



MARCH 2019 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">*LEGEND*</p> <p>AR=Activity Room (Kirkwood Lane) P=Pool C=Chapel RMP=Riverview Meeting Place CR=Cahaba Room GR=Game Room LR=Living Room H=Hideaway ALDR=Assisted Living Dining Room KW=Kirkwares AL=Assisted Living S=Skilled Nursing Magnolia Room MDR=Main Dining Room L=Library MDR=Main Dining Room *DEPARTURE TIMES - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>		<p align="center">CLAUDIA REACH Life Enrichment Director</p> <p align="center">CATHY MCMILLAN Life Enrichment Coordinator</p> <p align="center">205-956-2184 X172</p> <p align="center">creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.com</p>		<p>1</p> <p>9:00 Exercise CR</p> <p>10:15 *Coffee Concert</p> <p>10:30 Ricky/Mary Anne Banjo/Guitar S</p> <p>1:15 *Walgreens/CVS</p> <p>2:00 Bham Great Minds Matt-John-Aunie-Jay-David</p> <p>3:30 Black Jack CR</p> <p>6:00 *MasterWorks</p>	<p>2</p> <p>10:30 Jigsaw Puzzle Mania GR</p> <p>12:15 Connie Skellie Violin Serenade MDR</p> <p>2:00 Girl Scouts Sing Along CR</p> <p>6:00 Lawrence Show-Ch 4</p>	
<p>3</p> <p>9:15 *IPC Sunday School</p> <p>10:15 *IPC Worship</p> <p>3:00 Matinee C</p>	<p>4</p> <p>9:00 Exercise CR</p> <p>9:30 Water Color with Anne CR</p> <p>11:00 Bocchia Ball w/ Foxy CR</p> <p>1:30 Bridge Games GR</p> <p>3:30 Residents' Association Mtg C</p> <p>7:00 Bingo Night CR</p>	<p>5 FAT TUESDAY MARDI GRAS</p> <p>10:00 Men's Coffee & Conversation H</p> <p>2:00 Bible Study with Rev. Hanna C</p> <p>3:30 Mardi Gras Party CR</p> <p>7:00 Hungry Valley Boys CR</p>	<p>6 Ash Wednesday</p> <p>9:00 Exercise CR</p> <p>9:30 Mat Makers GR</p> <p>9:30 *Publix</p> <p>10:00 Centering Prayer CR</p> <p>1:15 *Winn Dixie</p> <p>2:30 Wii Bowling CR</p> <p>4:00 Social Hour CR</p>	<p>7</p> <p>10:15 Balance Class with Amanda CR</p> <p>11:00 Worship and Communion Rev. Hanna C</p> <p>2:00 Harmony Hills Chorus CR</p> <p>3:00 Mexican Train Dominos CR</p>	<p>8</p> <p>9:00 Exercise CR</p> <p>10:00 *Sam's Club</p> <p>10:30 *Bham Museum Emboding Faith Lunch@Oscar's</p> <p>10:30 Ricky/Mary Anne Banjo/Guitar S</p> <p>1:15 *Dollar Tree & Stein Mart</p> <p>2:00 Book Club L</p> <p>3:30 Piano Concert Daniel Cason CR</p>	<p>9</p> <p>10:30 Rosary with Ann Cote' AR</p> <p>10:30 Jigsaw Puzzle Mania GR</p> <p>11:00 *Birmingham Iron vs Orlando Apollos Football</p> <p>6:00 Lawrence Show-Ch 4</p>
<p>10 DAYLIGHT SAVING TIME ENDS (SET YOUR CLOCKS ONE HOUR FORWARD)</p> <p>9:15 *IPC Sunday School</p> <p>10:15 *IPC Worship</p> <p>3:00 Matinee C</p>	<p>11</p> <p>9:00 Exercise CR</p> <p>10:00 Free Mending CR</p> <p>10:30 Kirkwood Ladies Circle L</p> <p>1:30 Bridge GR</p> <p>2:30 March Birthdays Celebration CR</p> <p>7:00 Bingo Night CR</p>	<p>12</p> <p>9:00 Massage Therapy with Cheron</p> <p>9:15 *Lunch at Gorham's Bluff</p> <p>10:00 Men's Coffe & Conversation H</p> <p align="center">No Bible Study Today!