

JULY 2021 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>HAPPY BIRTHDAY!</u></p> <p>Weazie Hairston 7th Paul Walton 10th Charlie Boyle 16th Charlie Willson 18th Ginger Wallace 20th Ann Bush 22nd Ann Rutland 23rd</p>		<p><u>CLAUDIA REACH</u> Life Enrichment Director</p> <p><u>CATHY MCMILLAN</u> Life Enrichment Coordinator</p> <p><u>KYRA CAPERS</u> Life Enrichment Coordinator</p> <p>205-956-2184 X172</p> <p>creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.com</p>		<p>1 9:30 Exercise (AR) 10:00 HH/Hydration Snack /Chat Social (AR) 11:00 Kirkwood Worship and Communion (C) 2:30 Watermelon Wipe Out Wing Ding (CR)</p>	<p>2 9:30 Exercise (AR) 10:00 HH/Hydration Snack Chat Social</p>	<p>3 10:00 HH Hydration Snack/ Chat Social (AR) 1:30 <u>Rose Moreland</u> Piano/ Sing Along (AR)</p>
<p>4 9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH Hydration Snack/Chat 2:00 BINGO with Your Friends (AR)</p>	<p>5 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR)</p>	<p>6 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) 11:00 <u>Hungry Valley Boys</u> (CR) 1:30 Exercise (AR)</p>	<p>7 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 Bingo (AR) 3:00 Kirkwood Bible Study (AR)</p>	<p>8 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (C) 3:00 <u>Al Mahan</u> Guitar/Vocals (CR)</p>	<p>9 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 Laughter Yoga with <u>Kim</u> (AR) 3:00 <u>Ray Reach And Gaines Brake</u> Vocals/Piano/Sax (CR)</p>	<p>10 10:00 HH Hydration Snack/Chat Social (AR)</p>
<p>11 9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH Hydration Snack/Chat (AR) 2:00 <u>Jon Michael Ogletree</u> Piano Concert (CR)</p>	<p>12 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) *1:15 Scenic Drive/Snack</p>	<p>13 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) 11:00 <u>Walker Wright</u> Rejoicing Rhythm (AR)</p>	<p>14 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 Bingo (AR) 3:00 Kirkwood Bible Study (AR)</p>	<p>15 10:00 <u>Dr. Jill Byrd</u> Audiologist (GR) 10:00 HH/Hydration Snack/Chat (AR) 11:00 Kirkwood Worship (C) 3:00 <u>Susan Lawrence</u> Guitar/ Vocals (CR)</p>	<p>16 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 <u>Ricky and Mary Anne Stone</u> Banjo/Guitar (CR) 3:30 Hymnathon with <u>Ray Reach</u> (CR)</p>	<p>17 10:00 HH Hydration Snack/Chat Social (AR) 1:30 <u>Carolyn Price</u> Piano Serenade/ Sing Along (AR)</p>

JULY 2021 KIRKWOOD LANE (CONTINUED)

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<p>18 9:00 Devotion 10:00 Dawson Worship on TV 10:30 HHydration Snack/Chat 2:30 BINGO with Your Friends(AR)</p>	<p>19 <u>Beauty Shop Day</u> 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 2:30 July Birthdays Celebration(CR)</p>	<p>20s 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social 10:30 Piano & Singing <u>Loyce & Fred</u> (AR) *12:00 Pizza Picnic 1:30 Exercise (AR)</p>	<p>21 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 Bingo (AR) 3:00 Kirkwood Bible Study (AR)</p>	<p>22 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (C) 3:00 <u>ShowStoppers Tap Dancing Group</u> (CR)</p>	<p>23 9:30 Exercise (AR) 0:00 HH/Hydration Snack/Chat Social (AR) 3:00 <u>Back To The Cross Blue Grass and Gospel</u> (CR)</p>	<p>24 10:00 HHHydratio n Snack/Chat Social (AR) 1:30 <u>Don and Lynda Sing Along</u> (AR)</p>
<p>25 9:00 Devotion 10:00 Dawson Worship on TV 10:30 HHydration Snack/Chat Social (AR) 2:00 <u>Blake Franklin</u> (AR) Guitar/Vocals</p>	<p>26 <u>Beauty Shop Day</u> 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 1:00 Art Class with <u>She She</u> (CR)</p>	<p>27 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 <u>Jessica Scott</u> Guitar/Vocals (AR) 1:30 Exercise (AR)</p>	<p>28 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 10:30 Bingo (AR) 3:00 Kirkwood Bible Study (AR)</p>	<p>29 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (C)</p>	<p>30 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social (AR)</p>	<p>31 10:00 HHHydratio n Snack/Chat Social (AR)</p>

**I'm proud to be an American where at least I know I'm free.
 And I won't forget the men who died, who gave that right to me.
 And I'd gladly stand up next to you and defend her still today.
 'Cause there ain't no doubt I love this land...God bless the U.S.A.**

LEGEND

(AL-DR) Assisted Living	(H) Hideaway
(AR) Activity Room	(L) Library
(C) Chapel	(LR) Living Room
(CR) Cahaba Room	(MDR) Main Dining Room
(GR) Game Room	(P) Pool
	(RMP) Riverview Mtg Place
	(SN) Skilled Nursing

****DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME-ALL ACTIVITIES SUBJECT TO CHANGE.**