

# OCTOBER 2021 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b><u>HAPPY BIRTHDAY</u></b></p> <p>Wendell Ogard 2<sup>nd</sup>    Becky Neely    19<sup>th</sup>            Janet Tillery    2<sup>nd</sup>    Alyette dela Tour 23<sup>rd</sup>            Linda Russell    3<sup>rd</sup>    Bernice Vann    26<sup>th</sup>            Ray Barnes    10<sup>th</sup>    Gerrie Belt    26<sup>th</sup></p>			<p><b>CLAUDIA REACH</b>            Director of Life Enrichment</p> <p><b>CATHY MCMILLAN</b>            Life Enrichment Coordinator</p> <p>205-956-2184            X172</p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>		<p><b>1</b>  <b>No Exercise Class Today!</b>  <b>*8:30 Cullman Oktoberfest Senior Day-German Band-Free Hot Dog Lunch-Bingo w/ Prizes</b>  <b>*10:00 Shops at Grand River</b>            6:30 Movie Night (C)</p>	<p><b>2</b>            6:00 Lawrence Welk Show on TV Channel 4</p> <p><b>AUBURN VS LSU</b>  <b>ALABAMA VS OLE MISS</b></p>
<p><b>3</b>  <b>*10:15 IPC Worship</b>            3:00 IPC EvenSong Worship Svc (C)            4:00 SSEC Communion (H)</p>	<p><b>4</b>            9:00 Exercise (C)            11:00 Bocchia Ball w/ Foxy (C)            1:30 KW Bridge Games (H)  <b>3:00 Residents' Association Meeting (C)</b>            7:00 Night (C)</p>	<p><b>5</b>            10:00 Men's Coffee &amp; Conversation (H)            11:00 Hungry Valley Boys (C)  <b>2:00 Kirkwood Bible Study (C)</b>            3:30 Kevin Grigsby Piano/Vocals Concert (Chapel)</p>	<p><b>6</b>            9:00 Exercise (C)  <b>*9:30 Publix</b>            10:30 Ctg Pyr (H)  <b>*1:15 Winn Dixie</b>            1:30 SFX Catholic Communion (H)            2:30 Mahjong (H)            4:00 Residents' Social Hour (C)</p>	<p><b>7</b>            9:00 Balance Class with Gloria (C)  <b>11:00 Kirkwood Worship and Communion (C)</b>            1:00 Mexican Train Dominos (C)            3:30 Joyce Sanders Michelangelo - Part2 (Chapel)</p>	<p><b>8</b>  <b>No Exercise Today!</b>  <b>9:00-11:00 Flu Shot Clinic (C)</b>  <b>*10:00 Walgreens and CVS</b>            2:00 KW Book Club (L)            3:30 Ray Reach Jazz Trio-Piano/Sax/Bass (C)            6:30 Movie Night (C)</p>	<p><b>9</b>            10:30 Rosary w/ Ann Cote' (C)            6:00 Lawrence Welk Show Ch 4</p> <p><b>ALABAMA VS TEXAS A&amp;M</b>  <b>AUBURN VS GEORGIA</b></p>
<p><b>10</b>  <b>*10:15 IPC Worship</b>            4:00 SSEC Communion (H)</p>	<p><b>11</b>            9:00 Exercise (C)            10:00 Kirkwood Ladies Circle (H)            11:00 Jazzin' With Jackie (C)            1:30 Bridge (H)  <b>2:30 October Birthdays Celebration (C)</b>            7:00 Bingo Night (C)</p>	<p><b>12</b>            Massage Therapy (H)            10:00 Men's C &amp; C(H)  <b>*10:30 Lunch at Jim 'N Nicks BBQ</b>  <b>No Kirkwood Bible Study Today!</b>            2:00 Rummikub Tile Game (C)</p>	<p><b>13</b>            9:00 Exercise (C)  <b>*9:30 Publix</b>            10:00 Mat Maker's Session (C)            11:00 KW Ctg Pyr(H)  <b>*1:15 Winn Dixie</b>            1:15 Wii Bowling Buddies (C)            1:30 SFX Catholic Communion (H)            4:00 Social Hour (C)</p>	<p><b>14</b>  <b>11:00 Kirkwood Worship (Chapel)</b>            1:00 Hand &amp; Foot Card Game (C)            3:30 Al Mahan Guitar/Vocals (Chapel)</p>	<p><b>15</b>            9:30 Exercise (C)  <b>*10:00 Dollar Tree</b>            10:30 The Stones Banjo/Vocals/Piano (C)            2:00 Birmingham Baroque (C)            Violin/Recorder/Cello/Harpsichord            6:30 Movie Night (C)</p>	<p><b>16</b>  <b>SWEETEST DAY</b>            6:00 Lawrence Welk Show on TV Channel 4</p> <p><b>AUBURN VS ARKANSAS</b>  <b>ALABAMA VS MISSISSIPPI STATE</b></p>

# OCTOBER 2021 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY														
<p><b>17</b>  <b>*10:15 IPC Worship</b>  <b>*1:30 ASFA Romeo and Juliet</b>  <i>(Alabama vs Auburn)</i>                      4:00 SSEC                      Communion (H)</p>	<p><b>18</b>                      9:00 Exercise Class                      (Chapel)                      1:30 Kirkwood Bridge                      Games                      (Hideaway)                      4:00 <u>Dolores Hydock</u>                      Literary Hour                      (Chapel)                      7:00 Monday Night                      BINGO (Chapel)</p>	<p><b>19</b>                      Massage Therapy                      with <u>Cheron</u> (H)                      10:00 Men's Coffee &amp;                      Conversation (H)  <b>2:00 Kirkwood Bible Study</b> (C)                      3:15 Mexican Train                      Dominos (Chapel)</p>	<p><b>20</b>                      9:00 Exercise (C)  <b>*9:30 Publix</b>                      