

# August 2019 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p><b><u>LEGEND</u></b></p> <p><b>MDR</b>=Main Dining Room  <b>C</b>=Chapel  <b>CR</b>=Cahaba Room  <b>ALDR</b>=Assisted Living Dining Room  <b>AL</b>=Assisted Living  <b>KW</b>=Kirkwares  <b>LR</b>=Living Room  <b>S</b>=Skilled Nursing Magnolia Room  <b>AR</b>=Activity Room (Kirkwood Lane)</p> <p><b>P</b>=Pool  <b>RMP</b>=Riverview Meeting Place  <b>GR</b>=Game Room  <b>KW</b>=Kirkwares  <b>MDR</b>=Main Dining Room  <b>L</b>=Library  <b>H</b>=Hideaway</p> <p><b>*DEPARTURE TIMES</b> - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>			<p><b>1</b></p> <p><b>11:00</b> Worship and Communion with The Rev. Hanna <b>(C)</b></p> <p><b>1:00</b> Pool Class <b>(P)</b></p> <p><b>2:00</b> Tom Bailey a conversation with Jessie Owens <b>(CR)</b></p> <p><b>3:45</b> Laughter Yoga w/ Kim <b>(CR)</b></p>	<p><b>2</b></p> <p><b>*8:30</b> Jessie Owens Museum + lunch at Western Sirloin Steakhouse</p> <p><b>*10:00</b> Sam's Club</p> <p><b>10:30</b> Ricky/Mary Anne</p> <p><b>1:00</b> Pool Class <b>(P)</b></p> <p><b>1:15</b> MT Dominos <b>(L)</b></p> <p><b>*1:15</b> Walgreens/CVS</p> <p><b>3:30</b> Tom Bailey <b>(CR)</b> A Conversation with Harper Lee</p> <p><b>7:00</b> Movie Night <b>(C)</b></p>	<p><b>3</b></p> <p><b>10:00</b> Jigsaw Puzzle Mania <b>(GR)</b></p> <p><b>12:15</b> Connie Skellie Violin + Vocals <b>(MDR)</b></p> <p><b>2:00</b> Magic Town Clown Alley</p> <p><b>6:00</b> Lawrence Welk TV Show-Ch 4</p>
<p><b>4</b></p> <p><b>*9:15</b> IPC Sunday School</p> <p><b>*10:15</b> IPC Worship</p> <p><b>3:00</b> Afternoon Matinee <b>(C)</b></p>	<p><b>5</b></p> <p><b>9:00</b> Exercise <b>(CR)</b></p> <p><b>11:00</b> Bocchia Ball with Foxy <b>(CR)</b></p> <p><b>1:30</b> Bridge <b>(GR)</b></p> <p><b>3:00</b> Residents Association Mtg <b>(C)</b></p> <p><b>4:00</b> Balance Class <b>(CR)</b></p> <p><b>7:00</b> Bingo Night <b>(CR)</b></p>	<p><b>6</b></p> <p><b>10:00</b> Men's C&amp;C <b>(H)</b></p> <p><b>1:00</b> Pool Class <b>(P)</b></p> <p><b>2:00</b> Bible Study <b>(C)</b></p> <p><b>3:30</b> "Skip" Watkins Baseball/ "Casey At the Bat" - Will Hunt <b>(CR)</b></p> <p><b>7:00</b> Hungry Valley Boys <b>(CR)</b></p>	<p><b>7</b></p> <p><b>9:00</b> Exercise</p> <p><b>*9:30</b> Publix</p> <p><b>9:30</b> Mat Makers <b>(KW)</b></p> <p><b>11:15</b> Centering Prayer <b>(C)</b></p> <p><b>*1:15</b> Winn Dixie</p> <p><b>*1:30</b> RV Joyride</p> <p><b>2:00</b> Wii Bowling <b>(CR)</b></p> <p><b>4:00</b> Social Hour <b>(CR)</b></p>	<p><b>8</b></p> <p><b>8:00 *</b> Breakfast at First Watch</p> <p><b>11:00</b> Worship with The Rev. Hanna <b>(C)</b></p> <p><b>1:00</b> Pool Class <b>(P)</b></p> <p><b>1:15</b> Hand and Foot <b>(CR)</b></p> <p><b>3:30</b> Susan Lawrence Guitar and Vocals <b>(CR)</b></p>	<p><b>9</b></p> <p><b>9:00</b> Exercise <b>(CR)</b></p> <p><b>*9:00</b> Bahama Bucks</p> <p><b>10:30</b> The Stones <b>(SN)</b></p> <p><b>*1:15</b> Dollar Tree &amp; Stein Mart</p> <p><b>2:00</b> Book Club <b>(L)</b></p> <p><b>3:00</b> Dr. Mark Lester Winston Churchill <b>(CR)</b></p> <p><b>7:00</b> Movie Night <b>(C)</b></p>	<p><b>10</b></p> <p><b>10:30</b> Rosary with Ann Cote' <b>(GR)</b></p> <p><b>10:30</b> Jigsaw Puzzle Mania <b>(GR)</b></p> <p><b>6:00</b> Lawrence Welk TV Show</p>
