



# NOVEMBER 2021 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>1</b> 9:00 Exercise (C) 11:00 Bocchia Ball w/ <u>Foxy</u> (C) 1:30 Kirkwood Bridge Games (H) <b>3:00 Residents' Assn Meeting (C)</b> 7:00 BINGO Night (C)	<b>2</b> <b>Massage Therapy (H)</b> 10:00 Men's C&C(H) 11:00 <u>Hungry Valley Boys</u> (C) <b>2:00 Kirkwood Bible Study (C)</b> 3:15 Rummikub Tile Game (C)	<b>3</b> 9:00 Exercise (C) <b>*9:30 Publix</b> 10:30 Centering Prayer <b>*1:15 Winn Dixie</b> 1:30 SFX Catholic Communion (H) 4:00 Residents' Social Hour (C)	<b>4</b> 9:00 Balance Class with <u>Gloria</u> (C) <b>11:00 Worship (C)</b> 1:00 Mexican Train Dominos(c) 3:30 <u>Tom Bailey</u> Julia Tutwiler (C) 6:30 Dr. Zhivago(C)	<b>5</b> 9:00 Exercise (C) <b>*10:00 The Summit</b> 10:00 Laughter Yoga with <u>Kim</u> (C) 3:00 <u>The Alexanders</u> Saxophone/Vocals (Chapel) 6:30 Dr. Zhivago (C)	<b>6</b> 6:00 Lawrence Welk Show <b>ALABAMA VS LSU</b> <b>AUBURN VS TEXAS A&amp;M</b>
<b>7</b> (SET CLOCKS BACK ONE HOUR) <b>*10:15 IPC Worship</b> 4:00 SSEC Communion (H)	<b>8</b> 9:00 Jazzin' w/ Jackie (C) 10:30 Kirkwood Ladies Circle (C) 1:30 Bridge Games(H) <b>2:30 November Birthdays Celebration (C)</b> 7:00 BINGO Night (C)	<b>9</b> Massage Therapy 10:00 Men's C&C(H) <b>*10:15 Lunch at PF CHANG'S</b> <b>2:00 Kirkwood Bible Study (C)</b> 3:30 <u>Ray Reach and Tena Wilson</u> Piano/Vocals(C)	<b>10</b> 9:00 Exercise (C) <b>*9:30 Publix</b> 10:00 Mat Makers 11:00 KW Centering Prayer (Hideaway) <b>*1:15 Winn Dixie</b> 1:30 SFX Catholic Communion (H) 2:30 Mahjong (H) 4:00 Social Hour(C)	<b>11</b> <b>11:00 Kirkwood Worship and Communion (C)</b> 2:00 Remembrance & Celebration <u>Ray Reach and Lester Harris</u> <u>-Tommy Haralson's Am.History&amp; Her Flags</u> <u>-Iwo Jima Reenactment (C)</u>	<b>12</b> 9:00 Exercise (C) <b>*10:00 Walgreens and CVS</b> <b>*10:15 Coffee Concert</b> 2:00 Book Club (L) 3:00 <u>Johny Wayne Abbott</u> Willie Nelson Tribute (C) 6:30 Movie (C)	<b>13</b> 10:30 Rosary (C) <b>*12:15 Accordion Concert</b> 6:00 Lawrence Welk Show <b>AUBURN VS MISS STATE</b> <b>ALABAMA VS NEW MEXICO ST</b>
<b>14</b> <b>*10:15 IPC Worship</b> 4:00 SSEC Communion (H)	<b>15</b> 9:00 Exercise (C) 1:30 Bridge Games (H) 3:00 <u>Virginia Jones</u> PhotoTalk Sacred Spaces in Birmingham (C) 7:00 Monday Night (C) BINGO	<b>16</b> 10:00 Men's C&C(H) <b>*10:15 Lunch at Habaneros</b> <b>2:00 Kirkwood Bible Study(C)</b> 3:15 Alabama Football "The Three Jets" <u>Mike Dutton Bobby Johns</u> <u>Tom Brakefield (C)</u>	<b>17</b> 9:00 Exercise (C) <b>*9:30 Publix</b> 11:00 KW Ctg Prayer(H) <b>*1:15 Winn Dixie</b> 1:15 Wii Bowling (C) 1:30 SFX Catholic Communion (H) 4:00 Social Hour (C) 6:30 Movie Night (C)	<b>18</b> 9:30 Balance Class with <u>Gloria</u> (C) <b>11:00 Kirkwood Worship (C)</b> 1:00 <u>Hand in Paw</u> Pet Therapy (C) 2:45 <u>Susan Lawrence</u> Guitar/Vocals (Chapel)	<b>19</b> 9:00 Exercise (C) <b>*10:00 Dollar Tree</b> 10:30 <u>The Stones/Patsy</u> Banjo/Vocals/Piano (C) 1:15 Hand & Foot (C) 3:00 <u>Joyce Sanders-A</u> Conversation with Leonardo DaVinci (C) 6:30 Movie Night(C)	<b>20</b> 6:00 Lawrence Welk Show on TV Channel 4 <b>ALABAMA VS ARKANSAS</b> <b>AUBURN VS SOUTH CAROLINA</b>

# NOVEMBER 2021 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY														
<p><b>21</b></p> <p><b>*10:15 IPC Worship</b>  <b>*2:00 SuperJazz Concert at John Carroll High School</b></p> <p>4:00 SSEC Communion (H)</p>	<p><b>22</b></p> <p>9:00 Jazzin' w/ Jackie (C)            1:30 Kirkwood Bridge Games (H)            2:00 Art Class w/ <u>She She</u> (C)            7:00 Monday Night BINGO (C)</p>	<p><b>23</b></p> <p>Massage Therapy(H)            10:00 Men's C&amp;C (H)  <b>*10:30 Van Gogh Immersive Experience- BJCC</b>  <b>The Southern Kitchen and Bar</b>  <b>2:00 Kirkwood Bible Study</b> (C)            3:15 MT Dominos (C)            7:00 KW Sing Along <u>Patsy /Joe/Friends</u></p>	<p><b>24</b></p> <p>9:00 Exercise (C)  <b>*9:30 Publix</b>            10:00 Mat Makers (C)            11:00 Kirkwood Centering Prayer (Hideaway)  <b>*1:15 Winn Dixie</b>            1:30 SFX Catholic Communion (H)            4:00 Residents' Social Hour (C)</p>	<p><b>25</b></p> <p><b>11:00 Kirkwood Thanksgiving Day Worship</b> (C)            3:00 Movie Night (C)</p>	<p><b>26</b></p> <p><b>No Exercise Class Today!