



MAY 2019 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p align="center">LEGEND</p> <p>MDR=Main Dining Room P=Pool C=Chapel RMP=Riverview Meeting Place CR=Cahaba Room GR=Game Room ALDR=Assisted Living Dining Room KW=Kirkwares AL=Assisted Living MDR=Main Dining Room KW=Kirkwares L=Library LR=Living Room H=Hideaway S=Skilled Nursing Magnolia Room AR=Activity Room (Kirkwood Lane)</p> <p>*DEPARTURE TIMES - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>			<p>1 MAY DAY</p> <p>9:00 Exercise CR 9:30 *Publix 9:30 Mat Makers CR 10:00 Centering Prayer C 1:15 *Winn Dixie 1:30 *River Joyride 2:30 Mahjong GR 4:00 Social Hour CR</p>	<p>2</p> <p>9:00 *ASFA Dance 11:00 Worship with Rev. Hanna & Shades Crest Baptist Mountainairs C 1:15 Mexican Train CR 3:30 <u>Larry Moore</u> Train Your Brain CR</p>	<p>3</p> <p>9:00 Exercise CR 10:00 *Sam's Club 10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar S 11:00 Spring Shopping Spree CR 1:15 *Walgreens/CVS 3:30 <u>Kara Lancaster</u> Piano/Vocals CR</p>	<p>4</p> <p>10:30 Jigsaw Puzzle Mania GR 12:00 Kentucky Derby Lunch 12:15 <u>Connie Skellie</u> Violin Serenade MDR 6:00 Lawrence Show-Ch 4</p>
<p>5 CINCO DE MAYO</p> <p>9:15 *IPC Sunday School 10:15 *IPC Worship 3:00 Dental Jeopardy With: <u>UAB School of Dentistry</u> CR</p>	<p>6</p> <p>9:00 Exercise CR 11:00 Bocchia Ball w/<u>Foxy</u> CR 1:30 Bridge Games GR 3:00 Residents' Association Mtg C 7:00 Bingo Night CR</p>	<p>7</p> <p>10:00 Men's Coffee & Conversation H 2:00 Bible Study with Rev. Hanna C 5:00 Kirkwood's Black and White Garden Party</p>	<p>8</p> <p>9:00 Exercise CR 9:30 *Publix 9:30 Mat Makers CR 11:15 Centering Prayer C 1:15 *Winn Dixie 2:00 Wii Bowling GR 4:00 Social Hour CR</p>	<p>9</p> <p>11:00 Worship and Communion Rev. Hanna C 2:00 <u>ShowStoppers</u> Tap Dancers CR 3:30 Hand & Foot Card Game CR</p>	<p>10</p> <p>9:00 Exercise CR 10:00 *Wal Mart 10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar S 1:15 *Dollar Tree & Stein Mart 1:30 <u>Mother's Day Fun</u> CR 2:00 Book Club L 4:00 Balance Class CR 6:00 *ASO Master Works</p>	<p>11</p> <p>10:30 Rosary with Ann Cote' AR 10:30 Jigsaw Puzzle Mania GR 6:00 Lawrence Show-Ch 4</p>
<p>12 MOTHER'S DAY</p> <p>9:15 *IPC Sunday School 10:15 *IPC Worship 3:00 Matinee C</p>	<p>13</p> <p>9:00 Exercise CR 10:30 Kirkwood Ladies Circle L 1:30 Bridge GR 2:30 May Birthdays Celebration CR</p>	<p>14</p> <p>9:00 MassageTherapy 10:00 *Cahaba Lilies Tour/Lunch Main St. Tavern 10:00 Men's Coffee & Conversation H 1:00 Pool Therapy P 2:00 Bible Study with Rev. Hanna C 7:00 <u>Hungry Valley Boys</u> CR</p>	<p>15</p> <p>9:00 Exercise CR 9:30 *Publix 9:30 Mat Makers CR 11:15 Centering Prayer C 1:15 *Winn Dixie 2:30 Mahjong GR 4:00 Social Hour CR</p>	<p>16</p> <p>10:00 Audiologist GR 11:00 Worship with Rev. Hanna C 1:00 Pool Therapy P 1:50 Hand & Paw 2:00 <u>The Great Bham Minds</u> CR 4:00 Balance Class CR</p>	<p>17</p> <p>9:00 Exercise CR 10:15 *Coffee Concert 10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar S 1:15 *Target&Pinnicale 1:15 Mexican Train CR 3:30 <u>Marian & Friends</u> Vocals/Guitar CR 6:00 *ASO Master Works</p>	<p>18</p> <p>10:30 Jigsaw Puzzle Mania GR 11:45 *Accordion Concert 6:00 Lawrence Show-Ch 4</p>

