

# JULY 2019 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Walker Wright Rejoicing Rhythms <b>1:00</b> <b>Dr. Jill Byrd</b> Audiologist (L) <b>1:30</b> Sharon Powers Harp Concert (AR) <b>3:00</b> Short Stories <b>3:45</b> Snack/Soda (AR)	<b>2</b> <b>9:30</b> Walking Club <b>10:00</b> HH/Hydration/ Snack/Chat (AR) <b>11:00</b> Wolfgang & Nora - Accordion/Vocals <b>1:30</b> Exercise (AR) <b>2:00</b> Word Game <b>3:30</b> <u>The Leeds</u> Connection (CR) <b>6:45</b> <u>Hungry Valley Boys</u>	<b>3</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Bingo (AR) * <b>1:30</b> Cold Stone Creamery <b>3:00</b> Scarf Juggling <b>3:30</b> Music/Memories/ Munchies	<b>4</b> <b>INDEPENDENCE DAY</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> 4 <sup>th</sup> of July Hymn Songs and Worship- The Rev. Hanna (C) <b>2:00</b> Domino Fun <b>3:00</b> Balloon Volleyball	<b>5</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> <u>Ricky/Mary Anne</u> <b>1:30</b> Ball Battle <b>1:15</b> MT Dominos (L) <b>3:00</b> Sundae Social <b>3:30</b> Summertime Sharing (AR) <b>4:30</b> R&R	<b>6</b> <b>9:30</b> Ball Toss <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Old Time TV <b>1:30</b> Penny Ante Trivia (AR) <b>3:00</b> Film/Popcorn <b>6:00</b> Lawrence Welk TV Show-Ch 4
<b>7</b> <b>9:00</b> Devotion <b>10:00</b> Dawson Worship on TV <b>10:30</b> HH/Hydration Snack/Chat <b>1:30</b> <u>Connie Skellie</u> Violin/Vocals (AR) <b>3:30</b> Chips/Chat	<b>8</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Jessica Scott Guitar/Vocals (AR) <b>1:30</b> Cactus Ring Toss <b>2:30</b> July B'days Celebration (CR)	<b>9</b> <b>9:30</b> Walking Club <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Color Cacophony <b>1:00</b> Exercise <b>2:00</b> <b>Annie Avery</b> (CR) Ms.AL Nursing Home <b>3:30</b> Gab/Grape Juice	<b>10</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Bingo (AR) <b>1:30</b> Bible Study <b>3:00</b> Corn Hole Kerfuffle <b>3:45</b> Coups for Troops <b>4:00</b> R&R	<b>11</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Worship and Communion with Rev. Hanna (C) <b>12:00</b> Cahaba <b>2:00</b> <u>Surprise Package</u> Female Vocals (CR) <b>3:00</b> Hi/Lo Cards <b>4:00</b> Story - Mary	<b>12</b> <b>9:30</b> Chair Yoga <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> <u>Ricky/Mary Anne</u> <b>1:30</b> Gardening Club <b>2:00</b> Book Club (L) <b>2:45</b> Sundae Social <b>3:30</b> John O'Malley Cuba	<b>13</b> <b>9:30</b> Ball Toss <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Rosary with <u>Ann Cote'</u> (AR) <b>1:30</b> Rose Moreland - Piano/Singing <b>6:00</b> Lawrence Welk TV Show
<b>14</b> <b>9:00</b> Devotion <b>10:00</b> Dawson Worship on TV <b>10:30</b> HH/Hydration Snack/Chat <b>2:00</b> Bingo (AR) <b>3:30</b> Chips/Chat	<b>15</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Left-Right- Center (AR) <b>1:30</b> Kickball <b>2:30</b> Monday Money Madness (AR) <b>3:45</b> Snacks & Soda	<b>16</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Cuttin' A Rug <b>1:30</b> Exercise <b>2:30</b> Laughing and Lemonade <b>3:30</b> <b>Kevin Grigsby</b> Piano Concert (CR)	<b>17</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>1:30</b> Bible Study <b>3:00</b> Parachute Fitness <b>3:30</b> Popsicle Pow Wow (AR)	<b>18</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack + Biscuits <b>11:00</b> Worship with Rev. Hanna (C) <b>1:00</b> Hand in Paw <b>1:40</b> Hand in Paw Pet Therapy <b>2:00</b> <u>Niki Sepsas</u> (C) Invasion of Normandy <b>3:30</b> <u>Al Mahan</u> Guitar/Vocals (CR)	<b>19</b> <b>9:30</b> Exercist <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> <u>Ricky/Mary Anne</u> Banjo/Vocals (SN) <b>1:30</b> Cooking Club w/ Ra'Sheena <b>2:45</b> Sundae Social <b>3:30</b> <u>Marian/Friends</u> Guitar and Vocals and Bass (CR)	<b>20</b> <b>9:30</b> Ball Toss <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Carolyn Prince Piano/Sing Along <b>3:00</b> Film/Popcorn <b>6:00</b> <b>Lawrence Welk</b> TV Show-Ch 4

