

OCTOBER 2019 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social 1:30 Exercise (AR) 2:00 Izzi/Puzzles 3:00 Old Time TV 3:30 Balloon Volleyball Battle (CR) 6:45 <u>Hungry Valley Boys</u>	2 9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 Bingo (AR) 1:30 Hi Lo Cards 2:30 Domino Time 3:30 Matching and Sorting (AR) 4:00 Juice &	3 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 11:00 Worship (C) Pastor Jeff Bonner 1:30 <u>Connie Skellie</u> Violin/Vocals (AR) 2:30 Kooky Kick Ball 3:30 Expressions in Color & Shading	4 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Ricky and Mary Anne (SN)</u> 2:00 Ice Cream Sundae Social 3:30 <u>Susan L</u> Guitar/Vocals(CR) 4:30 "R&R"	5 9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 11:00 Penny Ante Trivia (AR) 1:30 <u>Rose Moreland</u> Piano Sing Along (AR) 2:30 Film/Popcorn
6 9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH/Hydration Snack/Chat Social 2:00 BINGO(AR) 3:30 Chips & Chat	7 9:30 FITIFY Fitness 10:00 HH/Hydration Snack/Chat Social 11:00 <u>Walker-Rhythms</u> 1:30 <u>Sharon-Harp</u> 3:00 Shuffle Putt 4:00 Brown Cows & Big Band Music (AR)	8 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social 11:00 Parachute Fitness 1:30 Exercise (AR) 2:00 Short Stories 2:30 3:30 <u>Kevin Grigsby</u> Piano/Vocals (CR)	9 9:30 FITIFY Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 Bingo (AR) No Bible Study Today! 1:30 Crafty Corner w/ <u>Ra'Sheena(AR)</u> 3:30 Grape Juice And Gabbing (AR)	10 9:30 <u>Chair Yoga-AR</u> 10:00 HH/Hydration Snack/Chat Social 11:00 Worship and Communion 2:00 Left-Center-Right Dice Game 3:30 <u>Al Mahan</u> Guitar/Vocals (CR) 4:30 Tea & Tunes	11 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 <u>The Stones</u> Banjo/Vocals (SN) 1:30 Dessert-MDR 3:30 <u>Dr. Kirby (C)</u> Birmingham Botanical Gardens 4:30 "R&R"	12 9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 10:30 Rosary (C) 1:30 Trivia (AR) 2:00 <u>Johny Wayne Abbott</u> Music 3:30 Film/Popcorn
13 9:00 Devotion 10:00 Dawson Worship on TV 10:30 HH/Hydration Snack/Chat Social 2:00 BINGO (AR) 3:30 Chips & Chat	14 9:30 FITIFY Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Jessica Scott</u> Guitar/Vocals (AR) 2:30 October Birthdays Celebration(CR) 3:30 Yarn Ball Toss 4:00 "R&R"	15 9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social 11:00 Bocchia Ball Battle (AR) 2:00 Exercise (AR) 3:30 <u>Tom Bailey</u> A Conversation with Satchel Paige (CR)	16 9:30 FITIFY Fitness) 10:00 HH/Hydration Snack/Chat Social 10:30 Bingo (AR) 1:30 Bible Study (AR) 2:45 Cup Stacking Challenge (AR) 3:30 Autumn Leaves Art (AR) 4:00 Evening News	17 9:30 Exercise 10:00 Audiologist(GR) 10:00 HH/Hydration Snack/Chat Social 11:00 Worship (C) 1:00 Hand in Paw 2:00 Tic Tac Toe 3:30 <u>Wolfgang/Nora</u> 4:30 Music & Mind Games (AR)	18 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 <u>The Stones</u> *1:15 Williams Orchard-Pies 2:45 Parachute Fitness (AR) 3:30 <u>Dr. Ansel Payne</u> Audubon Society(CR)	19 9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 11:00 Trivia 1:30 <u>Carolyn Price</u> Piano/Singing(AR) 2:30 Film/Popcorn

