

# JULY 2021 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b><u>HAPPY BIRTHDAY!</u></b></p> <p><b>Weazie Hairston 7<sup>th</sup>      Charlie Willson 18<sup>th</sup></b>  <b>Paul Walton 10<sup>th</sup>      Ginger Wallac 20<sup>th</sup></b>  <b>Charlie Boyle 16<sup>th</sup>      Ann Bush 22<sup>nd</sup></b>  <b>Ann Rutland 23<sup>rd</sup></b></p>						
<p><b>4</b></p> <p><b>*10:15 IPC Worship</b> 2:30 Matinee (C) 4:00 SSEC Communion (H)</p>	<p><b>5</b></p> <p>1:30 Bridge Games (GR) 2:30 Afternoon Film(C) 7:00 BINGO Night (Cahaba Room)</p>	<p><b>6</b></p> <p>Massage Therapy 10:00 Men's C&amp;C (H) 11:00 <u>Hungry Valley Boys</u> (CR) 1:00 Pool Class <b>No Bible Study Today!</b> 2:30 Hand &amp; Foot Card Game (CR)</p>	<p><b>7</b></p> <p>9:00 Exercise (CR) <b>*9:30 Publix</b> 10:30 Cntrg Prayer 10:00 Mat Makers with <u>Lynn</u> (CR) <b>*1:15 Winn Dixie</b> 1:30 SFX Catholic Communion (C) 4:00 Social Hour (CR)</p>	<p><b>8</b></p> <p><b>11:00 Kirkwood Worship</b> (Chapel) 1:00 Pool Class (Pool) 3:00 <u>Al Mahan</u> Guitar/Vocals (Cahaba Room)</p>	<p><b>9</b></p> <p>9:00 Exercise (CR) <b>*10:00 Walgreens/ CVS</b> 11:15 Laughter Yoga w/ <u>Kim</u> (CR) 2:00 KW Book Club(L) 3:00 <u>Ray &amp; Gaines</u> Vocals/Piano/Sax 6:30 Friday Movie (C)</p>	<p><b>10</b></p> <p>10:30 Jigsaw Puzzle Mania (GR) 10:30 Rosary with <u>Ann Cote'</u> (CR) 6:00 Lawrence Welk Show Channel 4</p>
<p><b>11</b></p> <p><b>*10:15 IPC Worship</b> 2:00 <u>JM Ogletree</u> Piano (CR) 4:00 SSEC Communion (H)</p>	<p><b>12</b></p> <p>9:00 Exercise (CR) 10:00 Free Mending 11:00 Bocchia Ball w/ <u>Foxy</u> (CR) 1:30 Bridge (GR) <b>3:00 Residents Association Mtg</b> (C) 7:00 BINGO Night (CR)</p>	<p><b>13</b></p> <p>Massage Therapy 10:00 Men's C&amp;C(H) <b>*10:15 Lunch at The Gardens Cafe</b> 1:00 Pool Class <b>2:00 Kirkwood Bible Study</b> (C) 3:15 Mexican Train Dominos (CR)</p>	<p><b>14</b></p> <p>9:00 Exercise (CR) <b>*9:30 Publix</b> 11:15 KW Cntrng Prayer (C) <b>*1:15 Winn Dixie</b> 1:30 SFX Cath Comm 2:30 Mahjong (GR) 4:00 Social Hr (CR)</p>	<p><b>15</b></p> <p>10:00 <u>Dr. Jill Byrd</u> Audiologist (GR) <b>11:00 Kirkwood Worship</b> (C) 1:00 Pool Class (Pool) 3:00 <u>Susan Lawrence</u> Guitar/Vocals (CR)</p>	<p><b>16</b></p> <p>9:00 Exercise (CR) <b>*10:00 Dollar Tree</b> 10:30 <u>Ricky &amp; Mary Anne</u> Banjo/Guitar (CR) 1:30 Black Jack Card Game (CR) 3:30 Hymnathon with <u>Ray Reach</u> (CR) 6:30 Friday Night</p>	<p><b>17</b></p> <p>10:30 Jigsaw Puzzle Mania (GR) 6:00 Lawrence Welk Show Channel 4</p>

# JULY 2021 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY														
<p><b>18</b>  <b>*10:15 IPC Worship</b>                      2:30 Sunday Matinee (C)                      4:00 SSEC Communion (H)  <b>*3:00 Barons Game</b></p>	<p><b>19</b>                      9:00 Exercise Class (Cahaba Room)                      1:30 Bridge Games (GR)  <b>2:30 July Birthdays Celebration</b> (CR)                      7:00 Monday Night BINGO (CR)</p>	<p><b>20</b>                      Massage Therapy w/ Cheron (KW)                      10:00 Men's Coffee &amp; Conversation(H)                      1:00 Pool Class (Pool)  <b>2:00 Kirkwood Bible Study</b> (C)                      3:15 Hand &amp; Foot Card Game (CR)</p>	<p><b>21</b>                      9:00 Exercise (CR)  <b>*9:30 Publix</b>                      11:15 Kirkwood Cntrng Prayer (C)  <b>1:15 Winn Dixie</b>                      1:30 SFX Cath Comm                      1:30 Wii Bowling Buddies (CR)                      4:00 Residents' Social Hour (Cahaba Room)</p>	<p><b>22</b>  <b>11:00 Kirkwood Worship</b> (C)                      1:00 Pool Class (Pool)                      1:00 Hand-In-Paw Pet Therapy Visit (Chapel)                      3:00 <u>ShowStoppers Tap Dancing Group</u> (CR)</p>	<p><b>23</b>                      9:00 Exercise (CR)  <b>*10:00 WalMart Shopping Trip</b>  <b>*10:15 Lunch at Bricktops</b>                      3:00 <u>Back To The Cross</u> Blue Grass and Gospel (CR)                      6:30 Friday Movie (C)</p>	<p><b>24</b>                      10:30 Jigsaw Puzzle Mania (GR)                      10:30 Rosary with <u>Ann Cote'</u> (CR)                      6:00 Lawrence Welk Show on TV-Channel 4</p>														
