

# JULY 2021 ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b><u>HAPPY BIRTHDAY!</u></b></p> <p><b>Weazie Hairston 7<sup>th</sup>      Charlie Willson 18<sup>th</sup></b>  <b>Paul Walton 10<sup>th</sup>      Ginger Wallac 20<sup>th</sup></b>  <b>Charlie Boyle 16<sup>th</sup>      Ann Bush 22<sup>nd</sup></b>  <b>Ann Rutland 23<sup>rd</sup></b></p>						
<p><b>4</b>  <b>*10:15 IPC</b>  <b>Worship</b>            2:30 Matinee (C)            4:00 SSEC            Communion (H)</p>	<p><b>5</b>  <b>No Exercise Today!</b>            1:30 Bridge            Games            (GR)            2:30 Afternoon            Film(C)            7:00 Night            (Cahaba Room)</p>	<p><b>6</b>            Massage Therapy            10:00 Men's C&amp;C (H)            11:00 <u>Hungry</u>  <u>Valley Boys</u> (CR)            1:00 Pool Class            (Pool)  <b>No Bible Study</b>  <b>Today!</b>            2:30 Hand &amp; Foot            Card Game (CR)</p>	<p><b>7</b>            9:45 Exercise (AL)  <b>*9:30 Publix</b>            10:30 Cntrg Prayer            10:00 Mat Makers  <b>*1:15 Winn Dixie</b>  <b>*1:30 RV</b>            1:30 SFX Catholic            Communion (C)            4:00 Social Hour (CR)</p>	<p><b>8</b>  <b>11:00 Kirkwood</b>  <b>Worship</b>            (Chapel)            1:00 Pool Class            (Pool)            3:00 <u>Al Mahan</u>            Guitar/Vocals            (Cahaba Room)</p>	<p><b>9</b>            9:45 Exercise (AL)  <b>*10:00 Walgreens/</b>  <b>CVS</b>            11:15 Laughter            Yoga w/ <u>Kim</u> (CR)            2:00 KW Book Club(L)            3:00 <u>Ray &amp; Gaines</u>            Vocals/Piano/Sax            6:30 Friday Movie (C)</p>	<p><b>10</b>            10:30 Jigsaw            Puzzle            Mania            (GR)            10:30 Rosary with  <u>Ann</u>  <u>Cote'</u> (CR)            6:00 Lawrence            Welk Show            Channel 4</p>
<p><b>11</b>  <b>*10:15 IPC</b>  <b>Worship</b>            2:00 <u>JM Ogletree</u>            Piano (CR)            4:00 SSEC            Communion            (H)</p>	<p><b>12</b>            9:45 Exercise (AL)            10:00 Free Mending            11:00 Bocchia Ball            w/ <u>Foxy</u> (CR)            1:30 Bridge            (GR)  <b>3:00 Residents</b>  <b>Association Mtg</b> (C)            7:00 Bingo Night            (CR)</p>	<p><b>13</b>            Massage Therapy            10:00 Men's C&amp;C(H)  <b>*10:15 Lunch at</b>  <b>The Gardens Cafe</b>            1:00 Pool Class  <b>2:00 Kirkwood</b>  <b>Bible Study</b> (C)            3:15 Mexican Train            Dominos (CR)</p>	<p><b>14</b>            9:45 Exercise (AL)  <b>*9:30 Publix</b>            11:15 KW Cntrng            Prayer (C)  <b>*1:15 Winn Dixie</b>            1:30 SFX Cath Comm            2:30 Mahjong (GR)            4:00 Social Hr (CR)</p>	<p><b>15</b>            10:00 <u>Dr. Jill Byrd</u>            Audiologist (GR)  <b>11:00 Kirkwood</b>  <b>Worship</b> (C)            1:00 Pool Class            3:00 <u>Susan Lawrence</u>            Guitar/Vocals            (CR)</p>	<p><b>16</b>            9:45 Exercise (AL)  <b>*10:00 Dollar Tree</b>            10:30 <u>Ricky &amp; Mary</u>  <u>Anne</u>            Banjo/Guitar (CR)            1:30 Black Jack            Card Game (CR)            3:30 Hymnathon            with <u>Ray Reach</u> (CR)            6:30 Friday Night</p>	<p><b>17</b>            10:30 Jigsaw            Puzzle            Mania (GR)            6:00 Lawrence            Welk Show            Channel 4</p>

