

# OCTOBER 2019 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> <b>10:00</b> Men's C&C (H) <b>2:00</b> Bible Study-Pastor Jeff Bonner(C) <b>3:30</b> Balloon Volleyball Battle w/ Kirkwood Lane (CR) <b>7:00</b> Hungry Valley Boys (CR)	<b>2</b> <b>9:00</b> Exercise <b>*9:30</b> Publix <b>10:00</b> Centering Prayer (CR) <b>1:00</b> Paint by Number Class with Helen Bolvig (CR) <b>*1:15</b> Winn Dixie <b>4:00</b> Social Hour (CR)	<b>3</b> <b>8:30 *</b> Cullman, AL Oktoberfest <b>11:00</b> Worship and Communion with Pastor Bonner (C) <b>12:15</b> Connie Violin/ Vocals (MDR) <b>3:00</b> Mexican Train Dominos (CR)	<b>4</b> <b>9:00</b> Exercise <b>*10:00</b> Sam's Club <b>10:30</b> Ricky/Mary Anne <b>*1:15</b> Walgreens/CVS <b>2:00</b> Rummikub <b>3:30</b> Susan Lawrence Guitar/Vocals (CR) <b>*6:00</b> ASO Masterworks <b>7:00</b> Movie Night (C)	<b>5</b> <b>10:00</b> Jigsaw Puzzle Mania (GR) <b>6:00</b> Lawrence Welk TV Show-Ch 4
<b>6</b> <b>*9:15</b> IPC Sunday School <b>*10:15</b> IPC Worship <b>3:00</b> Afternoon Matinee (C)	<b>7</b> <b>9:00</b> Exercise (CR) <b>11:00</b> Bocchia Ball with Foxy (CR) <b>1:30</b> Bridge (GR) <b>3:00</b> Residents Association Mtg (C) <b>7:00</b> Bingo Night (CR)	<b>8</b> Massage Therapy w/ Cheron <b>10:00</b> Men's C&C (H) <b>11:00</b> Brian and Marian Speech/Hearing Therapy Workshop (CR) <b>2:00</b> Bible Study-Pastor Jeff Bonner(C) <b>3:30</b> Kevin Rigsby Piano/Vocals (CR)	<b>9</b> <b>9:00</b> Exercise <b>*9:30</b> Publix <b>9:30</b> Mat Makers <b>11:15</b> Centering Prayer (C) <b>*1:15</b> Winn Dixie <b>1:00</b> Wii Bowling Buddies (CR) <b>4:00</b> Social Hour (CR)	<b>10</b> <b>10:15</b> Balance Class W Amanda (CR) <b>11:00</b> Worship with The Rev. Hanna (C) <b>1:15</b> Hand & Foot Card Game (CR) <b>3:30</b> Al Mahan Guitar and Vocals (CR)	<b>11</b> <b>9:00</b> Exercise (CR) <b>*10:00</b> Walmart <b>10:30</b> Ricky & MaryAnne (SN) <b>*1:15</b> Dollar Tree & Stein Mart <b>2:00</b> Book Club (L) <b>3:30</b> Dr. Jason Kirby Botanical Gardens (C) <b>7:00</b> Movie Night (C)	<b>12</b> <b>10:30</b> Rosary with Ann Cote' (GR) <b>10:30</b> Jigsaw Puzzle Mania (GR) <b>2:00</b> Robert Bauman Memorial Service (C) <b>6:00</b> Lawrence Welk TV Show
