

August 2019 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<p>LEGEND</p> <p>MDR=Main Dining Room C=Chapel CR=Cahaba Room ALDR=Assisted Living Dining Room AL=Assisted Living KW=Kirkwares LR=Living Room S=Skilled Nursing Magnolia Room AR=Activity Room (Kirkwood Lane)</p> <p>P=Pool RMP=Riverview Meeting Place GR=Game Room KW=Kirkwares MDR=Main Dining Room L=Library H=Hideaway</p> <p>*DEPARTURE TIMES - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>			<p>1</p> <p>11:00 Worship and Communion with The Rev. Hanna (C)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Tom Bailey a conversation with Jessie Owens (CR)</p> <p>3:45 Laughter Yoga w/ Kim (CR)</p>	<p>2</p> <p>*8:30 Jessie Owens Museum + lunch at Western Sirloin Steakhouse</p> <p>*10:00 Sam's Club</p> <p>10:30 Ricky/Mary Anne</p> <p>1:00 Pool Class (P)</p> <p>1:15 MT Dominos (L)</p> <p>*1:15 Walgreens/ CVS</p> <p>3:30 Tom Bailey (CR) A Conversation with Harper Lee</p> <p>7:00 Movie Night (C)</p>	<p>3</p> <p>10:00 Jigsaw Puzzle Mania (GR)</p> <p>12:15 Connie Skellie Violin + Vocals (MDR)</p> <p>2:00 Magic Town Clown Alley</p> <p>6:00 Lawrence Welk TV Show-Ch 4</p>
<p>4</p> <p>*9:15 IPC Sunday School</p> <p>*10:15 IPC Worship</p> <p>3:00 Afternoon Matinee (C)</p>	<p>5</p> <p>9:00 Exercise (CR)</p> <p>11:00 Bocchia Ball with Foxy (CR)</p> <p>1:30 Bridge (GR)</p> <p>3:00 Residents Association Mtg (C)</p> <p>4:00 Balance Class (CR)</p> <p>7:00 Bingo Night (CR)</p>	<p>6</p> <p>10:00 Men's C&C (H)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Bible Study (C)</p> <p>3:30 "Skip" Watkins Baseball/ "Casey At the Bat" - Will Hunt (CR)</p> <p>7:00 Hungry Valley Boys (CR)</p>	<p>7</p> <p>9:00 Exercise</p> <p>*9:30 Publix</p> <p>9:30 Mat Makers (KW)</p> <p>11:15 Centering Prayer (C)</p> <p>*1:15 Winn Dixie</p> <p>2:00 Wii Bowling (CR)</p> <p>4:00 Social Hour (CR)</p>	<p>8</p> <p>8:00 * Breakfast at First Watch</p> <p>11:00 Worship with The Rev. Hanna (C)</p> <p>1:00 Pool Class (P)</p> <p>1:15 Hand and Foot (CR)</p> <p>3:30 Susan Lawrence Guitar and Vocals (CR)</p>	<p>9</p> <p>9:00 Exercise (CR)</p> <p>*9:00 Bahama Bucks</p> <p>10:30 The Stones (SN)</p> <p>*1:15 Dollar Tree & Stein Mart</p> <p>2:00 Book Club (L)</p> <p>3:00 Dr. Mark Lester Winston Churchill (CR)</p> <p>7:00 Movie Night (C)</p>	<p>10</p> <p>10:30 Rosary with Ann Cote' (GR)</p> <p>10:30 Jigsaw Puzzle Mania (GR)</p> <p>6:00 Lawrence Welk TV Show</p>
<p>11</p> <p>*9:15 IPC Sunday School</p> <p>*10:15 IPC Worship</p> <p>3:00 Sunday Afternoon Matinee (C)</p>	<p>12</p> <p>9:00 Exercise (CR)</p> <p>10:00 Free Mending Diane/ Rebecca (CR)</p> <p>1:30 Bridge (GR)</p> <p>2:30 August Birthday Celebration (CR)</p> <p>7:00 Bingo Night (CR)</p>	<p>13</p> <p>--- Massage Therapy with Cheron</p> <p>10:00 Men's C&C (H)</p> <p>*10:30 Lunch at Village Tavern (Summit)</p> <p>1:00 Pool Class (P)</p> <p>2:00 The Holy Land Pam Shurett (C)</p> <p>3:30 Elvis Live, Jr. Alex Swindle (CR)</p>	<p>14</p> <p>9:00 Exercise (CR)</p> <p>*9:30 Publix</p> <p>9:30 Mat Makers (GR)</p> <p>11:15 Centering Prayer (C)</p> <p>*1:15 Winn Dixie</p> <p>2:30 Mahjong with Carol & Lena (GR)</p> <p>4:00 Residents' Social Hour (CR)</p>	<p>15</p> <p>11:00 Worship with Brian Lays from IPC (C)</p> <p>1:00 Pool Class (P)</p> <p>1:40 Hand in Paw Pet Therapy</p> <p>3:30 Wolfgang & Nora Accordion and Vocals (CR)</p>	<p>16</p> <p>9:00 Exercise (CR)</p> <p>*10:00 WalMart</p> <p>10:30 Ricky/Mary Anne Banjo/Vocals (SN)</p> <p>*1:15 Target and The Pinnacle Shops</p> <p>1:15 MT Dominos (CR)</p> <p>2:00 Mexican Train Dominos (CR)</p> <p>7:00 Movie Night (C)</p>	<p>17</p> <p>10:30 Jigsaw Puzzle Mania (GR)</p> <p>6:00 Lawrence Welk TV Show-Ch 4</p>