MAY 2019 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
19 9:15 *IPC Sunday School 10:15 *IPC Worship 3:00 Music by: <u>Betty Bridges</u> CR	20 9:00 Exercise CR 10:15 *IPC Men's Luncheon 1:30 Bridge GR 4:00 Dolores Hydock CR 7:00 Bingo Night CR	21 9:00 MassageTherapy with <u>Cheron</u> 10:00 Men's Coffee & Conversation H 10:30 *Lunch at Chicken Salad Chick 1:00 Pool Therapy P 2:00 Bible Study with Rev. Hanna C 3:15 Hand & Foot CR	22 9:00 Exercise CR 9:30 *Publix 9:30 Mat Makers CR 11:15 Centering Prayer C 1:15 *Winn Dixie 2:30 Wii Bowling CR 4:00 Social Hour CR	23 11:00 Worship with Rev. Hanna C 1:00 Pool Therapy P 1:30 Art w/ <u>SheShe</u> CR 4:00 Conversations with <u>Felix</u> CR	24 9:00 Exercise CR 10:30 <u>Ricky/Mary Anne</u> Banjo/Guitar S 1:15 *The Summit 1:30 Rummuikub CR 3:00 <u>John O'Malley</u> War Dogs C	25 10:30 Rosary with Ann Cote' AR 10:30 Puzzle Mania GR 1:00 *Alabama Hot Air Balloon Classic in Decatur 6:00 Lawrence Show-Ch 4
26 9:15 *IPC Sunday School 10:15 *IPC Worship 3:00 Music by: <u>Three Teachers</u> CR	27 <u>MEMORIAL DAY</u> 1:30 Bridge GR 3:00 Matinee C 7:00 Bingo Night CR	28 9:00 MassageTherapy with <u>Cheron</u> 10:00 *Botanical Gardens Tour & Lunch @ The Gardens Cafe 10:00 Men's Coffee & Conversation H 1:00 Pool Therapy P 2:00 Bible Study with Rev. Hanna C 7:00 Kirkwood Sing Along CR	29 9:00 Exercise CR 9:30 *Publix 9:30 Mat Makers CR 11:00 *Rickwood Classic 11:15 Centering Prayer C 1:15 *Winn Dixie 2:30 Mahjong GR 4:00 Social Hour CR	30 11:00 Worship with Rev. Hanna C 1:00 Pool Therapy P 2:00 <u>Mac & Moss</u> Guitar & Vocals CR 3:15 Mexican Train CR 6:30 <u>Brass for Him</u> Patriotic Concert CR	31 9:00 Exercise CR 10:30 <u>Ricky/MaryAnne</u> Banjo/Guitar S 2:00 <u>The Alexander's</u> Sax/Vocals CR	
FREE MENDING DIANE AND REBECCA Cahaba Room May 13th KENDRA'S REPLACE WATCH BATTERIES FREE	KIRKWARES Open Thursdays 1:00PM – 2:30PM HOSPITALITY MEETING MONDAY May 20 th 2:00PM Library	SAVE-A-TRIP CLEANERS Free Pick-up Free Delivery <u>Tuesdays & Fridays</u> 11:00 A.M. 205-951-7771	MASSAGE THERAPY (By Appointment) Call Cheron Blythe 205-902-7966 May 14 th May 21 st May 28 th	Movie Night Every Friday Chapel 7:00pm GREATER BIRMINGHAM HUMANE SOCIETY SAVE YOUR NEWSPAPERS	CLAUDIA REACH Life Enrichment Director CATHY MCMILLAN Life Enrichment Coordinator 205-956-2184 X172 creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.com	