

		JANUARY 2020 INDEPENDENT LIVING				
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>HAPPY BIRTHDAY!</b> Anna Gorham 8 <sup>th</sup> Bill Culbertson 12 <sup>th</sup> Peggy Abbott 8 <sup>th</sup> Barbara Boyd 16 <sup>th</sup> Lilla Sevier 8 <sup>th</sup> Margaret LaRose 17 <sup>th</sup> Elizabeth Hamby 9 <sup>th</sup> Miriam Taylor 17 <sup>th</sup> Sammye McLean 10 <sup>th</sup> Lewis Compton 25 <sup>th</sup> Steve Cowart 11 <sup>th</sup> Martha Hicks 26 <sup>th</sup>			<b>1</b> <b>NEW YEAR'S DAY</b> <i>No Exercise Today!</i> <i>No Shopping Trips!</i> <i>No Centering Prayer!</i> 4:00 Residents' Social Hour	<b>2</b> <b>11:00 Worship and Communion-The Rev. Hanna (C)</b> 12:30 <u>Connie Skellie</u> Violin Serenade (MDR) 1:15 Mexican Train Dominos (CR) 3:30 <u>Al Mahan</u> Guitar/Vocals (CR)	<b>3</b> 9:00 Exercise (CR) <b>*10:00 Sam's Club</b> 10:30 <u>The Stones</u> (SN) <b>*1:15 WalgreensCVS</b> 1:30 Black Jack Card Game (CR) 3:30 <u>Johny Wayne Abbott</u> (CR) 7:00 Friday Movie (C)	<b>4</b> 10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show TV Channel 4
<b>5</b> <b>*9:15 IPC Sunday School</b> <b>*10:15 IPC Worship</b> 3:00 Sunday Afternoon Matinee (C)	<b>6</b> 9:00 Exercise (CR) 11:00 Bocchia Ballwith <u>Foxy</u> (CR) 1:30 Bridge Games (GR) <b>3:00 Residents Association Meeting (C)</b> 7:00 Bingo Night (CR)	<b>7</b> 10:00 Men's Coffee & Conversation (H) <b>*10:30 Lunch at Brick Tops</b> <b>2:00 Bible Study with The Rev. Hanna (C)</b> 3:30 <u>Kevin Grigsby</u> Piano/Vocals (CR)	<b>8</b> 9:00 Exercise (CR) <b>*9:30 Publix</b> 9:30 Mat Makers 11:15 Kirkwood Centering Prayer (C) 1:00 Wii Bowling Buddies & Friends <b>*1:15 Winn Dixie</b> 4:00 Social Hour	<b>9</b> 10:15 Balance Class <b>11:00 Worship w/ The Rev. Hanna (C)</b> <b>12:00 Kirkwood Cowboy Lunch</b> 2:00 (CR) 3:30 <u>Niki Sepsas</u> Cowboys & Cactus & Cattle The American West (C)	<b>10</b> 9:00 Exercise (CR) <b>*10:00 WalMart</b> 10:30 <u>The Stones</u> (SN) <b>*1:15 DollarTree/SteinMart</b> 1:15 Hand&Foot 1:30 Book Club (L) <b>3:00 Marge Ogard's Memorial Service(C)</b> <b>*6:00 ASOMasterwork</b> 7:00 Movie Night	<b>11</b> 10:30 Rosary with <u>Ann</u> (C) 10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show on Ch 4
<b>12</b> <b>*9:15 IPC Sunday School</b> <b>*10:15 IPC Worship</b> 2:00 <u>Three Teachers</u> Piano/Recorder/Cello (CR) 3:00 Film (C)	<b>13</b> 9:00 Exercise (CR) 10:00 Free Mending 10:30 Kirkwood Ladies Circle (L) 1:30 Bridge (GR) <b>2:30 January Birthdays Party(CR)</b> 7:00 Monday Night Bingo (CR)	<b>14</b> Massage Therapy <b>*8:15 Breakfast at Cracker Barrell</b> <b>10:00 Men's C&amp;C (H)</b> 11:00 <u>Hungry Valley Boys</u> (CR) <b>2:00 Bible Study(C)</b> <b>3:30 Beverly Brasell</b> How William became Shakespeare (CR)	<b>15</b> 9:00 Exercise (CR) <b>*9:30 Publix</b> 11:15 Kirkwood Centering Prayer (C) <b>*1:15 Winn Dixie</b> 2:30 Mahjong Tile Game with <u>Carol &amp; Lena</u> (GR) 4:00 Residents' Social Hour (CR)	<b>16</b> 10:00 <u>Dr. Jill Byrd</u> Audiologist (GR) <b>11:00 Worship with The Rev. Hanna (C)</b> 1:20 Hand in Paw 2:00 <u>Surprise Package</u> Female Vocals (CR) 3:30 Rummikub Tile Game (CR)	<b>17</b> 9:00 Exercise (CR) <b>*10:15 CoffeeConcert</b> 10:30 <u>Ricky/MaryAnne</u> Banjo/Vocals(SN) <b>*1:15 Target/Pinnacle</b> 2:00 <u>Matt/Jay/John Aunie/David</u> (CR) 3:15 MT Dominos <b>*6:00 ASOMasterwork</b> 7:00 Movie Night (C)	<b>18</b> 10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show on Ch 4

