

DECEMBER 2021 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p style="color: blue; font-size: 1.2em; margin: 0;">HAPPY BIRTHDAY!</p> <p style="margin: 5px 0 0 40px;"> Pat Mosher 5th Tom Dooling 7th Edna Vines 9th Alice Brooks 11th Myrl Kirstein 16th </p>			<p>1</p> <p>9:00 Exercise (C) *9:30 Publix 10:30 Centering Prayer (H) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 2:30 Mahjong (H) 4:00 Residents' Social Hour (C)</p>	<p>2</p> <p>9:00 Balance Class w/ <u>Gloria</u> (C) 11:00 Kirkwood Worship and Communion (C) 1:00 Hand and Foot Card Game (C) 3:30 <u>Niki Sepsas</u> Great Cathedrals of the World (C)</p>	<p>3</p> <p>9:00 Exercise (C) *10:00 The Pinnacle and Target 11:00 Making Santa Necklaces (C) 1:30 <u>Shalom Hand Bell Duo</u> (C) 3:30 <u>Kara Lancaster</u> Piano/Vocals (C) 6:30 Movie Night(C)</p>	<p>4</p> <p>3:00 SEC CHAMPIONSHIP FOOTBALL GAME Channel 8/CBS-42 6:00 Lawrence Welk Show-Ch 4</p>
<p>5</p> <p>10:15 IPC Worship *1:00 Holiday Spectacular RMT Theatre 4:00 SSEC Communion (H)</p>	<p>6</p> <p>9:00 Exercise (C) 11:00 Bocchia Ball with <u>Foxy</u> (C) 1:30 Bridge Games (H) 3:00 Residents' Association Meeting (C) 7:00 BINGO Night (C)</p>	<p>7</p> <p>Massage Therapy(H) 10:00 Men's Coffee & Conversation (H) 11:00 <u>Hungry Valley Boys Blue Grass</u> (C) 2:00 Kirkwood Bible Study (C) 3:30 <u>Mountain Brook Dorians Dance Team</u> (Chapel)</p>	<p>8</p> <p>9:00 Exercise (C) *9:30 Publix 9:30 Mat Makers(C) 11:00 Ctg Pyr (H) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 2:45 <u>Liberty Park Elem.Singers</u> (C) 4:00 Social Hour(C)</p>	<p>9</p> <p>10:00 <u>Dr. Byrd</u> Audiologist (H) 11:00 Kirkwood Worship (C) 1:30 Mountain Brook Preschool Dance Group (Chapel) 3:30 <u>Mac and Moss</u> "Kazoo Time" Guitar/Vocals/Bass (C)</p>	<p>10</p> <p>9:00 Exercise (C) *10:00 Walgreens and CVS 11:15 <u>Win Schepps</u> Banjo/Vocals (C) 2:00 <u>Jon Michael Ogletree</u> Piano (C) 3:30 Kirkwood Book Club (L) 6:30 Movie Night (C)</p>	<p>11</p> <p>10:30 Rosary with <u>Ann Cote'</u> (C) 6:00 Lawrence Welk Show on Ch 4</p>
<p>12</p> <p>*10:15 IPC Worship 4:00 SSEC Communion (Hideaway)</p>	<p>13</p> <p>9:00 Jazzin w/ <u>Jackie</u> (C) 10:30 Kirkwood <u>Ladies Circle</u> (C) 1:30 BridgeGames(H) 2:30 December Birthdays Celebration (C) 7:00 BINGO Night (C)</p>	<p>14</p> <p>Massage Therapy 10:00 Men's Coffee & Conversation (H) 11:00 Making Emma Lewis' Christmas Candy (C) 2:00 Kirkwood Bible Study (C) 3:30 <u>Dolores Hydock</u> Literary Hour (C)</p>	<p>15</p> <p>9:00 Exercise (C) *9:30 Publix 11:00 KW Ctg Pyr (H) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 3:30 KIRKWOOD CHRISTMAS PARTY (C)</p>	<p>16</p> <p>9:00 Balance Class with <u>Gloria</u> (C) 11:00 Kirkwood Worship (C) 1:00 <u>Hand In Paw</u> Pet Therapy Visit (C) 3:30 <u>Al Mahan</u> Guitar/Vocals (C)</p>	<p>17</p> <p>9:00 Exercise (C) *10:00 Dollar Tree 10:30 <u>Ricky MaryAnne/Patsy</u> Banjo/Vocals/Piano(C) 1:15 Mexican Train Dominos (C) 3:30 <u>The ARK</u> (C) /Guitar/Bass 6:30 Movie Night(C)</p>	<p>18</p> <p>6:00 Lawrence Welk Show on Ch 4</p>