<p><b>11</b></p> <p><b>*9:15</b> IPC Sunday School</p> <p><b>*10:15</b> IPC Worship</p> <p><b>3:00</b> Sunday Afternoon Matinee <b>(C)</b></p>	<p><b>12</b></p> <p><b>9:00</b> Exercise <b>(CR)</b></p> <p><b>10:00</b> Free Mending Diane/ Rebecca <b>(CR)</b></p> <p><b>1:30</b> Bridge <b>(GR)</b></p> <p><b>2:30</b> August Birthday Celebration <b>(CR)</b></p> <p><b>7:00</b> Bingo Night <b>(CR)</b></p>	<p><b>13</b></p> <p>--- Massage Therapy with Cheron</p> <p><b>10:00</b> Men's C&amp;C <b>(H)</b></p> <p><b>*10:30</b> Lunch at Village Tavern (Summit)</p> <p><b>1:00</b> Pool Class <b>(P)</b></p> <p><b>2:00</b> The Holy Land Pam Shurett <b>(C)</b></p> <p><b>3:30</b> Elvis Live, Jr. Alex Swindle <b>(CR)</b></p>	<p><b>14</b></p> <p><b>9:00</b> Exercise <b>(CR)</b></p> <p><b>*9:30</b> Publix</p> <p><b>9:30</b> Mat Makers <b>(GR)</b></p> <p><b>11:15</b> Centering Prayer <b>(C)</b></p> <p><b>*1:15</b> Winn Dixie</p> <p><b>2:30</b> Mahjong with Carol &amp; Lena <b>(GR)</b></p> <p><b>4:00</b> Residents' Social Hour <b>(CR)</b></p>	<p><b>15</b></p> <p><b>11:00</b> Worship with Brian Lays from IPC <b>(C)</b></p> <p><b>1:00</b> Pool Class <b>(P)</b></p> <p><b>1:40</b> Hand in Paw Pet Therapy</p> <p><b>3:30</b> Wolfgang &amp; Nora Accordion and Vocals <b>(CR)</b></p>	<p><b>16</b></p> <p><b>9:00</b> Exercise <b>(CR)</b></p> <p><b>*10:00</b> WalMart</p> <p><b>10:30</b> Ricky/Mary Anne Banjo/Vocals <b>(SN)</b></p> <p><b>*1:15</b> Target and The Pinnacle Shops</p> <p><b>1:15</b> MT Dominos <b>(CR)</b></p> <p><b>2:00</b> Mexican Train Dominos <b>(CR)</b></p> <p><b>7:00</b> Movie Night <b>(C)</b></p>	<p><b>17</b></p> <p><b>10:30</b> Jigsaw Puzzle Mania <b>(GR)</b></p> <p><b>6:00</b> Lawrence Welk TV Show-Ch 4</p>

# August 2019 ASSISTED LIVING (Continued)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>18</b></p> <p><b>*9:15</b> IPC Sunday School  <b>*10:15</b> IPC Worship  <b>3:00</b> Sunday Matinee <b>(C)</b></p>	<p><b>19</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>10:30</b> Jessica Scott Guitar &amp; Vocals <b>(AL-Hall)</b>  <b>1:30</b> Bridge Games <b>(GR)</b>  <b>3:00</b> <u>Trinity Singers</u> Choral Concert <b>(CR)</b>  <b>7:00</b> Monday Night <b>(CR)</b></p>	<p><b>20</b></p> <p>--- Massage Therapy with Cheron  <b>10:00</b> Men's C&amp;C <b>(H)</b>  <b>*10:30</b> Lunch at Macaroni Grill  <b>1:00</b> Pool Class <b>(P)</b>  <b>2:00</b> Bible Study with Rev Hanna <b>(C)</b>  <b>3:30</b> Jon Michael Ogletree Piano Concert <b>(CR)</b></p>	<p><b>21</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>*9:30</b> Publix  <b>9:30</b> Mat Makers <b>(GR)</b>  <b>11:15</b> Centering Prayer <b>(C)</b>  <b>*1:15</b> Winn Dixie  <b>1:30</b> Tea/Trivia - AL DR  <b>2:30</b> <b>Mahjong with Carol &amp; Lena</b> <b>(GR)</b>  <b>4:00</b> Residents' Social Hour <b>(CR)</b></p>	<p><b>22</b></p> <p><b>10:15</b> Balance Class with Amanda <b>(CR)</b>  <b>11:00</b> Worship with The Rev. Hanna <b>(C)</b>  <b>1:00</b> Pool Class <b>(P)</b>  <b>1:30</b> <u>Art with She She</u> <b>(CR)</b>  <b>2:30</b> Hand &amp; Foot <b>(CR)</b>  <b>4:00</b> Conversations with Felix <b>(C)</b></p>	<p><b>23</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>9:30</b> <u>Ricky/Mary Anne</u> Banjo/Vocal <b>(SN)</b>  <b>*1:15</b> Grand River  <b>3:00</b> <u>The Alexander's</u> Watermelon Beach Luau Sax/Vocals/Dancers <b>(CR)</b>  <b>7:00</b> Movie Night <b>(C)</b></p>	<p><b>24</b></p> <p><b>10:30</b> Rosary with <u>Ann Cote'</u> <b>(AR)</b>  <b>10:30</b> Jigsaw Puzzle Mania <b>(GR)</b>  <b>6:00</b> Lawrence Welk TV Show Channel 4</p>
<p><b>25</b></p> <p><b>*9:15</b> IPC Sunday School  <b>*10:15</b> IPC Worship  <b>3:00</b> Matinee</p>	<p><b>26</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>9:30</b> Water Color <b>(CR)</b>  <b>1:30</b> Bridge <b>(GR)</b>  <b>2:00</b> Rummikub Tile Game <b>(CR)</b>  <b>4:00</b> <u>Dolores Hydock</u> "Literary Hour" <b>(C)</b>  <b>7:00</b> Bingo Night <b>(CR)</b></p>	<p><b>27</b></p> <p>--- Massage Therapy  <b>10:00</b> Men's C&amp;C <b>(H)</b>  <b>1:00</b> Pool Class <b>(P)</b>  <b>2:00</b> Bible Study with The Rev. Hanna <b>(C)</b>  <b>3:30</b> Summer Smores Soiree <b>(CR)</b></p>	<p><b>28</b></p> <p><b>9:00</b> Exercise <b>(CR)</b>  <b>*9:30</b> Publix  <b>9:30</b> Mat Makers  <b>11:15</b> Centering Prayer <b>(C)</b>  <b>11:30</b> Be Our Guest Luncheon <b>(MDR)</b>  <b>*1:15</b> Winn Dixie  <b>2:30</b> Nikki Sepsas <b>(CR)</b>  <b>4:00</b> Social Hour <b>(CR)</b></p>	<p><b>29</b></p> <p><b>10:00</b> Dr. Jill Boyd Audiologist <b>(GR)</b>  <b>11:00</b> Worship with The Rev. Hanna <b>(C)</b>  <b>1:00</b> Pool Class <b>(P)</b>  <b>2:00</b> <u>Mac &amp; Moss</u> Combo Guitar and Vocals <b>(CR)</b>  <b>3:00</b> Mexical Train Dominos <b>(CR)</b></p>	<p><b>30</b></p> <p><b>9:00</b> Exercise  <b>*10:15</b> Lunch at the Iguana Grill  <b>10:30</b> <u>Ricky/Mary Anne</u> Banjo/Vocal <b>(SN)</b>  <b>2:00</b> Black Jack <b>(CR)</b>  <b>3:30</b> <u>Old Fashioned</u> Rhythm Method <b>(CR)</b>  <b>7:00</b> Movie Night <b>(C)</b></p>	<p><b>31</b></p> <p><b>10:30</b> Rosary with <u>Ann Cote'</u> <b>(AR)</b>  <b>10:30</b> Jigsaw Puzzle Mania <b>(GR)</b>  <b>6:00</b> Lawrence Welk TV Show Channel 4</p>
<p><b>FREE MENDING</b>  <b>DIANE AND REBECCA</b>  <b>July 8th</b>  <b>Cahaba Room</b></p> <p><b>KENDRA'S</b>  <b>REPLACE WATCH BATTERIES</b>  <b>FREE</b></p>	<p><b>KIRKWARES</b>  <b>Thursdays</b>  <b>1:00PM-2:30PM</b></p> <p><b>HOSPITALITY MEETING</b>  <b>MEETING TIME TO BE DETERMINED</b></p>	<p><b>SAVE-A-TRIP CLEANERS</b>  <b>-Free Pick-up-</b>  <b>-Free Delivery-</b>  <b>Tuesdays &amp; Fridays</b>  <b>11:00 A.M.</b>  <b>205-951-7771</b></p>	<p><b>MASSAGE THERAPY</b>  <b>(By Appointment)</b>  <b>Cheron Blythe</b>  <b>July 9<sup>th</sup></b>  <b>July 23<sup>rd</sup></b>  <b>July 30<sup>th</sup></b>  <b>205-902-7966</b></p>	<p><b>Movie Night</b>  <b>Every Friday in the Chapel @ 7pm</b></p> <p><b>Greater Birmingham Humane Society Save Your Newspapers</b></p>	<p><b>CLAUDIA REACH</b>  <b>Life Enrichment Director</b></p> <p><b>CATHY MCMILLAN</b>  <b>Life Enrichment Coordinator</b></p> <p><b>205-956-2184</b>  <b>X172</b></p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>	