August 2019 INDEPENDENT LIVING (Continued)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>18</p> <p>*9:15 IPC Sunday School</p> <p>*10:15 IPC Worship</p> <p>3:00 Sunday Matinee (C)</p>	<p>19</p> <p>9:00 Exercise (CR)</p> <p>1:30 Bridge Games (GR)</p> <p>3:00 Trinity Singers Choral Concert (CR)</p> <p>7:00 Monday Night (CR)</p>	<p>20</p> <p>--- Massage Therapy with Cheron</p> <p>10:00 Men's C&C (H)</p> <p>*10:30 Lunch at Macaroni Grill</p> <p>1:00 Pool Class (P)</p> <p>2:00 Bible Study with Rev Hanna (C)</p> <p>3:30 Jon Michael Ogletree Piano Concert (CR)</p>	<p>21</p> <p>9:00 Exercise (CR)</p> <p>*9:30 Publix</p> <p>9:30 Mat Makers (GR)</p> <p>11:15 Centering Prayer (C)</p> <p>*1:15 Winn Dixie</p> <p>2:30 Mahjong with Carol & Lena (GR)</p> <p>4:00 Residents' Social Hour (CR)</p>	<p>22</p> <p>10:15 Balance Class with Amanda (CR)</p> <p>11:00 Worship with The Rev. Hanna (C)</p> <p>1:00 Pool Class (P)</p> <p>1:30 Art with She She (CR)</p> <p>2:30 Hand & Foot (CR)</p> <p>4:00 Conversations with Felix (C)</p>	<p>23</p> <p>9:00 Exercise (CR)</p> <p>9:30 Ricky/Mary Anne Banjo/Vocal(SN)</p> <p>*1:15 Grand River</p> <p>3:00 The Alexander's Watermelon Beach Luau Sax/Vocals/Dancers (CR)</p> <p>7:00 Movie Night (C)</p>	<p>24</p> <p>10:30 Rosary with Ann Cote' (AR)</p> <p>10:30 Jigsaw Puzzle Mania (GR)</p> <p>6:00 Lawrence Welk TV Show Channel 4</p>
<p>25</p> <p>*9:15 IPC Sunday School</p> <p>*10:15 IPC Worship</p> <p>3:00 Matinee</p>	<p>26</p> <p>9:00 Exercise (CR)</p> <p>9:30 Water Color (CR)</p> <p>1:30 Bridge (GR)</p> <p>2:00 Rummikub Tile Game (CR)</p> <p>4:00 Dolores Hydock "Literary Hour" (C)</p> <p>7:00 Bingo Night (CR)</p>	<p>27</p> <p>--- Massage Therapy</p> <p>10:00 Men's C&C (H)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Bible Study with The Rev. Hanna (C)</p> <p>3:30 Summer Smores Soiree (CR)</p>	<p>28</p> <p>9:00 Exercise (CR)</p> <p>*9:30 Publix</p> <p>9:30 Mat Makers</p> <p>11:15 Centering Prayer (C)</p> <p>11:30 Be Our Guest Luncheon (MDR)</p> <p>*1:15 Winn Dixie</p> <p>2:30 Nikki Sepsas (CR)</p> <p>4:00 Social Hour (CR)</p>	<p>29</p> <p>10:00 Dr. Jill Boyd Audiologist (GR)</p> <p>11:00 Worship with The Rev. Hanna (C)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Mac & Moss Combo Guitar and Vocals (CR)</p> <p>3:00 Mexical Train Dominos (CR)</p>	<p>30</p> <p>9:00 Exercise</p> <p>*10:15 Lunch at the Iguana Grill</p> <p>10:30 Ricky/Mary Anne Banjo/Vocal(SN)</p> <p>2:00 Black Jack (CR)</p> <p>3:30 Old Fashioned Rhythm Method (CR)</p> <p>7:00 Movie Night (C)</p>	<p>31</p> <p>10:30 Rosary with Ann Cote' (AR)</p> <p>10:30 Jigsaw Puzzle Mania (GR)</p> <p>6:00 Lawrence Welk TV Show Channel 4</p>
<p>FREE MENDING DIANE AND REBECCA July 8th Cahaba Room</p> <p>KENDRA'S REPLACE WATCH BATTERIES FREE</p>	<p>KIRKWARES Thursdays 1:00PM-2:30PM</p> <p>HOSPITALITY MEETING MEETING TIME TO BE DETERMINED</p>	<p>SAVE-A-TRIP CLEANERS -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-951-7771</p>	<p>MASSAGE THERAPY (By Appointment) Cheron Blythe July 9th July 23rd July 30th 205-902-7966</p>	<p>Movie Night Every Friday in the Chapel @ 7pm</p> <p>Greater Birmingham Humane Society Save Your Newspapers</p>	<p>CLAUDIA REACH Life Enrichment Director</p> <p>CATHY MCMILLAN Life Enrichment Coordinator</p> <p>205-956-2184 X172</p> <p>creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.com</p>	