<p><b>25</b>  <b>*10:15 IPC Worship</b>                      2:30 Sunday Afternoon Matinee (Chapel)                      4:00 SSEC Communion (H)</p>	<p><b>26</b>                      9:00 Exercise (CR)                      11:00 Jazzin' with Jackie (CR)                      1:00 Art with <u>She She</u> (CR)                      1:30 Bridge Games (GR)                      4:00 <u>Dolores Hydock "Literary Hour"</u> (C)                      7:00 BINGO Night (CR)</p>	<p><b>27</b>                      Massage Therapy with Cheron (KW)                      10:00 Men's Coffee &amp; Conversation (H)                      1:00 Pool Class (Pool)  <b>2:00 Kirkwood Bible Study</b> (C)                      3:15 Mexican Train Dominos (Cahaba Room)</p>	<p><b>28</b>                      9:00 Exercise (CR)  <b>*9:30 Publix</b>                      10:00 Mat Makers                      11:15 Kirkwood Cntrng Prayer (C)  <b>*1:15 Winn Dixie</b>                      1:30 SFX Cath Comm                      2:30 Mahjong <u>Carol &amp; Lena</u> (GR)                      4:00 Social Hr (CR)</p>	<p><b>29</b>  <b>11:00 Kirkwood Worship</b> (C)                      1:00 Pool Class (Pool)                      2:00 <u>Niki Sepsas Ancient Greece</u> (C)                      3:30 Scrabble Slam and Quiddler Word Games (CR)                      6:30 Thursday Evening Movie "FDR" (C)</p>	<p><b>30</b>                      9:00 Exercise (CR)  <b>*10:00 Lunch at Niki's West</b>                      3:00 <u>Joyce Sanders A Conversation with Franklin Delano Roosevelt</u> (CR)                      6:30 Friday Movie "FDR" (Chapel)</p>	<p><b>31</b>                      10:30 Jigsaw Puzzle Mania (GR)                      6:00 Lawrence Welk Show on TV Channel 4</p>														
<p><b>*FREE MENDING*</b>                      July 12<sup>th</sup>                      Diane &amp; Rebecca                      Cahaba Room                      *****  <b>ELITE JEWELERS</b>                      REPLACE WATCH BATTERIES  <b>**FREE**</b></p>	<p><b>*GREATER* *BIRMINGHAM* *HUMANE SOCIETY*</b>                      *****  <b>SAVE YOUR NEWSPAPERS!</b>                      *****</p>	<p><b>**CHAMPION** **CLEANERS**</b>                      -Free Pick-up-                      -Free Delivery-  <b>Tuesdays &amp; Fridays</b>                      11:00 A.M.                      205-824-7737</p>	<p><b>**MASSAGE** **THERAPY**</b>                      (By Appointment)                      Cheron Blythe                        July 6<sup>th</sup>                      July 13<sup>th</sup>                      July 20<sup>th</sup>                      July 27<sup>th</sup>                        205-902-7966</p>	<p><b>CLAUDIA REACH</b>                      Life Enrichment Director    <b>CATHY MCMILLAN</b>                      Life Enrichment Coordinator                        205-956-2184                      X172    <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a>                      m</p>	<p><b>*LEGEND*</b></p> <table style="width: 100%; border: none;"> <tr> <td>(AL-DR) Assisted Living (H)</td> <td>Hideaway</td> </tr> <tr> <td>Dining Room (L)</td> <td>Library</td> </tr> <tr> <td>(AR) Activity Room (LR)</td> <td>Living Room</td> </tr> <tr> <td>Kirkwood Lane (MDR)</td> <td>Main Dining</td> </tr> <tr> <td>(C) Chapel (P)</td> <td>Pool</td> </tr> <tr> <td>(CR) Cahaba Room (RMP)</td> <td>Riverview Mtg</td> </tr> <tr> <td>(GR) Game Room (SN)</td> <td>Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living (H)	Hideaway	Dining Room (L)	Library	(AR) Activity Room (LR)	Living Room	Kirkwood Lane (MDR)	Main Dining	(C) Chapel (P)	Pool	(CR) Cahaba Room (RMP)	Riverview Mtg	(GR) Game Room (SN)	Skilled Nursing
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\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.