DECEMBER 2021 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY												
<p>19 *10:15 IPC Worship 4:00 SSEC Communion (Hideaway)</p>	<p>20 9:00 Exercise Class (Chapel) 1:30 Kirkwood Bridge Class (Hideaway) 2:00 Art Class w/ <u>She She</u> (C) 7:00 BINGO (C)</p>	<p>21 Massage Therapy(H) 10:00 Men's C&C (H) No Bible Study 2:00 <u>Virginia Jones</u>(C) Christmas in Paris 3:30 <u>Kevin Grigsby</u> Piano/Vocals (C) 7:00 Sing Along(C)</p>	<p>22 9:00 Exercise (C) *9:30 Publix 11:00 Kirkwood Cntrng Prayer (H) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 4:00 Residents' Social Hour (C)</p>	<p>23 9:00 Laughter Yoga with <u>Kim</u> (C) 11:00 Kirkwood Worship (C) 3:00 Thursday Afternoon Movie (C)</p>	<p>24 No Exercise Today! No Shopping Trip Today! 4:00 Candlelight Christmas Eve Service (Chapel) 6:30 Movie Night(C)</p>	<p>25 6:00 Lawrence Welk Show-Ch 4</p>												
<p>26 *10:15 IPC Worship 4:00 SSEC Communion (Hideaway)</p>	<p>27 9:00 Jazzin with <u>Jackie</u> (Chapel) 1:30 BridgeGames(H) 7:00 BINGO(C)</p>	<p>28 <u>Massage Therapy</u> (Hideaway) 10:00 Men's Coffee & Conversation (H) 2:00 Kirkwood Bible Study (C) 3:15 Hand and Foot Card Game (C)</p>	<p>29 9:00 Exercise (C) *9:30 Publix 11:00 Ctg Pyr (H) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 3:30 NEW YEAR'S EVE EVE GALA(C) RReach Jazz Quartet</p>	<p>30 11:00 Kirkwood Worship (C) 3:00 Thursday Afternoon Movie (Chapel)</p>	<p>31 <u>NEW YEAR'S EVE</u> No Exercise Today! No Shopping Trips Today! 6:30 Movie Night(C)</p>													
	<p>**FREE MENDING** DIANE-REBECCA December Canceled Resumes January 3rd Cahaba Room</p> <p>***** AGNEW JEWELERS REPLACE WATCH BATTERIES **FREE**</p>	<p>**CHAMPION** CLEANERS Free Pick-up & Delivery 11:00 A.M. Tuesdays & Fridays 205-951-7771 ***** GREATER BIRMINGHAM HUMANE SOCIETY SAVE YOUR NEWSPAPERS!</p>	<p>**MESSAGE** **THERAPY** (By Appointment) The Hideaway Call Cheron Blythe 205-902-7966 December 7th December 14th December 21st December 28th</p>	<p>CLAUDIA REACH Life Enrichment Director</p> <p>CATHY MCMILLAN Life Enrichment Coordinator</p> <p>205-956-2184 X172</p> <p>creach@kirkwoodbytheriver.com cmcmillan@kirkwoodbytheriver.com</p>	<p style="text-align: center;">*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td>(AL-DR) Assisted Living</td> <td>(H) Hideaway</td> </tr> <tr> <td>Dining Room</td> <td>(L) Library - SV301</td> </tr> <tr> <td>(AR) Activity Room</td> <td>(LR) Living Room</td> </tr> <tr> <td>Kirkwood Lane</td> <td>(MDR) Main Dining Room</td> </tr> <tr> <td>(C) Chapel</td> <td>(P) Pool</td> </tr> <tr> <td></td> <td>(SN) Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living	(H) Hideaway	Dining Room	(L) Library - SV301	(AR) Activity Room	(LR) Living Room	Kirkwood Lane	(MDR) Main Dining Room	(C) Chapel	(P) Pool		(SN) Skilled Nursing
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***DEPARTURE TIMES (PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME)**

