



# MAY 2019 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center"><b>LEGEND</b></p> <p><b>MDR</b>=Main Dining Room      <b>P</b>=Pool  <b>C</b>=Chapel      <b>RMP</b>=Riverview Meeting Place  <b>CR</b>=Cahaba Room      <b>GR</b>=Game Room  <b>ALDR</b>=Assisted Living Dining Room      <b>KW</b>=Kirkwares  <b>AL</b>=Assisted Living      <b>MDR</b>=Main Dining Room  <b>KW</b>=Kirkwares      <b>L</b>=Library  <b>LR</b>=Living Room      <b>H</b>=Hideaway  <b>S</b>=Skilled Nursing Magnolia Room  <b>AR</b>=Activity Room (Kirkwood Lane)</p> <p><b>*DEPARTURE TIMES</b> - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>			<p><b>1</b> <b>MAY DAY</b></p> <p>9:00 Exercise <b>CR</b>            9:30 *Publix            9:30 Mat Makers <b>CR</b>            10:00 Centering Prayer <b>C</b>            1:15 *Winn Dixie            1:30 *River Joyride            2:30 Mahjong <b>GR</b>            4:00 Social Hour <b>CR</b></p>	<p><b>2</b></p> <p>9:00 *ASFA Dance            11:00 Worship with Rev. Hanna &amp; Shades Crest Baptist Mountainairs <b>C</b>            1:15 Mexican Train <b>CR</b>            3:30 <u>Larry Moore</u> Train Your Brain <b>CR</b></p>	<p><b>3</b></p> <p>9:00 Exercise <b>CR</b>            10:00 *Sam's Club            10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar <b>S</b>            11:00 Spring Shopping Spree <b>CR</b>            1:15 *Walgreens/CVS            3:30 <u>Kara Lancaster</u> Piano/Vocals <b>CR</b></p>	<p><b>4</b></p> <p>10:30 Jigsaw Puzzle Mania <b>GR</b>            12:00 Kentucky Derby Lunch            12:15 <u>Connie Skellie</u> Violin Serenade <b>MDR</b>            6:00 Lawrence Show-Ch 4</p>
<p><b>5</b> <b>CINCO DE MAYO</b></p> <p>9:15 *IPC Sunday School            10:15 *IPC Worship            3:00 Dental Jeopardy With: <u>UAB School of Dentistry</u> <b>CR</b></p>	<p><b>6</b></p> <p>9:00 Exercise <b>CR</b>            11:00 Bocchia Ball w/<u>Foxy</u> <b>CR</b>            1:30 Bridge Games <b>GR</b>            3:00 Residents' Association Mtg <b>C</b>            7:00 Bingo Night <b>CR</b></p>	<p><b>7</b></p> <p>10:00 Men's Coffee &amp; Conversation <b>H</b>            2:00 Bible Study with Rev. Hanna <b>C</b>            5:00 Kirkwood's Black and White Garden Party</p>	<p><b>8</b></p> <p>9:00 Exercise <b>CR</b>            9:30 *Publix            11:15 Centering Prayer <b>C</b>            1:15 *Winn Dixie            2:00 Wii Bowling <b>GR</b>            4:00 Social Hour <b>CR</b></p>	<p><b>9</b></p> <p>11:00 Worship and Communion Rev. Hanna <b>C</b>            2:00 <u>ShowStoppers</u> Tap Dancers <b>CR</b>            3:30 Hand &amp; Foot Card Game <b>CR</b></p>	<p><b>10</b></p> <p>9:00 Exercise <b>CR</b>            10:00 *Wal Mart            10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar <b>S</b>            1:15 *Dollar Tree &amp; Stein Mart            1:30 <u>Mother's Day Fun</u> <b>CR</b>            2:00 Book Club <b>L</b>            4:00 Balance Class <b>CR</b>            6:00 *ASO Master Works</p>	<p><b>11</b></p> <p>10:30 Rosary with Ann Cote' <b>AR</b>            10:30 Jigsaw Puzzle Mania <b>GR</b>            6:00 Lawrence Show-Ch 4</p>
<p><b>12</b> <b>MOTHER'S DAY</b></p> <p>9:15 *IPC Sunday School            10:15 *IPC Worship            3:00 Matinee <b>C</b></p>	<p><b>13</b></p> <p>9:00 Exercise <b>CR</b>            10:30 Kirkwood Ladies Circle <b>L</b>            1:30 Bridge <b>GR</b>            2:30 May Birthdays Celebration <b>CR</b></p>	<p><b>14</b></p> <p>9:00 MassageTherapy            10:00 *Cahaba Lilies Tour/Lunch Main St. Tavern            10:00 Men's Coffee &amp; Conversation <b>H</b>            1:00 Pool Therapy <b>P</b>            2:00 Bible Study with Rev. Hanna <b>C</b>            7:00 <u>Hungry Valley Boys</u> <b>CR</b></p>	<p><b>15</b></p> <p>9:00 Exercise <b>CR</b>            9:30 *Publix            11:15 Centering Prayer <b>C</b>            1:15 *Winn Dixie            2:30 Mahjong <b>GR</b>            4:00 Social Hour <b>CR</b></p>	<p><b>16</b></p> <p>10:00 Audiologist <b>GR</b>            11:00 Worship with Rev. Hanna <b>C</b>            1:00 Pool Therapy <b>P</b>            1:50 Hand &amp; Paw            2:00 <u>The Great Bham Minds</u> <b>CR</b>            4:00 Balance Class <b>CR</b></p>	<p><b>17</b></p> <p>9:00 Exercise <b>CR</b>            10:15 *Coffee Concert            10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar <b>S</b>            1:15 *Target&amp;Pinnicale            1:15 Mexican Train <b>CR</b>            3:30 <u>Marian &amp; Friends</u> Vocals/Guitar <b>CR</b>            6:00 *ASO Master Works</p>	<p><b>18</b></p> <p>10:30 Jigsaw Puzzle Mania <b>GR</b>            11:45 *Accordion Concert            6:00 Lawrence Show-Ch 4</p>

