10:30 Lunch at</b> <b>Red Lobster</b> 2:00 Exercise (AR) 2:30 Crafty Corner 4:00 Balloon Volleyball, 6:45 <u>Hungry Valley Boys</u></p>	<p><b>6</b></p> <p>9:30 <b>FITIFY</b> Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 Bingo (AR) <b>1:30 Bible Study/The</b> <b>Rev. Hanna</b> (AR) 3:00 Old Time TV 3:30 Brown Cows &amp; Big Band Music 4:00 Evening News</p>	<p><b>7</b></p> <p>9:30 Chair Yoga 10:00 HH/Hydration Snack/Chat Social <b>11:00 Worship and</b> <b>Communion</b> (C) 1:00 Dominos 2:00 <u>Mac and Moss</u> Vocals/Guitar(CR) 3:30 Grape Juice and Gabbing (AR)</p>	<p><b>8</b></p> <p>9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Ricky &amp; Mary</u> <u>Anne</u> Banjo/Vocals(SN) 1:30 Izzi/Puzzles 2:30 Bible Buddies 3:30 Ice Cream Sundae Social 4:00 Tea &amp; Tunes</p>	<p><b>9</b></p> <p>9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 10:30 Rosary 2:00 <u>Johny Wayne</u> <u>Abbott</u> Music (AR) 3:15 Film/Popcorn 6:00 Lawrence Welk Show</p>
<p><b>10</b></p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH/Hydration Snack/Chat Social 2:30 <b>BUNGO</b> Time 3:30 Chips &amp; Chat</p>	<p><b>11</b></p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Jessica Scott</u> Guitar/Vocals (AR) <b>2:30 February Bdays</b> <b>Celebration</b>(CR) 3:30 <b>TRIVIA</b> Time 4:00 Evening News</p>	<p><b>12</b></p> <p style="text-align: center;"><b><u>Beauty Shop Day</u></b></p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) 1:30 Exercise (AR) 2:00 Cooking Club w/ <u>Ra'Sheena</u> (AR) 3:30 Short Stories and Reminiscing (AR) 4:00 Sip and Chat (AR)</p>	<p><b>13</b></p> <p>9:30 <b>FITIFY</b> Fitness 10:00 HH/Hydration Snack/Chat Social (AR) 11:00 <u>Crestline</u> <u>Elementary 1<sup>st</sup></u> <u>Graders</u> (CR) <b>1:30 Bible Study w/</b> <b>The Rev. Hanna</b> (AR) 2:30 Bingo (AR) 4:00 Read &amp; Relax</p>	<p><b>14</b></p> <p>9:30 Exercise (AR) 10:00 Audiologist(GR) 10:00 HH/Hydration Snack/Chat Social <b>10:15  Biscuits</b> <b>11:00 Worship</b> (C) 1:30 Love is in the Air 3:30 <u>Susan Lawrence</u> Guitar/Vocals(CR) 4:30 Sharing Session</p>	<p><b>15</b></p> <p>9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Ricky &amp; Mary</u> <u>Anne</u> Banjo/Vocals(SN) 1:30 Hi-Lo Cards 2:30 Balloon Volleyball (AR) 3:30 Sundae Social 4:00 Evening News</p>	<p><b>16</b></p> <p>9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 11:00 Penny Ante Trivia (AR) 1:30 <u>Carolyn Price</u> Piano/Singing 2:30 Film/Popcorn 6:00 Lawrence Welk Show</p>

# FEBRUARY 2019 KIRKWOOD LANE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>17</b></p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH Hydration Snack/Chat Social 1:30 <b>BINGO</b> Time 3:00 Betty Bridges' Music (CR) 3:30 Chips/Chat</p>	<p style="text-align: center;"><b>18 Presidents Day</b></p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 Piano Serenade and Sing Along with Jayne (AR) 1:30 Brain Teasers with Tricia (AR) 4:00 Dolores Hydock Literary Hour (CR)</p>	<p><b>9</b></p> <p style="text-align: center;"><b>Beauty Shop Day</b></p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) 1:30 Exercise (AR) 2:00 The Price is Right Game (AR) 3:30 Dr. Anthony Pattin Piano Concert (CR)</p>	<p><b>20</b></p> <p>9:30 Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 Bingo (AR) <b>1:30 Bible Study-The Rev. Hanna</b> 3:00 Cup Stacking Challenge (AR) 4:00 Music/Memory St.</p>	<p><b>21</b></p> <p>9:30 Chair Yoga 10:00 HH/Hydration Snack/Chat Social <b>11:00 Worship (C)</b> <b>12:00 Cahaba Picnic</b> 1:00 Hand in Paw 2:00 Boccia Ball 3:30 Wolfgang-Vocals Accordion (CR)</p>	<p><b>22</b></p> <p>9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 Ricky &amp; Mary Anne Banjo/Vocals (SN) 1:30 Parachute Fitness 2:30 I Spy Game 3:30 Sundae Social 4:00 Evening News</p>	<p><b>23</b></p> <p>9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 10:30 Rosary (AR) 1:30 Rose Piano Sing Along 3:00 Film/Popcorn 6:00 Lawrence Welk Show</p>
<p><b>24</b></p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH Hydration Snack/Chat Social 2:00 Blake Franklin Guitar Music (AR) 3:30 Chips &amp; Chat</p>	<p><b>25</b></p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 Piano and Sing Along with Loyce &amp; Fred (AR) 2:00 Art with She She (CR) 3:30 Lemonade and Lollygagging (AR) 4:00 Evening News</p>	<p><b>26</b></p> <p style="text-align: center;"><b>Beauty Shop Day</b></p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 Exercise (AR) 2:00 Name Five Things (AR) 2:30 Old Time TV 3:30 Niki Sepsas The Harbor of New York City (C) 6:45 Kirkwood Sing Along (CR)</p>	<p><b>27</b></p> <p>9:00 Fitness 9:30 HH/Hydration Snack/Chat Social (AR) <b>*10:30 Lunch at Olive Garden No Bible Study Today!</b> 2:00 Bingo (AR) 3:30 Corn Hole Kerfuffle (AR) 4:00 Tic Tac Toe Tactics (AR) 4:30 Tea &amp; Talking</p>	<p><b>28</b></p> <p>9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social <b>11:00 Worship with The Rev. Hanna (C)</b> 1:30 Horse Racing Hoe Down (AR) 2:30 Balloon Volleyball (AR) 4:00 Snicky Snacks and Soda (AR)</p>	<p><b>*LEGEND*</b></p> <p>(AL-DR) Assisted Living (KW) Kirkwares Dining Room (L) Library (AR) Activity Room (LR) Living Room Kirkwood Lane (MDR) Main Dining Room (C) Chapel (CR) Cahaba Room (RMP) Riverview Mtg Place (GR) Game Room (SN) Skilled Nursing (H) Hideaway (P) Pool</p>	

**\*DEPARTURE TIMES-PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME. ALL ACTIVITIES ARE SUBJECT TO CHANGE.**