

# OCTOBER 2019 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>1</b> <b>9:30</b> Walking Club <b>10:00</b> HH/Hydration Snack/Chat <b>1:30</b> Exercise (AR) <b>2:00</b> Izzi/Puzzles <b>3:00</b> Old Time TV <b>3:30</b> Balloon Volleyball battle (CR) <b>6:45</b> Hungry Valley Boys	<b>2</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Bingo <b>1:30</b> Hi LO Cards <b>2:30</b> Domino Time <b>3:30</b> Matching and Sorting (AR) <b>4:00</b> Juice and Chat	<b>3</b> <b>9:30</b> Exercise (AR) <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Worship - Pastor Jeff Bonner (C) <b>1:30</b> Connie - Violin <b>2:30</b> Kooky Kickball <b>3:30</b> Expressions in color and shading (AR)	<b>4</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Ricky & Maryanne Banjo/vocals (SN) <b>2:00</b> Ice Cream Sundae Social (MDR) <b>3:30</b> Susan Lawrence Guitar/Vocals(CR) <b>4:30</b> R&R	<b>5</b> <b>9:30</b> Ball Toss <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Penny Ante Trivia <b>1:30</b> Rose Moreland Piano/vocal(CR) <b>2:30</b> Film + popcorn
<b>6</b> <b>9:00</b> Devotion <b>10:00</b> Dawson Worship on TV <b>10:30</b> HH/Hydration Snack/Chat <b>2:00</b> Bingo (AR) <b>3:30</b> Chips/Chat	<b>7</b> <b>9:45</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Walker Rhythms <b>1:30</b> Sharon - Harp <b>3:00</b> Shuffle Putt (AR) <b>4:00</b> Brown Cows and Big Band Music	<b>8</b> <b>9:30</b> Walking Club <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Parachute Fitness <b>1:30</b> Exercise <b>2:00</b> Short Stories <b>3:30</b> Kevin Grigsby Piano/vocals (CR)	<b>9</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Bingo <b>1:30</b> Crafty Corner with Ra'sheena <b>3:30</b> Gab and Grape Juice	<b>10</b> <b>9:30</b> Chair yoga <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Worship and communion with Rev Hanna(C) <b>2:00</b> LCR Dice <b>3:30</b> Al Mahan Guitar and Vocals <b>4:30</b> Tea/Tunes	<b>11</b> <b>9:30</b> Exercise <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> The Stones <b>1:30</b> Dessert - MDR <b>3:30</b> Dr. Kirby-Botanical Gardens <b>4:30</b> R&R	<b>12</b> <b>9:30</b> Ball Toss <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Rosary <b>1:30</b> Trivia <b>2:00</b> Johny Wayne Abbott Music <b>3:30</b> Film/popcorn <b>6:00</b> R&R
<b>13</b> <b>9:00</b> Devotion <b>10:00</b> Dawson Worship on TV <b>10:30</b> HH/Hydration Snack/Chat <b>2:00</b> Bingo (AR) <b>3:30</b> Chips/Chat	<b>14</b> <b>9:30</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Jessica Scott - Guitar/Vocals(AR) <b>2:30</b> October Bdays Celebration (AR) <b>3:30</b> Yarn Ball toss <b>4:00</b> R&R	<b>15</b> <b>9:30</b> Walking Club <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Boccia Ball Battle <b>2:00</b> Exercise (AR) <b>3:30</b> Tom Bailey - A Conversation w/ Satchel Paige(C)	<b>16</b> <b>9:00</b> Fitness <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> Bingo <b>1:30</b> Bible Study <b>2:45</b> Cup Stacking Challenge <b>3:30</b> Autumn Leaves Art <b>4:00</b> R&R	<b>17</b> <b>9:30</b> Fitness <b>10:00</b> Audiologist <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Worship(C) <b>1:00</b> Hand in Paw <b>2:00</b> Tic Tac Toe (AR) <b>3:30</b> Wolfgang and Nora <b>4:30</b> Music and Games	<b>18</b> <b>9:30</b> Exercise <b>10:00</b> HH/Hydration Snack/Chat <b>10:30</b> The Stones * <b>1:15</b> Williams Orchard Pies <b>2:45</b> Parachute Fitness <b>3:30</b> Dr. Ansel Payne Audubon Society (CR)	<b>19</b> <b>9:30</b> Ball Toss <b>10:00</b> HH/Hydration Snack/Chat <b>11:00</b> Trivia <b>1:30</b> Carolyn Price Piano/Singing <b>2:30</b> Film/Popcorn