OCTOBER 2019 KIRKWOOD LANE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>20</p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:30 HHydration Snack/Chat Social 2:00 BINGO (CR) <u>Gathering Place Christian Academy</u> 4:00 Chips & Chat</p>	<p>21</p> <p>9:30 FITIFY Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 Sing Along with <u>Jayne</u> (AR) 2:00 Art with <u>She She</u> (CR) 3:30 Monday Money Madness (AR) 4:00 Evening News</p>	<p>22</p> <p style="text-align: center;"><u>Beauty Shop Day</u></p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social 10:30 Name Things 1:30 Exercise (AR) 2:00 Word Games 3:30 <u>JMO</u> Piano (CR) 6:45 KW Sing Along <u>Patsy/Joe/Friends</u> (CR)</p>	<p>23</p> <p>9:30 FITIFY Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 Bingo (AR) 1:30 Bible Study (AR) The Rev. Hanna 3:00 Cooking Club w/<u>Ra'Sheena</u> 4:00 "R&R"</p>	<p>24</p> <p>9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 11:00 Worship (C) 12:00 Cahaba <u>Birmingham Harmony Belles</u> (CR) 3:30 Duck Races 4:30 Jokes/Juice 6:00 Trick or Treat</p>	<p>25</p> <p>9:30 Exercise(AR) 10:00 HHHydration Snack/Chat Social 10:30 <u>The Stones</u> Banjo/Guitar (SN) 1:30 <u>Linda/Tracks</u> 2:30 Sundae Social 3:30 <u>Old Fashioned Rhythm</u> <u>Method</u>(CR) Trumpet/Tuba/Banjo</p>	<p>26</p> <p>9:30 Ball Toss 10:00 HH/Hydration Snack/Chat Social 10:30 Rosary with <u>Ann Cote'</u> (AR) 1:30 Penny Ante Trivia (AR) 2:30 Film/Popcorn 6:00 Lawrence Welk Show</p>		
<p>27</p> <p>9:00 Devotion 10:00 Dawson Worship on TV 10:00 HHydration Snack/Chat Social 2:00 Music w/ <u>Blake Franklin</u> 3:30 Chips & Chat</p>	<p>28</p> <p>9:30 FITIFY Fitness 10:00 HH/Hydration Snack/Chat Social 10:30 <u>Loyce/Fred</u> Piano/Sing Along (AR) 1:30 Brain-<u>Tricia</u> 3:00 Flippin' Frogs 4:00 <u>Dolores Hydock</u> Literary Hour (CR)</p>	<p>29</p> <p style="text-align: center;"><u>Beauty Shop Day</u></p> <p>9:30 Walking Club 10:00 HH/Hydration Snack/Chat Social 11:00 Spooky Coloring 1:30 Exercise (AR) 2:30 Paper Pumpkins 3:30 Scary Snacks</p>	<p>30</p> <p>9:30 FITIFY Fitness (AR) 10:00 HH/Hydration Snack/Chat Social 10:30 Bingo (AR) 1:30 Bible Study (AR) The Rev. Hanna) 3:00 Gardening Club w/<u>Ra'Sheena</u> (AR) 4:00 "R&R"</p>	<p>31</p> <p>*9:00 ASFA Fall Music 9:30 Exercise (AR) 10:00 HH/Hydration Snack/Chat Social 11:00 Worship (C) w/The Rev. Hanna 1:30 Ring Toss (AR) 2:30 The Price is Right Game 3:30 Cokes/Candy</p>	<p><u>HAPPY BIRTHDAY</u></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;"> <p>Wendell Ogard 19th</p> <p>Janet Tillery Tour 23rd</p> <p>Linda Russell 26th</p> <p>Mary Anne Weatherly Mehaffey 29th</p> <p>Ruth Mays 29th</p> </td> <td style="width: 50%; vertical-align: top;"> <p>2nd Becky Neely</p> <p>2nd Alyette dela</p> <p>3rd Bernice Vann</p> <p>9th Nell</p> <p>16th Bob Bush</p> </td> </tr> </table>		<p>Wendell Ogard 19th</p> <p>Janet Tillery Tour 23rd</p> <p>Linda Russell 26th</p> <p>Mary Anne Weatherly Mehaffey 29th</p> <p>Ruth Mays 29th</p>	<p>2nd Becky Neely</p> <p>2nd Alyette dela</p> <p>3rd Bernice Vann</p> <p>9th Nell</p> <p>16th Bob Bush</p>
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LEGEND

(AL-DR) Assisted Living	(H) Hideaway
Dining Room	(L) Library
(AR) Activity Room	(LR) Living Room
Kirkwood Lane	(MDR) Main Dining Rm
(C) Chapel	(P) Pool
(CR) Cahaba Room	(RMP) Riverview Mtg Pl
(GR) Game Room	(SN) Skilled Nursing