<b>13</b> <b>*9:15</b> IPC Sunday School <b>*10:15</b> IPC Worship <b>3:00</b> Sunday Afternoon Matinee (C)	<b>14</b> <b>9:00</b> Exercise (CR) <b>9:30</b> Water Color <b>10:00</b> Free Mending <b>10:30</b> Kirkwood Ladies Circle <b>1:30</b> Bridge (GR) <b>2:30</b> October Birthday Celebration (CR) <b>7:00</b> Bingo Night (CR)	<b>15</b> --- Massage Therapy <b>10:00</b> Men's C&C (H) <b>*10:30</b> Lunch @ Wintzell's <b>2:00</b> Bible Study with Rev. Hanna (C) <b>3:30</b> Tom Bailey - A Conversation w/ Satchel Paige (CR) <b>7:00</b> Tuesday Film - Don't look back (C)	<b>16</b> <b>9:00</b> Exercise (CR) <b>*9:30</b> Publix <b>11:15</b> Centering Prayer (C) <b>*1:15</b> Winn Dixie <b>1:15</b> Mexican Train Dominos (L) <b>4:00</b> Riverfest Social Hour (CR) <b>7:00</b> Evening Film - "Soul of the Game" (C)	<b>17</b> <b>10:00</b> Dr Jill Boyd - Audiologist (GR) <b>11:00</b> Worship with The Rev Hanna (C) <b>1:40</b> Hand in Paw Pet Therapy <b>2:15</b> Laughter Yoga (CR) <b>3:30</b> Wolfgang and Nora Accordion/Vocals (CR)	<b>18</b> <b>9:00</b> Exercise (CR) <b>10:30</b> Ricky/Mary Anne Banjo/Vocals (SN) <b>*1:15</b> Target and The Pinnacle Shops <b>1:30</b> Cornhole Kerfuffle (CR) <b>3:30</b> Dr Ansel Payne - Bham audobon society (C) <b>7:00</b> Movie Night (C)	<b>19</b> <b>10:30</b> Jigsaw Puzzle Mania (GR) <b>6:00</b> Lawrence Welk TV Show-Ch 4

# OCTOBER 2019 INDEPENDENT LIVING (Continued)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY			
<b>20</b> <b>*9:15</b> IPC Sunday School <b>*10:15</b> IPC Worship <b>2:00</b> BINGO Gathering Place Christian Academy <b>3:00</b> <b>Sunday Matinee (C)</b>	<b>21</b> <b>9:00</b> Exercise <b>(CR)</b> <b>1:30</b> Bridge Games <b>(GR)</b> <b>2:00</b> Art w/ She She <b>(CR)</b> <b>7:00</b> Bingo Night <b>(CR)</b>	<b>22</b> <b>10:00</b> Men's C&C <b>(H)</b> <b>*10:30</b> Lunch at PF Changs <b>2:00</b> Bible Study with Rev Hanna <b>(C)</b> <b>3:30</b> Jon Michel Ogletree Piano <b>(CR)</b> <b>7:00</b> KW Sing Along - Patsy + Joe <b>(CR)</b>	<b>23</b> <b>9:00</b> Exercise <b>(CR)</b> <b>*9:30</b> Publix <b>11:15</b> Centering Prayer <b>(C)</b> <b>*1:15</b> Winn Dixie <b>2:30</b> Mahjong with Carol & Lena <b>(GR)</b> <b>4:00</b> Residents' Social Hour <b>(CR)</b>	<b>24</b> <b>11:00</b> Worship with Rev Hanna <b>(C)</b> <b>1:45</b> Birmingham Harmony Belles <b>(CR)</b> <b>4:00</b> Conversations with Felix <b>(C)</b> <b>6:00</b> Trick or Treat Apartment Sweep Halloween	<b>25</b> <b>9:00</b> Exercise <b>(CR)</b> <b>9:30</b> Ricky/Mary Anne Banjo/Vocal <b>(SN)</b> <b>*1:15</b> Brookwood Mall Shopping Trip <b>1:15</b> Hand&Foot <b>(CR)</b> <b>3:30</b> <b>Old Fashioned Rhythm Method (CR)</b> <b>7:00</b> Movie Night <b>(C)</b>	<b>26</b> <b>10:30</b> Rosary with Ann Cote' <b>(AR)</b> <b>10:30</b> Jigsaw Puzzle Mania <b>(GR)</b> <b>*10:30</b> Rickwood field vintage baseball game <b>6:00</b> Lawrence Welk TV Show Channel 4			