</p>	<p>13</p> <p>9:00 Exercise CR</p> <p>9:30 *Publix</p> <p>11:15 Centering Prayer C</p> <p>1:15 *Winn Dixie</p> <p>2:30 Mahjong with Carol & Lena GR</p> <p>4:00 Social Hour CR</p>	<p>14</p> <p>10:00 Dr. Jill Byrd Audiologist GR</p> <p>11:00 Worship Rev. Hanna C</p> <p>2:00 Niki Sepsas "Ireland" C</p> <p>3:30 Rummikub Tile Game CR</p>	<p>15</p> <p>9:30 Exercise CR</p> <p>10:00 *Walmart</p> <p>10:30 Ricky/Mary Anne Banjo/Guitar S</p> <p>1:15 *Target & The Pinnacle Shops</p> <p>1:00 Hand & Foot L</p> <p>3:30 The ARK Trio Irish Music CR</p>	<p>16</p> <p>10:30 Jigsaw Puzzle Mania GR</p> <p>3:00 Westwood Irish Step Dancers CR</p> <p>6:00 Lawrence Show-Ch 4</p>

MARCH 2019 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
17 ST. PATRICK'S DAY 9:15 *IPC Sunday School 10:15 *IPC Worship 1:15 * "Tosca" Samford Wright Center 3:00 Matinee C	18 9:00 Exercise CR 10:30 Guitar and Vocals: AL <u>Jessica Scott</u> 1:30 Bridge GR 3:00 Refreshments & Music By: CR <u>Jim MacRae & Todd Kelly</u> Bagpiper/Drummer 7:00 Bingo Night CR	19 8:30 *First Watch 9:00 Massage Therapy with <u>Cheron</u> 10:00 Men's Coffee & Conversation H 2:00 Bible Study Rev. Hanna C 3:30 Vikki Grodner "Baby" Book CR	20 9:00 Exercise CR 9:30 *Publix 11:00 Joyful Ringers CR 11:15 Centering Prayer C 1:15 *Winn Dixie 2:00 <u>Tsai Family</u> Recital CR 4:00 Social Hour CR	21 11:00 Worship Rev. Hanna C 1:50 Hand in Paw Birmingham <u>Harmony Belles</u> CR 2:00 Conversations with <u>Felix</u> CR 4:00	22 9:00 Balance Class with <u>Amanda</u> CR 10:30 <u>Ricky/Mary Anne</u> Banjo/Vocals S 1:15 *Shops at Grand River 1:30 MT Dominos CR 3:00 <u>Alexander's</u> Sax/Vocals CR 6:00 *ASO Masterworks	23 10:30 Rosary with <u>Ann Cote'</u> AR 10:30 Jigsaw Puzzle Mania GR 6:00 Lawrence Show-Ch 4
24 9:15 *IPC Sunday School 10:15 *IPC Worship 3:00 Matinee C	25 9:00 Exercise CR 10:15 *IPC Men's Luncheon 1:30 Bridge GR 2:00 Art with <u>She She</u> CR 7:00 Monday Night Bingo CR	26 9:00 Massage Therapy with <u>Cheron</u> 10:00 Men's C&C H 2:00 Bible Study Brother Bryan Program Rev. Hanna C 3:30 Poker Bingo-Dear Seniors CR 7:00 <u>Kirkwood Sing Along</u> CR	27 9:00 Exercise CR 9:30 Mat Makers CR 9:30 *Publix 11:15 Centering Prayer C 1:15 *Winn Dixie 2:30 Mahjong GR 4:00 Social Hour CR	28 11:00 Worship Rev. Hanna C 1:30 Hand & Foot Card Game CR 4:00 <u>Dolores Hydock</u> Literary Hour CR	29 9:00 Exercise CR 10:15 *Nicki's West 10:30 <u>Ricky/Mary Anne</u> Banjo/Vocals S 2:00 Quiddler & Scrabble Slam CR 3:30 <u>Marian&Friends</u> Vocals/Guitar CR	30 10:30 Rosary with <u>Ann Cote'</u> AR 10:30 Jigsaw Puzzle Mania GR 2:00 <u>Magic Town</u> <u>Clown Alley</u> Sing Along CR 6:00 Lawrence Show-Ch 4
31 9:15 *IPC Sunday School 10:15 *IPC Worship 3:00 Matinee C	FREE MENDING DIANE AND REBECCA Cahaba Room February 11th KENDRA'S REPLACE WATCH BATTERIES FREE	KIRKWARES Open Thursdays 1:00PM - 2:30PM HOSPITALITY MEETING MONDAY March 25th 2:00PM Library	SAVE-A-TRIP CLEANERS Free Pick-up Free Delivery Tuesdays & Fridays 11:00 A.M. 205-951-7771	MASSAGE THERAPY (By Appointment) Call Cheron Blythe 205-902-7966 March 12th March 19th March 26th	Movie Night Every Friday Chapel 7:00pm GREATER BIRMINGHAM HUMANE SOCIETY SAVE YOUR NEWSPAPERS	