

August 2019 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 INDEPENDENCE DAY 9:15 Exercise (AR) 9:45 HH/Hydration Snack/Chat 10:15 Magic Muffins 11:00 Worship and communion The Rev. Hanna (C) 1:00 Domino Fun 2:00 Tom Bailey-Jessie Owens (CR) 3:30 Jokes/Juice (AR)	2 9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Ricky/Mary Anne 1:30 Tic-Tac-Toe 2:45 Sundae Social 3:30 Music/Memories (AR) 4:00 R&R	3 9:30 Ball Toss 10:00 HH/Hydration Snack/Chat 11:30 Connie - Violin/ Vocals (AR) 2:00. Magic Town Clown Alley 3:00 Film/Popcorn 6:00 Lawrence Welk TV Show
4 9:00 Devotion 10:00. Dawson Worship on TV 10:30 HH/Hydration Snack/Chat 2:00 Bingo (AR) 3:30 Chips/Chat	5 9:30 Fitness 10:00 HH/Hydration Snack/Chat 11:00 Walker Rejoicing Rhythms(AR) 1:30 Sharon Powers Harp Concert (AR) 3:00 Cornhole Kerfuffle	6 9:30 Walking Club 10:00 HH/Hydration Snack/Chat 10:15 Lloyds Lunch 1:30. Exercise 2:00 Crafty Corner(AR) 3:00 Gab/Grapejuice 3:00 Skip Baseball 6:45 Hungry Valley Boys	7 9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Bingo 1:30 Bible Study 3:00 Parachute Fitness 3:30 Trivia/Tea	8 9:30 Fitness 10:00 HH/Hydration Snack/Chat 11:00 Worship with Rev Hanna(C) 2:00 Old Time TV 1:30 Bingo (AR) 3:30 Susan Lawrence Guitar + Vocals	9 9:30 Chair Yoga w/ Amanda 10:00 HH/Hydration Snack/Chat 10:30 The Stones 1:00 Dessert (MDR) 2:00 Hi Lo Cards 3:00 Dr Mark Lester- Winston Churchill	10 9:30 Ball Toss 10:00 HH/Hydration Snack/Chat 10:30 Rosary 2:00 Johny Wayne Abbott Music 3:30 Film/popcorn 6:00 Lawrence Welk TV Show
11 9:00 Devotion 10:00. Dawson Worship on TV 10:30 HH/Hydration Snack/Chat 2:00 Bingo (AR) 3:30 Chips/Chat	12 9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Jessica Scott - Guitar/Vocals(AR) 2:30 August Bdays Celebration (AR)	13 9:30 Walking Club 10:00 HH/Hydration Snack/Chat 11:00 Cuttin' a Rug 1:30. Exercise 2:00 Cooking Club (AR) 3:30 Elvis Live Jr.	14 9:00 Blue Bell 10:00 HH/Hydration Snack/Chat 3:00 Fitness 3:30 Conversation Ball 4:00 Jazz Jammin	15 9:30 Fitness 10:00 HH/Hydration Snack/Chat 11:00 Worship with Brian Lays- IPC(C) 1:00 Hand in Paw 1:30 Bingo (AR) 3:30 Wolfgang/ Nora	16 9:30 Exercise 10:00 HH/Hydration Snack/Chat 10:30 Ricky/Mary Anne 2:00 Cup Stacking 3:00 Sundae Social	17 9:30 Ball Toss 10:00 HH/Hydration Snack/Chat 1:30 Carolyn - Piano 3:00 Film/Popcorn 6:00 Lawrence Welk TV Show

August 2019 KIRKWOOD LANE (Continued)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>18</p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH/Hydration Snack/Chat 2:00 Bingo (AR) 3:30 Chips/Chat</p>	<p>19</p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Loyce & Fred Piano/ Sing along 2:00 Trivia 3:00 Trinity Singers (CR)</p>	<p>20</p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat 11:00 Parachute Fitness 1:30 Exercise 2:00 Gardening Club 3:00 L-R-C Dice 3:30 Jon Michael Ogletree Piano Concert (CR)</p>	<p>21</p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Bingo 1:30 Bible study with Rev. Hanna (AR) 3:00 Domino Time 3:30 R&R</p>	<p>22</p> <p>9:30 Chair Yoga 10:00 HH/Hydration Snack/Chat 11:00 Worship with Rev. Hanna (C) 1:30 Art w/ She She 3:00 Popsicle Pow wow (AR)</p>	<p>23</p> <p>9:30 Exercise 10:00 HH/Hydration Snack/Chat 10:30 Ricky & MaryAnne Guitar/Vocal (SN) 1:30 Name 5 things 2:00 Sundae Social 3:00 The Alexanders Watermelon Beach Luau (CR)</p>	<p>24</p> <p>9:30 Ball Toss 10:00 HH/Hydration Snack/Chat 1:30 Rose piano/vocals 2:00 Film/Popcorn 6:00 Lawrence Welk TV Show Channel 4</p>
<p>25</p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH/Hydration Snack/Chat 2:00 Blake Franklin - Guitar and Vocals (AR) 3:30 Chips/Chat</p>	<p>26</p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Singalong w/ Jayne (AR) 1:30 Brain Teasers with Tricia (AR) 4:00 Dolores Hydock Literary hour (C)</p>	<p>27</p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat 10:30 Balloon Volleyball 1:30 Exercise 2:00 Izzi & Puzzles 2:30 Music and Memories 3:30 Summer Smores Soiree (CR)</p>	<p>28</p> <p>9:30 Fitness 10:00 HH/Hydration Snack/Chat 10:30 Bingo (AR) 2:20 Nikki Sepsas Normandy (C) 3:15 Music & Munchies 4:00 R&R</p>	<p>29</p> <p>9:30 Exercise 10:00 HH/Hydration Snack/Chat 10:00 Audiologist 11:00 Worship with Rev. Hanna (C) 12:00 Cahaba Picnic 2:00 Mac & Moss guitar/vocals 4:00 Juice & Jazz</p>	<p>30</p> <p>9:30 Exercise 10:00 HH/Hydration Snack/Chat 10:30 Ricky/Maryanne Guitar/ Vocal (SN) 1:30 Frog Flipping Fun 2:15 Ice Cream 3:30 <u>Old Fashioned</u> <u>Rhythm Method</u> Trumpet + Banjo + Tuba (CR)</p>	<p>31</p> <p>9:30 Ball Toss 10:00 HH/Hydration Snack/Chat 10:30 Rosary with Ann Cote' (AR) 1:30 Linda Tracks/Vocals 2:30 Film/Popcorn 6:00 Lawrence Welk TV Show Channel 4</p>

LEGEND

<p>MDR=Main Dining Room C=Chapel CR=Cahaba Room ALDR=Assisted Living Dining Room AL=Assisted Living KW=Kirkwares LR=Living Room S=Skilled Nursing Magnolia Room AR=Activity Room (Kirkwood Lane) *DEPARTURE TIMES - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p>	<p>P=Pool RMP=Riverview Meeting Place GR=Game Room KW=Kirkwares MDR=Main Dining Room L=Library H=Hideaway</p>
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