# JANUARY 2020 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>19</b> <b>*9:15 IPC</b> <b>Sunday</b> <b>School</b> <b>*10:15 IPC</b> <b>Worship</b> 3:00 Sunday Afternoon Matinee (C)	<b>20</b> 9:00 Exercise (CR) <b>*10:15 IPC Men's</b> <b>Luncheon</b> 1:30 <u>Carolyn Foster</u> I have a Dream (CR) 1:30 Bridge Games 4:00 <u>Dolores Hydock</u> Literary Hour(CR) 7:00Bingo Night (CR)	<b>21</b> Massage Therapy 10:00 Men's Coffee Conversation (H) <b>2:00 Bible Study(C)</b> 3:30 <u>ASFA Concerto</u> <u>Bella Donne</u> - Female Vocals (CR)	<b>22</b> 9:00 Exercise (CR) <b>*9:30Publix</b> 11:15 Kirkwood Centering Prayer (C) <b>*1:15 Winn Dixie</b> 2:00 Wii Bowling Buddies (CR) 4:00 Residents' Social Hour (CR)	<b>23</b> 10:15 Balance Class with <u>Amanda</u> (CR) <b>11:00 Worship -</b> <b>The Rev.Hanna (C)</b> 1:15 Hand & Foot Card Game (L) 4:15 Laughter Yoga with <u>Kim</u> (CR)	<b>24</b> 9:00 Exercise (CR) <b>*10:30 Lunch at</b> <b>Perry's Steakhouse</b> 10:30 <u>Ricky/MaryAnne</u> Banjo/Guitar (SN) <b>*1:15 The Summit</b> 3:30 <u>John O'Malley</u> Rare Animals of the World (C) 7:00 Friday Night Movie (C)	<b>25</b> 10:30 Rosary w/ <u>Ann</u> (Chapel) 10:30 Jigsaw Puzzle Mania 6:00 Lawrence Welk Show-Ch 4
<b>26</b> <b>*9:15 IPC</b> <b>Sunday</b> <b>School</b> <b>*10:15 IPC</b> <b>Worship</b> 3:00 Sunday Afternoon Matinee (C)	<b>27</b> 9:00 Exercise (CR) 1:30 Bridge Games (GR) 2:30 Art with <u>She She</u> (CR) 7:00 Monday Night (CR)	<b>28</b> Massage Therapy 10:00 Men's Coffee & Conversation (H) <b>2:00 Bible Study (C)</b> 3:30 Head over Heels Hot Chocolate (CR) 7:00 Kirkwood Sing Along (CR) <u>Patsy and Joe Arnold</u>	<b>29</b> 9:00 Exercise (CR) <b>*9:30Publix</b> 11:15 Kirkwood Centering Prayer (C) <b>*1:15 Winn Dixie</b> 2:30 Mahjong <u>Carol and Lena</u> (GR) 4:00 Residents' Social Hour (CR)	<b>30</b> <b>11:00 Worship with</b> <b>Rev. Hanna (C)</b> 2:00 <u>Tom Bailey</u> A Conversation with Daniel Pratt (CR) 3:15 Mexican Train Dominos (CR)	<b>31</b> 9:00 Exercise (CR) <b>*9:00 Prattaugan</b> <b>Museum Lunch...</b> <u>Bella Vista by the Creek</u> 10:30 <u>The Stones</u> <b>*6:00 ASO</b> <b>Masterworks</b> 7:00 Friday Movie (C)	
<b>**FREE</b> <b>MENDING**</b> DIANE-REBECCA <u>January 13<sup>th</sup></u> Cahaba Room  ***** <b>**KENDRA'S**</b> REPLACE WATCH BATTERIES <b>**FREE**</b>	<b>**KIRKWARES**</b> <b>Thursdays</b> <b>1:00PM-2:30PM</b> <b>CHAPEL</b> <b>BACK ROOM</b>  ***** <b>HOSPITALITY</b> <b>MEETING</b> <b>TO BE</b> <b>DETERMINED</b>	<b>**SAVE-A-TRIP**</b> <b>**CLEANERS**</b> <b>-Free Pick-Up-</b> <b>-Free Delivery-</b> <b>Tuesdays/Fridays/</b> <b>11:00AM</b> <b>205-951-7771</b> ***** <b>GREATER</b> <b>BIRMINGHAM</b> <b>HUMANE SOCIETY</b> <b>SAVE YOUR NEWSPAPERS!</b>	<b>**MASSAGE**</b> <b>**THERAPY**</b> <b>(By Appointment)</b> <b>The Hideaway</b> <b>Call Cheron Blythe</b> <b>205-902-7966</b> <b>January 14<sup>th</sup></b> <b>January 21<sup>st</sup></b> <b>January 28<sup>th</sup></b>	<b>CLAUDIA REACH</b> Life Enrichment Director  <b>CATHY MCMILLAN</b> Life Enrichment Coordinator  <b>205-956-2184</b> <b>X172</b>  creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.co m	<b>*LEGEND*</b>  (AL-DR) Assisted Living (H) Hideaway Dining Room (L) Library (AR) Activity Room (LR) Living Room Kirkwood Lane (MDR) Main Dining Room (C) Chapel (P) Pool (CR) Cahaba Room (RMP) Riverview Mtg Place (GR) Game Room (SN) Skilled Nursing	