# OCTOBER 2019 KIRKWOOD LANE ( CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>20</b></p> <p><b>9:00</b> Devotion  <b>10:00</b> Dawson  Worship on TV  <b>10:30</b> HH/Hydration  Snack/Chat  <b>2:00</b> Bingo with  Gathering  Place Christian  Academy <b>(CR)</b>  <b>4:00</b> Chips/Chat</p>	<p><b>21</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Singing w Jayne  <b>2:00</b> Art w she she  <b>3:30</b> Monday Money  Madness  <b>4:00</b> R&amp;R</p>	<p><b>22</b></p> <p><b>9:30</b> Walking Club  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Name Things  <b>1:30</b> Exercise  <b>2:00</b> Word Games  <b>3:30</b> JMO Piano <b>(CR)</b>  <b>6:45</b> KW Singalong -  Patsy/Joe/Friends</p>	<p><b>23</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Bingo  <b>1:30</b> Bible Study  <b>3:00</b> Cooking Club w/  Ra'sheena  <b>4:00</b> R&amp;R</p>	<p><b>24</b></p> <p><b>9:30</b> Exercise  <b>10:00</b> HH/Hydration  Snack/Chat  <b>11:00</b> Worship with <b>(C)</b>  <b>1:45</b> Birmingham  Harmony Belles  <b>3:30</b> Duck Races  <b>4:30</b> Jokes and Juice  <b>6:00</b> Trick or treat</p>	<p><b>25</b></p> <p><b>9:30</b> Exercise  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> The Stones  Guitar/Vocal <b>(SN)</b>  <b>1:30</b> Linda/tracks  <b>2:30</b> Sundae Social  <b>3:30</b> Old Fashioned  Rhythm Method  <b>(CR)</b></p>	<p><b>26</b></p> <p><b>9:30</b> Ball Toss  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Rosary  <b>1:30</b> Penny Ante Trivia  <b>2:30</b> Film/Popcorn</p>
<p><b>27</b></p> <p><b>9:00</b> Devotion  <b>10:00</b> Dawson  Worship on TV  <b>10:30</b> HH/Hydration  Snack/Chat  <b>2:00</b> Blake Franklin  - Guitar and  Vocals <b>(AR)</b>  <b>3:30</b> Chips/Chat</p>	<p><b>28</b></p> <p><b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Singalong w/ Loyce  &amp; Fred <b>(AR)</b>  <b>1:30</b> Brain Tricia  <b>3:00</b> Flippin Frogs <b>(AR)</b>  <b>4:00</b> Dolores Hydock  Literary Hour <b>(CR)</b></p>	<p><b>29</b></p> <p><b>9:30</b> Walking Club  <b>10:00</b> HH/Hydration  Snack/Chat  <b>11:00</b> Spooky Coloring  <b>1:30</b> Exercise  <b>2:30</b> Paper  Pumpkins <b>(AR)</b>  <b>3:30</b> Scary Snacks <b>(C)</b></p>	<p><b>30</b></p> <p><b>9:00</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>10:30</b> Bingo  <b>1:30</b> Bible Study  <b>3:00</b> Gardening Club  <b>4:00</b> R&amp;R</p>	<p><b>31</b></p> <p><b>*9:00</b> ASFA Fall Music  <b>9:30</b> Fitness  <b>10:00</b> HH/Hydration  Snack/Chat  <b>11:00</b> Worship <b>(C)</b>  <b>1:30</b> Ring Toss  <b>2:30</b> The Price is Right  <b>(AR)</b>  <b>3:30</b> Cokes/Candy</p>		
		<p><b>LEGEND</b></p> <p><b>MDR</b>=Main Dining Room  <b>C</b>=Chapel  <b>CR</b>=Cahaba Room  <b>ALDR</b>=Assisted Living Dining Room  <b>AL</b>=Assisted Living  <b>KW</b>=Kirkwares  <b>LR</b>=Living Room  <b>S</b>=Skilled Nursing Magnolia Room  <b>AR</b>=Activity Room (Kirkwood Lane)  <b>*DEPARTURE TIMES</b> - MEET IN THE MAIN LOBBY AT THE DESIGNATED TIME</p> <p><b>P</b>=Pool  <b>RMP</b>=Riverview Meeting Place  <b>GR</b>=Game Room  <b>KW</b>=Kirkwares  <b>MDR</b>=Main Dining Room  <b>L</b>=Library  <b>H</b>=Hideaway</p>			<p><b>CLAUDIA REACH</b>  Life Enrichment Director</p> <p><b>CATHY MCMILLAN</b>  Life Enrichment Coordinator</p> <p><b>205-956-2184</b>  <b>X172</b></p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>	