# JULY 2021 ASSISTED LIVING (CONTINUED)

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<p><b>18</b>  <b>*10:15 IPC Worship</b>                      2:30 Sunday Matinee (C)                      4:00 SSEC                      Communion (H)  <b>*3:00 Barons Game</b></p>	<p><b>19</b>                      9:45 Exercise (AL)                      10:30 <u>Jessica</u>-Guitar Vocals (AL-Hall)                      1:30 Bridge Games (GR)  <b>2:30 July Birthdays Celebration</b> (CR)                      7:00 BINGO Night (CR)</p>	<p><b>20</b>                      Massage Therapy w/ Cheron (KW)                      10:00 Men's Coffee &amp; Conversation(H)                      1:00 Pool Class (Pool)  <b>2:00 Kirkwood Bible Study</b> (C)                      3:15 Hand &amp; Foot Card Game (CR)</p>	<p><b>21</b>                      9:45 Exercise (AL)  <b>*9:30 Publix</b>                      11:15 Kirkwood Cntrng Prayer (C)  <b>1:15 Winn Dixie</b>                      1:30 SFX Cath Comm                      1:30 Wii Bowling Buddies (CR)                      4:00 Residents' Social Hour (CR)</p>	<p><b>22</b>  <b>11:00 Kirkwood Worship</b> (C)                      1:00 Pool Class (Pool)                      1:00 Hand-In-Paw Pet Therapy Visit (Chapel)                      3:00 <u>ShowStoppers</u> <u>Tap Dancing</u> <u>Group</u> (CR)</p>	<p><b>23</b>                      9:45 Exercise (AL)  <b>*10:00 WalMart Shopping Trip</b>  <b>*10:15 Lunch at Bricktops</b>                      3:00 <u>Back To The Cross</u> Blue Grass and Gospel (CR)                      6:30 Friday Movie (C)</p>	<p><b>24</b>                      10:30 Jigsaw Puzzle Mania (GR)                      10:30 Rosary with <u>Ann Cote'</u> (CR)                      6:00 Lawrence Welk Show on TV-Channel 4</p>														
<p><b>25</b>  <b>*10:15 IPC Worship</b>                      2:30 Sunday Afternoon Matinee (Chapel)                      4:00 SSEC Communion (H)</p>	<p><b>26</b>                      9:45 Exercise (AL)                      11:00 Jazzin' with Jackie (CR)                      1:00 Art with <u>She She</u> (CR)                      1:30 Bridge Games (GR)                      4:00 <u>Dolores Hydock</u> "Literary Hour" (C)                      7:00 BINGO Night (CR)</p>	<p><b>27</b>                      Massage Therapy with Cheron (KW)                      10:00 Men's Coffee &amp; Conversation (H)                      1:00 Pool Class (Pool)  <b>2:00 Kirkwood Bible Study</b> (C)                      3:15 Mexican Train Dominos (Cahaba Room)</p>	<p><b>28</b>                      9:45 Exercise (AL)  <b>*9:30 Publix</b>                      10:00 Mat Makers                      11:15 Kirkwood Cntrng Prayer (C)  <b>*1:15 Winn Dixie</b>                      1:30 SFX Cath Comm                      2:30 Mahjong <u>Carol &amp; Lena</u> (GR)                      4:00 Social Hr (CR)</p>	<p><b>29</b>  <b>11:00 Kirkwood Worship</b> (C)                      1:00 Pool Class (Pool)                      2:00 <u>Niki Sepsas</u> Ancient Greece (C)                      3:30 Scrabble Slam/ Quiddler Word Games (CR)                      6:30 Thursday Evening Movie "FDR" (C)</p>	<p><b>30</b>                      9:45 Exercise (AL)  <b>*10:00 Lunch at Niki's West</b>                      3:00 <u>Joyce Sanders</u> A Conversation with Franklin Delano Roosevelt (CR)                      6:30 Friday Movie "FDR" (Chapel)</p>	<p><b>31</b>                      10:30 Jigsaw Puzzle Mania (GR)                      6:00 Lawrence Welk Show on TV Channel 4</p>														
<p><b>*FREE MENDING* July 12<sup>th</sup> Diane &amp; Rebecca Cahaba Room</b>                       *****  <b>ELITE JEWELERS</b>                      REPLACE WATCH BATTERIES  <b>**FREE**</b></p>	<p><b>*GREATER* *BIRMINGHAM* *HUMANE SOCIETY*</b>                       *****  <b>SAVE YOUR NEWSPAPERS!</b>                      *****</p>	<p><b>**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays &amp; Fridays 11:00 A.M. 205-824-7737</b></p>	<p><b>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe</b>                       July 6<sup>th</sup>                      July 13<sup>th</sup>                      July 20<sup>th</sup>                      July 27<sup>th</sup>   <b>205-902-7966</b></p>	<p><b>CLAUDIA REACH</b> Life Enrichment Director   <b>CATHY MCMILLAN</b> Life Enrichment Coordinator   <b>205-956-2184 X172</b>   <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a>                      m</p>	<p><b>*LEGEND*</b></p> <table style="width: 100%; border: none;"> <tr> <td>(AL-DR) Assisted Living (H)</td> <td>Hideaway</td> </tr> <tr> <td>Dining Room (L)</td> <td>Library</td> </tr> <tr> <td>(AR) Activity Room (LR)</td> <td>Living Room</td> </tr> <tr> <td>Kirkwood Lane (MDR)</td> <td>Main Dining</td> </tr> <tr> <td>(C) Chapel (P)</td> <td>Pool</td> </tr> <tr> <td>(CR) Cahaba Room (RMP)</td> <td>Riverview Mtg</td> </tr> <tr> <td>(GR) Game Room (SN)</td> <td>Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living (H)	Hideaway	Dining Room (L)	Library	(AR) Activity Room (LR)	Living Room	Kirkwood Lane (MDR)	Main Dining	(C) Chapel (P)	Pool	(CR) Cahaba Room (RMP)	Riverview Mtg	(GR) Game Room (SN)	Skilled Nursing
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**\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**