

# JULY 2019 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>9:00</b> Exercise (CR) <b>1:00</b> <u>Dr. Jill Byrd</u> Audiologist (L) <b>1:30</b> Bridge Games (GR) <b>3:00</b> Residents' Association Meeting (C) <b>7:00</b> Bingo Night (CR)	<b>2</b> <b>*8:15</b> Breakfast at First Watch <b>10:00</b> Men's C&C (H) <b>1:00</b> Pool Class (P) <b>1:00</b> <i>Summer Spiritual</i> <i>Film Festival</i> (C) <b>3:30</b> <u>The Leeds</u> <u>Connection</u> (CR) <b>7:00</b> <u>Hungry Valley Boys</u>	<b>3</b> <b>9:00</b> Exercise <b>*9:30</b> Publix <b>9:30</b> Mat Makers <b>10:00</b> Centering Prayer (CR) <b>*1:15</b> Winn Dixie <b>2:00</b> Wii Bowling Buddies (CR) <b>4:00</b> Residents' Social Hour (CR)	<b>4</b> <b>INDEPENDENCE DAY</b> <b>11:00</b> 4 <sup>th</sup> of July Hymn Songs and Worship- The Rev. Hanna (C) <b>3:00</b> Thursday Afternoon Matinee (C)	<b>5</b> <b>9:00</b> Exercise (CR) <b>*10:00</b> Sam's Club <b>10:30</b> <u>Ricky/Mary Anne</u> <b>1:00</b> Pool Class (P) <b>1:15</b> MT Dominos (L) <b>*1:15</b> Walgreens/CVS <b>3:30</b> <u>Tom Bailey</u> (CR) A Conversation with Harper Lee <b>7:00</b> Movie Night (C)	<b>6</b> <b>10:00</b> Jigsaw Puzzle Mania (GR) <b>6:00</b> Lawrence Welk TV Show-Ch 4
<b>7</b> <b>*9:15</b> IPC Sunday School <b>*10:15</b> IPC Worship <b>12:30</b> <u>Connie Skellie</u> Violin/Vocals (MDR) <b>3:00</b> Afternoon Matinee (C)	<b>8</b> <b>9:00</b> Exercise (CR) <b>10:00</b> Free Mending (CR) <b>11:00</b> Bocchia Ball with <u>Foxy</u> (CR) <b>1:30</b> Bridge (GR) <b>2:30</b> July B'days Celebration (CR) <b>4:00</b> Balance Class (CR) <b>7:00</b> Bingo Night (CR)	<b>9</b> --- Massage Therapy with Cheron <b>10:00</b> Men's C&C (H) <b>1:00</b> Pool Class (P) <b>2:00</b> <u>Annie Avery</u> (CR) Ms.AL Nursing Home <b>3:15</b> Rummikub Tile Game (CR)	<b>10</b> <b>9:00</b> Exercise <b>*9:30</b> Publix <b>9:30</b> Mat Makers (KW) <b>11:15</b> Centering Prayer (C) <b>*1:15</b> Winn Dixie <b>1:15</b> Hand & Foot Card Game (CR) <b>4:00</b> Social Hour (CR)	<b>11</b> <b>11:00</b> Worship and Communion with The Rev. Hanna (C) <b>1:00</b> Pool Class (P) <b>2:00</b> <u>Surprise Package</u> Female Vocals (CR) <b>3:45</b> Laughter Yoga w/ <u>Kim</u> (CR)	<b>12</b> <b>9:00</b> Exercise (CR) <b>*9:00</b> Bahama Bucks <b>10:30</b> <u>Ricky/Mary Anne</u> <b>*1:15</b> Dollar Tree & Stein Mart <b>2:00</b> Book Club (L) <b>3:30</b> <u>John O'Malley</u> Cuba (CR) <b>7:00</b> Movie Night (C)	<b>13</b> <b>10:30</b> Rosary with <u>Ann Cote'</u> (AR) <b>10:30</b> Jigsaw Puzzle Mania (GR) <b>6:00</b> Lawrence Welk TV Show