</b>  <b>No Shopping Trips Today!</b></p> <p>6:30 Movie Night (C)</p>	<p><b>27</b></p> <p>10:30 Rosary with <u>Ann Cote'</u> (C)            6:00 Lawrence Welk Show on TV</p> <p style="text-align: center;"><b>AUBURN VS ALABAMA</b>  <b>ALABAMA VS AUBURN</b></p>														
<p><b>28</b></p> <p><b>*10:15 IPC Worship</b>            4:00 SSEC Communion (H)</p>	<p><b>29</b></p> <p>9:00 Exercise (C)            1:00 Amaryllis Affair <u>Heatherwood Garden Club</u> (C)            1:30 Bridge Games (H)            4:00 <u>Dolores Hydock</u> Literary Hour (Chapel)            7:00 BINGONight (C)</p>	<p><b>30</b></p> <p>Massage Therapy (H)            10:00 Men's Coffee &amp; Conversation(H)  <b>2:00 Kirkwood Bible Study</b> (C)            3:15 <u>Matt-Aunie-Jay-Jack-David-Scott</u> The Great Minds of Bham (C)</p>	<p style="font-size: 1.5em; color: #C00000;"><b><u>HAPPY BIRTHDAY!</u></b></p> <p style="color: #C00000; font-weight: bold;">             Elizabeth Downs 5<sup>th</sup>    Jeanette Hancock 12<sup>th</sup>              Ben Arellano 5<sup>th</sup>    Navona Brinkley 15<sup>th</sup>              Mary Anne Sanford 10<sup>th</sup>    Marmie Moyer 18<sup>th</sup>              Tom Adams 11<sup>th</sup>    Rita Spencer 26<sup>th</sup> </p>																	
<p><b>*FREE MENDING*</b>            DIANE-REBECCA  <b>RESUMES JAN 2022</b>            Cahaba Room</p> <p><b>AGNEW JEWELERS</b>            REPLACE WATCH BATTERIES  <b>**FREE**</b></p>	<p><b>**GBHS**</b>  <b>GREATER BIRMINGHAM HJUMANE SOCIETY</b>  <b>SAVE YOUR NEWSPAPERS!</b>            *****</p>	<p><b>**CHAMPION**</b>  <b>**CLEANERS**</b>            -Free Pick-up-            -Free Delivery-  <b>Tuesdays &amp; Fridays</b>            11:00 A.M.            205-951-7771</p>	<p><b>**MASSAGE**</b>  <b>**THERAPY**</b>            (By Appointment)  <b>CHERON BLYTHE</b>            November 2<sup>nd</sup>            November 9<sup>th</sup>            November 23<sup>rd</sup>            November 30<sup>th</sup>            205-902-7966            The Hideaway</p>	<p><b>CLAUDIA REACH</b>            Life Enrichment Director  <b>CATHY MCMILLAN</b>            Life Enrichment Coordinator            205-956-2184            X172  <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>  <a href="mailto:cmcmillan@kirkwoodbytheriver.com">cmcmillan@kirkwoodbytheriver.com</a></p>	<p style="text-align: center;"><b>*LEGEND*</b></p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">(AL-DR) Assisted Living</td> <td style="width: 50%;">(KW) Kirkwares</td> </tr> <tr> <td>(AR) Activity Room</td> <td>(L) Library</td> </tr> <tr> <td>(C) Chapel</td> <td>(LR) Living Room</td> </tr> <tr> <td>(CR) Cahaba Room</td> <td>(MDR) Main Dining Room</td> </tr> <tr> <td>Place</td> <td>(P) Pool</td> </tr> <tr> <td>(GR) Game Room</td> <td>(RMP) Riverview Mtg</td> </tr> <tr> <td>(H) Hideaway</td> <td>(SN) Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living	(KW) Kirkwares	(AR) Activity Room	(L) Library	(C) Chapel	(LR) Living Room	(CR) Cahaba Room	(MDR) Main Dining Room	Place	(P) Pool	(GR) Game Room	(RMP) Riverview Mtg	(H) Hideaway	(SN) Skilled Nursing
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**\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**