# MAY 2019 ASSISTED LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>19</b> <b>9:15</b> *IPC Sunday School <b>10:15</b> *IPC Worship <b>3:00</b> Music by: <u>Betty Bridges</u> <b>CR</b>	<b>20</b> <b>9:00</b> Exercise <b>CR</b> <b>10:15</b> *IPC Men's Luncheon <b>10:30</b> Music by: <u>Jessica Scott</u> <b>AL</b> <b>1:30</b> Bridge <b>GR</b> <b>4:00</b> Dolores Hydock <b>CR</b> <b>7:00</b> Night Bingo <b>CR</b>	<b>21</b> <b>9:00</b> MassageTherapy with <u>Cheron</u> <b>10:00</b> Men's Coffee & Conversation <b>H</b> <b>10:30</b> *Lunch at Chicken Salad Chick <b>1:00</b> Pool Therapy <b>P</b> <b>2:00</b> Bible Study with Rev. Hanna <b>C</b> <b>3:15</b> Hand & Foot <b>CR</b>	<b>22</b> <b>9:00</b> Exercise <b>CR</b> <b>9:30</b> *Publix <b>11:15</b> Centering Prayer <b>C</b> <b>1:15</b> *Winn Dixie <b>1:30</b> Tea and Trivia <b>AL</b> <b>2:00</b> Wii Bowling <b>CR</b> <b>4:00</b> Social Hour <b>CR</b>	<b>23</b> <b>11:00</b> Worship with Rev. Hanna <b>C</b> <b>1:00</b> Pool Therapy <b>P</b> <b>1:30</b> Art w/ <u>SheShe</u> <b>CR</b> <b>4:00</b> Conversations with <u>Felix</u> <b>CR</b>	<b>24</b> <b>9:00</b> Exercise <b>CR</b> <b>10:30</b> <u>Ricky/Mary Anne</u> Banjo/Guitar <b>S</b> <b>1:15</b> *The Summit <b>1:30</b> Rummuikub <b>CR</b> <b>3:00</b> <u>John O'Malley</u> War Dogs <b>C</b>	<b>25</b> <b>10:30</b> Rosary with Ann Cote' <b>AR</b> <b>10:30</b> Jigsaw Puzzle Mania <b>GR</b> <b>1:00</b> *Alabama Hot Air Balloon Classic in Decatur <b>6:00</b> Lawrence Show-Ch 4
<b>26</b> <b>9:15</b> *IPC Sunday School <b>10:15</b> *IPC Worship <b>3:00</b> Music by: <u>Three Teachers</u> <b>CR</b>	<b>27</b> <u>MEMORIAL DAY</u> <b>1:30</b> Bridge <b>GR</b> <b>3:00</b> Matinee <b>C</b> <b>7:00</b> Bingo Night <b>CR</b>	<b>28</b> <b>9:00</b> MassageTherapy with <u>Cheron</u> <b>10:00</b> *Botanical Gardens Tour & Lunch @ The Gardens Cafe <b>10:00</b> Men's Coffee & Conversation <b>H</b> <b>1:00</b> Pool Therapy <b>P</b> <b>2:00</b> Bible Study with Rev. Hanna <b>C</b> <b>7:00</b> Kirkwood Sing Along <b>CR</b>	<b>29</b> <b>9:00</b> Exercise <b>CR</b> <b>9:30</b> *Publix <b>9:30</b> Mat Makers <b>CR</b> <b>11:00</b> *Rickwood Classic <b>11:15</b> Centering Prayer <b>C</b> <b>1:15</b> *Winn Dixie <b>2:30</b> Mahjong <b>GR</b> <b>4:00</b> Social Hour <b>CR</b>	<b>30</b> <b>11:00</b> Worship with Rev. Hanna <b>C</b> <b>1:00</b> Pool Therapy <b>P</b> <b>2:00</b> <u>Mac &amp; Moss</u> Guitar & Vocals <b>CR</b> <b>3:15</b> Mexican Train <b>CR</b> <b>6:30</b> <u>Brass for Him</u> Patriotic Concert <b>CR</b>	<b>31</b> <b>9:00</b> Exercise <b>CR</b> <b>10:30</b> <u>Ricky/MaryAnne</u> Banjo/Guitar <b>S</b> <b>2:00</b> <u>The Alexander's</u> Sax/Vocals <b>CR</b>	
<b>FREE MENDING</b> DIANE AND REBECCA Cahaba Room May 13th  <b>KENDRA'S</b> REPLACE WATCH BATTERIES FREE	<b>KIRKWARES</b> Open Thursdays 1:00PM – 2:30PM <b>HOSPITALITY MEETING</b> MONDAY May 20 <sup>th</sup> 2:00PM Library	<b>SAVE-A-TRIP CLEANERS</b> Free Pick-up Free Delivery <u>Tuesdays &amp; Fridays</u> 11:00 A.M. 205-951-7771	<b>MASSAGE THERAPY</b> (By Appointment) Call Cheron Blythe 205-902-7966 May 14 <sup>th</sup> May 21 <sup>st</sup> May 28 <sup>th</sup>	<b>Movie Night</b> Every Friday Chapel 7:00pm  <b>GREATER BIRMINGHAM HUMANE SOCIETY</b> <b>SAVE YOUR NEWSPAPERS</b>	<b>CLAUDIA REACH</b> Life Enrichment Director <b>CATHY MCMILLAN</b> Life Enrichment Coordinator 205-956-2184 X172  <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a> <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a>	