<b>14</b> <b>*9:15</b> IPC Sunday School <b>*10:15</b> IPC Worship <b>3:00</b> Sunday Afternoon Matinee (C)	<b>15</b> <b>9:00</b> Exercise (CR) <b>10:30</b> <u>Jessica Scott</u> Guitar/Vocals (AL) <b>1:30</b> Bridge (GR) <b>2:30</b> <u>Jim Phillips</u> Alabama's 200 <sup>th</sup> Birthday (CR) <b>3:45</b> Scrabble Slam & and Quiddler Word Games (CR) <b>7:00</b> Bingo Night (CR)	<b>16</b> <b>10:00</b> Men's C&C (H) <b>*10:30</b> Lunch at Season's 52 (Summit) <b>1:00</b> Pool Class (P) <b>1:00</b> <i>Summer Spiritual</i> <i>Film Festival</i> (C) "Beautifully Broken" <b>3:30</b> <u>Kevin Grigsby</u> Piano Concert (CR)	<b>17</b> <b>9:00</b> Exercise (CR) <b>*9:30</b> Publix <b>9:30</b> Mat Makers (KW) <b>11:15</b> Centering Prayer (C) <b>*1:15</b> Winn Dixie <b>2:00</b> Mahjong with <u>Carol &amp; Lena</u> (GR) <b>4:00</b> Residents' Social Hour (CR)	<b>18</b> <b>11:00</b> Worship with The Rev. Hanna (C) <b>1:00</b> Pool Class (P) <b>1:40</b> Hand in Paw Pet Therapy <b>2:00</b> <u>Niki Sepsas</u> (C) Invasion of Normandy <b>3:30</b> <u>Al Mahan</u> Guitar and Vocals (CR)	<b>19</b> <b>9:00</b> Exercise (CR) <b>*10:00</b> WalMart <b>10:30</b> <u>Ricky/Mary Anne</u> Banjo/Vocals (SN) <b>*1:15</b> Target and The Pinnacle Shops <b>1:15</b> MT Dominos (CR) <b>3:30</b> <u>Marian/Friends</u> Guitar and Vocals and Bass (CR) <b>7:00</b> Movie Night (C)	<b>20</b> <b>10:30</b> Jigsaw Puzzle Mania (GR) <b>6:00</b> Lawrence Welk TV Show-Ch 4

# JULY 2019 ASSISTED LIVING (Continued)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>21</b></p> <p><b>*9:15</b> IPC Sunday School  <b>*10:15</b> IPC Worship  <b>3:00</b> Sunday Matinee <b>(C)</b></p>	<p><b>22</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>9:30</b> Water Color <b>(CR)</b>  <b>*12:00</b> GBHS Delivering Newspapers  <b>1:30</b> Bridge <b>(GR)</b>  <b>2:00</b> Black Jack Card Game <b>(CR)</b>  <b>4:00</b> Dolores Hydock "Literary Hour" <b>(CR)</b>  <b>7:00</b> Bingo Night <b>(CR)</b></p>	<p><b>23</b></p> <p>--- Massage Therapy with Cheron  <b>10:00</b> Men's C&amp;C <b>(H)</b>  <b>1:00</b> Pool Class <b>(P)</b>  <b>1:00</b> Summer Spiritual Film Festival <b>(C)</b>  "Little Boy"  <b>3:15</b> Hand &amp; Foot Card Game <b>(CR)</b></p>	<p><b>24</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>*9:30</b> Publix  <b>9:30</b> Mat Makers <b>(GR)</b>  <b>11:15</b> Centering Prayer <b>(C)</b>  <b>*1:15</b> Winn Dixie  <b>2:00</b> Mahjong with Carol &amp; Lena <b>(GR)</b>  <b>4:00</b> Residents' Social Hour <b>(CR)</b></p>	<p><b>25</b></p> <p><b>11:00</b> Worship with The Rev. Hanna <b>(C)</b>  <b>1:00</b> Pool Class <b>(P)</b>  <b>2:00</b> Matt/Jay John/David  The Great Bham Minds <b>(CR)</b>  <b>4:00</b> Conversations with Felix <b>(CR)</b></p>	<p><b>26</b></p> <p><b>9:00</b> Exercise  <b>*10:00</b> Corbin Farms Lunch/Wine Tasting  <b>10:30</b> Ricky/Mary Anne Banjo/Vocal <b>(SN)</b>  <b>*1:15</b> Grand River  <b>3:30</b> Anything Goes Trumpet + Banjo + Tuba <b>(CR)</b>  <b>7:00</b> Movie Night <b>(C)</b></p>	<p><b>27</b></p> <p><b>10:30</b> Rosary with Ann Cote' <b>(AR)</b>  <b>10:30</b> Jigsaw Puzzle Mania <b>(GR)</b>  <b>6:00</b> Lawrence Welk TV Show Channel 4</p>
<p><b>28</b></p> <p><b>*9:15</b> IPC Sunday School  <b>*10:15</b> IPC Worship  <b>1:00</b> PAUL GRODNER <b>(CR)</b>  A Celebration in Memory  Kara Lancaster  Piano/Vocals  <b>3:00</b> Matinee</p>	<p><b>29</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>1:30</b> Bridge Games <b>(GR)</b>  <b>2:00</b> Art with She She <b>(CR)</b>  <b>4:00</b> Balance Class with Amanda <b>(CR)</b>  <b>7:00</b> Monday Night <b>(CR)</b></p>	<p><b>30</b></p> <p>--- Massage Therapy  <b>*10:30</b> Lunch at Mile End Deli  <b>10:00</b> Men's C&amp;C <b>(H)</b>  <b>1:00</b> Pool Class <b>(P)</b>  <b>1:00</b> Summer Spiritual Film Festival <b>(C)</b>  "Let There Be Light"  <b>3:15</b> Mexican Train Domino <b>(CR)</b></p>	<p><b>31</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>*9:30</b> Publix  <b>9:30</b> Mat Makers  <b>11:15</b> Centering Prayer <b>(C)</b>  <b>*1:15</b> Winn Dixie  <b>2:00</b> Wii Bowling Buddies <b>(CR)</b>  <b>4:00</b> Residents' Social Hour <b>(CR)</b></p>	<p><b>LEGEND</b></p> <p><b>MDR</b>=Main Dining Room  <b>C</b>=Chapel  <b>CR</b>=Cahaba Room  <b>ALDR</b>=Assisted Living Dining Room  <b>AL</b>=Assisted Living  <b>KW</b>=Kirkwares  <b>LR</b>=Living Room  <b>S</b>=Skilled Nursing Magnolia Room  <b>AR</b>=Activity Room (Kirkwood Lane)</p> <p><b>*DEPARTURE TIMES</b> - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>		<p><b>P</b>=Pool  <b>RMP</b>=Riverview Meeting Place  <b>GR</b>=Game Room  <b>KW</b>=Kirkwares  <b>MDR</b>=Main Dining Room  <b>L</b>=Library  <b>H</b>=Hideaway</p>
<p><b>FREE MENDING</b>  <b>DIANE AND REBECCA</b>  July 8th  Cahaba Room</p> <p><b>KENDRA'S</b>  <b>REPLACE WATCH BATTERIES</b>  <b>FREE</b></p>	<p><b>KIRKWARES</b>  <b>Thursdays</b>  <b>1:00PM-2:30PM</b></p> <p><b>HOSPITALITY MEETING</b>  <b>MEETING TIME TO BE DETERMINED</b></p>	<p><b>SAVE-A-TRIP CLEANERS</b>  <b>-Free Pick-up-</b>  <b>-Free Delivery-</b>  <b>Tuesdays &amp; Fridays</b>  <b>11:00 A.M.</b>  <b>205-951-7771</b></p>	<p><b>MASSAGE THERAPY</b>  <b>(By Appointment)</b>  Cheron Blythe  July 9th  July 23rd  July 30th  <b>205-902-7966</b></p>	<p><b>Movie Night</b>  <b>Every Friday in the Chapel @ 7pm</b></p> <p><b>Greater Birmingham Humane Society Save Your Newspapers</b></p>	<p><b>CLAUDIA REACH</b>  Life Enrichment Director</p> <p><b>CATHY MCMILLAN</b>  Life Enrichment Coordinator</p> <p><b>205-956-2184</b>  <b>X172</b></p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>	