<b>27</b> <b>*9:15</b> IPC Sunday School <b>*10:15</b> IPC Worship <b>3:00</b> Matinee <b>(C)</b>	<b>28</b> <b>9:00</b> Exercise <b>(CR)</b> <b>*10:15</b> <b>IPC Men's Luncheon</b> <b>1:30</b> Bridge <b>(GR)</b> <b>2:00</b> Word Games <b>(CR)</b> <b>4:00</b> Dolores Hydock Literary Hour <b>(CR)</b> <b>7:00</b> <b>Bingo Night (CR)</b>	<b>29</b> --- Massage Therapy with Cheron <b>10:00</b> Men's C&C <b>(H)</b> <b>*10:30</b> Lunch at Martin's BBQ <b>2:00</b> Bible Study with The Rev Hanna <b>(C)</b>	<b>30</b> <b>9:00</b> Exercise <b>(CR)</b> <b>*9:30</b> Publix <b>11:15</b> Centering Prayer <b>(C)</b> <b>*1:15</b> Winn Dixie <b>2:30</b> Majohng w Carol and Lena <b>(GR)</b> <b>4:00</b> Residents' Social Hour <b>(CR)</b>	<b>31</b> <b>*9:00</b> ASFA Fall Music Program <b>11:00</b> Worship with The Rev Hanna <b>(C)</b> <b>2:00</b> <u>Mexican Train Dominos</u> <b>(CR)</b>	<h2 style="color: #D9534F;">HAPPY BIRTHDAY</h2> <p style="color: #D9534F;">                         Wendell Ogard 2<sup>nd</sup> Becky Neely 19<sup>th</sup>                          Janet Tillery 2<sup>nd</sup> Alyette dela Tour 23<sup>rd</sup>                          Linda Russell 3<sup>rd</sup> Bernice Vann 26<sup>th</sup>                          Mary Anne Weatherly 9<sup>th</sup>                          Nell Mehaffey 29<sup>th</sup> Ruth Mays 16<sup>th</sup>                          Bob Bush 29<sup>th</sup> </p>				
<h3 style="color: #D9534F;">*LEGEND*</h3>		<b>FREE MENDING</b> <b>DIANE AND REBECCA</b> <b>July 8th</b> <b>Cahaba Room</b>  <b>KENDRA'S</b> <b>REPLACE WATCH BATTERIES</b> <b>FREE</b>		<b>KIRKWARES</b> <b>Thursdays</b> <b>1:00PM-2:30PM</b>  <b>HOSPITALITY</b> <b>MEETING</b> <b>MEETING TIME TO BE DETERMINED</b>		<b>SAVE-A-TRIP CLEANERS</b> -Free Pick-up- -Free Delivery- <b>Tuesdays &amp; Fridays</b> <b>11:00 A.M.</b> <b>205-951-7771</b>  <b>MASSAGE THERAPY</b> (By Appointment) Cheron Blythe July 9 <sup>th</sup> July 23 <sup>rd</sup> July 30 <sup>th</sup> <b>205-902-7966</b>		<b>Movie Night</b> Every Friday in the Chapel @ 7pm  Greater Birmingham Humane Society Save Your Newspapers  <b>CLAUDIA REACH</b> Life Enrichment Director  <b>CATHY MCMILLAN</b> Life Enrichment Coordinator  <b>205-956-2184</b> <b>X172</b> <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a> <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a>	
(AL-DR) Assisted Living Dining Room (AR) Activity Room Kirkwood Lane Room (C) Chapel (CR) Cahaba Room Place (GR) Game Room		(H) Hideaway (L) Library (LR) Living Room (MDR) Main Dining (P) Pool (RMP) Riverview Mtg (SN) Skilled Nursing							