11:00 KW Cntrng                      Prayer (H)  <b>*1:15 Winn Dixie</b>                      1:30 SFX Catholic                      Communion (H)                      2:30 Mahjong                      with <u>Mary</u> (H)                      4:00 Social Hour</p>	<p><b>21</b>  <b>11:00 Kirkwood Worship</b> (C)                      1:00 Black Jack                      Card Game (C)                      3:30 <u>Ray Reach Trio</u>                      Piano/Vocals/Flute/Drums                      (C)                      6:30 Thursday Film                      "Hank Williams" (C)</p>	<p><b>22</b>                      9:00 Exercise (C)  <b>10:00 WalMart</b>                      1:00 Scrabble Slam                      Quiddler Word                      Games (C)                      3:00 <u>Tom Bailey</u>                      Hank Williams (C)                      6:30 Movie Night (C)                      "Your Cheatin' Heart"</p>	<p><b>23</b>                      10:30 Rosary (C)  <b>**UAB VS RICE**</b>                      6:00 Lawrence                      Welk Show Ch 4   <b>ALABAMA VS TENNESSEE AUBURN - OFF</b></p>														
<p><b>24</b>  <b>*10:15 IPC Worship</b>                      4:00 SSEC                      Communion (H)</p>	<p><b>25</b>                      9:00 Exercise (C)                      11:00 Jazzin' with  <u>Jackie</u> (C)                      1:30 KW Bridge                      Games (H)                      2:00 Art Class                      with <u>She She</u>                      (Chapel)                      7:00 BINGO Night (C)</p>	<p><b>26</b>  <b>*8:15 Breakfast at First watch</b>  <b>Massage</b>                      Therapy (H)                      10:00 Men's Coffee &amp;                      Conversation (H)  <b>2:00 Kirkwood Bible Study</b> (C)                      7:00 KW Sing Along  <u>Patsy/Joe/Friends</u> (C)</p>	<p><b>27</b>                      9:00 Exercise (C)  <b>*9:30 Publix</b>                      11:00 KW Ctg Pyr                      10:00 Mat Makers  <b>*1:15 Winn Dixie</b>                      1:30 SFX Catholic                      Communion (H)                      1:15 Hand&amp;Foot (C)                      4:00 Social Hour (C)</p>	<p><b>28</b>                      10:00 <u>Dr. Jill Byrd</u>                      Audiologist (H)  <b>11:00 Kirkwood Worship</b> (C)                      1:00 HIP Pet                      Therapy Visit (C)                      3:30 <u>Niki Sepsas</u>                      The Tango (C)</p>	<p><b>29</b>                      9:00 Balance Class                      with <u>Gloria</u> (C)                      2:00 Wii Bowling                      Buddies                      (Chapel)                      6:30 Movie Night (C)</p>	<p><b>30</b>                      6:00 Lawrence Welk                      Show on TV                      Channel 4   <b>AUBURN VS OLE MISS ALABAMA - OFF</b></p>														
<p><b>31</b>  <b>*10:15 IPC Worship</b>  <b>*1:30 ASFA Fall Dance</b>                      4:00 SSEC                      Communion (H)</p>	<p><b>**FREE MENDING**</b>                      DIANE-REBECCA  <b>Chapel</b>  <b>Resumes January, 2022</b>                       *****  <b>**AGNEW JEWELERS**</b>                      REPLACE WATCH BATTERIES  <b>**FREE**</b></p>	<p><b>**GBHS**</b>  <b>GREATER BIRMINGHAM HUMANE SOCIETY</b>  <b>SAVE YOUR NEWSPAPERS!</b></p>	<p><b>**CHAMPION**</b>  <b>CLEANERS</b>  <b>*Free Pick-up*</b>  <b>*Free Delivery*</b>  <b>Tuesdays &amp; Fridays</b>  <b>11:00 A.M.</b>  <b>205-951-7771</b>                      *****</p>	<p><b>**MASSAGE**</b>  <b>**THERAPY**</b>  <b>(By Appointment)</b>  <b>Call Cheron Blythe</b>  <b>October 5<sup>th</sup></b>  <b>October 12<sup>th</sup></b>  <b>October 19<sup>th</sup></b>  <b>October 26<sup>th</sup></b>  <b>The Hideaway</b>  <b>205-902-7966</b></p>	<p style="text-align: center;"><b>*LEGEND*</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">(AL-DR) Assisted Living Dining Room</td> <td style="width: 50%;">(KW) Kirkwares</td> </tr> <tr> <td>(AR) Activity Room</td> <td>(L) Library</td> </tr> <tr> <td>(C) Chapel</td> <td>(LR) Living Room</td> </tr> <tr> <td>(CR) Cahaba Room</td> <td>(MDR) Main Dining Rm</td> </tr> <tr> <td>PI</td> <td>(P) Pool</td> </tr> <tr> <td>(GR) Game Room</td> <td>(RMP) Riverview Mtg</td> </tr> <tr> <td>(H) Hideaway</td> <td>(SN) Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living Dining Room	(KW) Kirkwares	(AR) Activity Room	(L) Library	(C) Chapel	(LR) Living Room	(CR) Cahaba Room	(MDR) Main Dining Rm	PI	(P) Pool	(GR) Game Room	(RMP) Riverview Mtg	(H) Hideaway	(SN) Skilled Nursing
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