# JULY 2019 KIRKWOOD LANE (Continued)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>21</b></p> <p><b>9:00</b> Devotion  <b>10:00</b> Dawson  Worship on TV  <b>10:30</b> HH/Hydration  Snack/Chat  <b>2:00</b> Bingo <b>(AR)</b>  <b>3:30</b> Chips/Chat</p>	<p><b>22</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Loyce &amp; Fred Piano/  Sing along  <b>1:30</b> Cup Stacking  <b>2:30</b> Shade/Color  <b>3:30</b> R&amp;R  <b>4:00</b> <u>Dolores Hydock</u>  "Literary Hour" <b>(CR)</b></p>	<p><b>23</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>*10:30</b> Cracker Barrel  <b>1:00</b> Sit/Sing/Sway  <b>1:30</b> <b>Exercise</b>  <b>2:00</b> The price is right  game  <b>3:30</b> Brown Cows</p>	<p><b>24</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Bingo  <b>1:30</b> Bible study with  Rev. Hanna <b>(AR)</b>  <b>3:00</b> Tic Tac Toe  <b>3:30</b> Jokes &amp; Jucie  <b>4:00</b> Chewing &amp;  Chilling Out</p>	<p><b>25</b></p> <p><b>9:30</b> Exercise  <b>10:00</b> HH/Hydration  Snack/Chat  <b>11:00</b> Worship with  Rev. Hanna <b>(C)</b>  <b>1:30</b> Jazzy &amp; Joy  <b>2:30</b> Name 5 things  <b>(AR)</b>  <b>4:00</b> Juice &amp; Jingo</p>	<p><b>26</b></p> <p><b>9:30</b> Chair Yoga  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> <u>The Stones</u>  Banjo/Vocal <b>(SN)</b>  <b>1:30</b> Crafty Corner w/  Ra'Sheena  <b>3:30</b> <u>Anything Goes</u>  Trumpet + Banjo  + Tuba <b>(CR)</b></p>	<p><b>27</b></p> <p><b>9:30</b> Ball Toss  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Rosary with  <u>Ann Cote'</u> <b>(AR)</b>  <b>1:30</b> Linda Tracks/Vocals  <b>2:30</b> Film/Popcorn  <b>6:00</b> <b>Lawrence Welk</b>  TV Show  Channel 4</p>
<p><b>28</b></p> <p><b>9:00</b> Devotion  <b>10:00</b> Dawson  Worship on TV  <b>10:30</b> HH/Hydration  Snack/Chat  <b>2:00</b> Blake Franklin  - Guitar and  Vocals <b>(AR)</b>  <b>3:30</b> Chips/Chat</p>	<p><b>29</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Singalong w/ Jayne  <b>(AR)</b>  <b>2:00</b> Art with <u>She She</u>  <b>(AR)</b>  <b>3:30</b> Frog Flippin Fun  <b>(AR)</b>  <b>4:00</b> R&amp;R</p>	<p><b>30</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Parachute Fitness  <b>1:30</b> Brain Teasers w/  Tricia  <b>3:00</b> Exercise  <b>3:30</b> Old Time TV  <b>4:00</b> Tea and Talking</p>	<p><b>31</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Bingo <b>(AR)</b>  <b>1:30</b> Bible Study  <b>3:00</b> Eye Spy <b>(AR)</b>  <b>4:00</b> Laughing &amp;  Lemonade</p>	<p><b>LEGEND</b></p> <p><b>MDR</b>=Main Dining Room  <b>C</b>=Chapel  <b>CR</b>=Cahaba Room  <b>ALDR</b>=Assisted Living Dining Room  <b>AL</b>=Assisted Living  <b>KW</b>=Kirkwares  <b>LR</b>=Living Room  <b>S</b>=Skilled Nursing Magnolia Room  <b>AR</b>=Activity Room (Kirkwood Lane)</p> <p><b>P</b>=Pool  <b>RMP</b>=Riverview Meeting Place  <b>GR</b>=Game Room  <b>KW</b>=Kirkwares  <b>MDR</b>=Main Dining Room  <b>L</b>=Library  <b>H</b>=Hideaway</p> <p><b>*DEPARTURE TIMES</b> - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>		
					<p><b>CLAUDIA REACH</b>  Life Enrichment Director</p> <p><b>CATHY MCMILLAN</b>  Life Enrichment Coordinator</p> <p><b>205-956-2184</b>  <b>X172</b></p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>	