

FEBRUARY 2022 INDEPENDENT LIVING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|---|---|---|--|
| <h2 style="color: red;">HAPPY BIRTHDAY</h2> <p style="font-size: small;"> Buddy Wise 10th Charlene Currie 10th Ann Tate 13th Joyce Adams 16th Fred Rogers 18th Jim Harmon 20th Ulla Booth 24th Homer McGough 26th Don Phillips 26th Mary Jo Hembree 26th Trigger Butler 27th Catherine Lamar 28th </p> | | <p>1 Massage Therapy 10:00 Men's Coffee and Conversation (H) 11:00 <u>Hungry Valley Boys</u> (C) 2:00 Kirkwood Bible Study (C) 3:30 <u>Niki Sepsas</u> (C) Scotland & Robert Burns: A Voice for the Ages</p> | <p>2 9:00 Exercise (C) *9:30 Publix 10:30 Centering Prayer (Hideaway) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 4:00 Residents' Social Hour (C)</p> | <p>3 9:00 Balance Class with <u>Gloria</u> (C) 11:00 Kirkwood Worship and Communion(C) 1:00 Mexican Train Dominos (C) 3:30 <u>Ray Reach</u> Love Songs (C)</p> | <p>4 9:00 Exercise (C) *10:00 The Summit Shopping Trip 1:30 Rummikub Tile Game (Chapel) 3:00 <u>The Alexanders</u> Saxophone and Vocals (Chapel) 6:30 (C)</p> | <p>5 6:00 Lawrence Welk Show-Ch 4</p> |
| <p>6 *10:15 IPC Worship 4:00 SSEC Communion (H)</p> | <p>7 9:00 Exercise (C) 10:00 Free Mending 11:00 Bocchia Ball w/ <u>Foxy</u> (C) 1:30 Bridge Games (H) 3:00 Residents' Asso. Mtg (C) 7:00 BINGO Night(C)</p> | <p>8 *8:15 Breakfast at Massage Therapy 10:00 Men's C&C (H) 10:00-12:00 Fitness Testing (Chapel) 2:00 Kirkwood Bible Study (C) 3:30 The Bham Great Minds (C)</p> | <p>9 9:00 Exercise (C) *9:30 Publix 10:00 Mat Makers (C) 11:00 KW Prayer(C) *1:15 Winn Dixie 1:00 Wii Bowling(C) 1:30 SFX Catholic Communion (H) 4:00 Social Hour (C)</p> | <p>10 11:00 Kirkwood Worship (C) 1:00 Hand and Foot Card Game (C) 3:30 <u>Kevin Grigsby</u> Piano Vocals Concert (C)</p> | <p>11 9:00 Exercise (C) *10:00 Walgreens and CVS Shopping Trip 2:00 Kirkwood Book Club (L) 3:00 <u>JW Abbott</u> Country/Pop (C) 6:30 Movie Night (C)</p> | <p>12 10:30 Rosary with <u>Ann Cote'</u> (C) 6:00 Lawrence Welk Show-Ch 4</p> |
| <p>13 *10:15 IPC Worship *3:00 SuperJazz John Carroll HS 3:00 <u>Betty Bridges</u> Student Recital (C) 4:00 SSEC Communion (H)</p> | <p>14 9:00 Jazzin' with <u>Jackie</u> (Chapel) 10:30 Kirkwood Ladies Circle (H) 1:30 Bridge (H) 2:30 February Birthdays Celebration (C) 7:00 BINGO (C)</p> | <p>15 Massage Therapy 10:00 Men's C&C (H) *9:00 UAB Bus Tour and Lunch Elyton Hotel 2:00 Kirkwood Bible Study (C) 3:30 <u>Cahaba Saxophone Quartet</u> (Chapel)</p> | <p>16 9:00 Exercise (C) *9:30 Publix 10:30 Mat Makers 11:00 Kirkwood Centering Prayer (C) *1:15 Winn Dixie 1:30 SFX Catholic Communion (H) 2:30 Mahjong (H) 4:00 Social Hour (C)</p> | <p>17 9:00 Balance Class with <u>Gloria</u> (C) 10:00 <u>Dr. Jill Byrd</u> Audiologist (H) 11:00 Kirkwood Worship (C) 2:00 <u>Birmingham Harmony Belles</u> (C)</p> | <p>18 9:00 Exercise (C) *10:00 Dollar Tree Shopping Trip 10:30 <u>The Stones/Patsy</u> Banjo/Guitar/Piano (C) 1:00 Mexican Train Dominos (C) 3:30 <u>Kara Lancaster</u> Piano/Vocals (C) 6:30 Movie Night (C)</p> | <p>19 6:00 Lawrence Welk Show Channel 4</p> |

FEBRUARY 2022 INDEPENDENT LIVING (CONTINUED)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|---|---|--|
| <p>20 *10:15 IPC Worship 4:00 SSEC Communion (H)</p> | <p>21 9:00 Exercise (C) 1:30 Kirkwood Bridge Games (H) 2:00 Art Class w/ <u>She She</u> (C) 7:00 BINGO (C)</p> | <p>22 Massage Therapy 10:00 Lunch Yo'Mama's 10:00 Men's C&C(H) 2:00 Kirkwood Bible Study (C) 3:30 <u>Virginia Jones</u> (C) Photo talk 7:00 Kirkwood Sing Along (C) <u>Patsy/Joe/and Friends</u></p> | <p>23 9:00 Exercise (C) *9:30 Publix 11:00 Kirkwood Centering Prayer (C) *1:15 Winn Dixie 1:00 Hand & Foot Card Game (C) 1: 30 SFX Catholic Communion (C) 3:30 New Year Gala Jazz/Snacks/Beverages/ Favors</p> | <p>24 11:00 Kirkwood Worship (C) 1:00 <u>Hand-In-Paw</u> Pet Therapy Visit (C) 3:30 <u>Niki Sepsas</u> If God had a Garden: The Picture Perfect Postcard Islands of Kauai & Maui (Chapel)</p> | <p>25 9:00 Exercise (C) *10:15 ASO Coffee Concert *10:00 WalMart 2:00 <u>Jon Michael</u> <u>Ogletree Piano</u> Concert (C) 3:30 Black Jack Card Game (C) 6:30 Movie Night (C)</p> | <p>26 10:30 Rosary with <u>Ann Cote'</u> (C) 6:00 Lawrence Welk Show Channel 4</p> |
| <p>27 *10:15 IPC Worship 4:00 SSEC Communion (H)</p> | <p>28 9:00 Jazzin' with <u>Jackie</u> (Chapel) 1:30 Kirkwood Bridge Games (H) 4:00 <u>Dolores Hydock</u> Literary Hour (Chapel) 7:00 BINGO (C)</p> | | | | | |
| <p>*FREE MENDING* DIANE AND REBECCA February 7th Chapel</p> | <p>*GREATER* *BIRMINGHAM* *HUMANE SOCIETY* SAVE YOUR NEWSPAPERS! ***** AGNEW JEWELERS REPLACE WATCH BATTERIES **FREE**</p> | <p>**CHAMPION** CLEANERS -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p> | <p>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe February 1st February 8th February 15th February 22nd 205-902-7966 THE HIDEAWAY</p> | <p>CLAUDIA REACH Life Enrichment Director ABBY THOMASON Life Enrichment Coordinator 205-956-2184 X172 creach@kirkwoodbytheriver.com athomason@kirkwoodbytheriver.com</p> | <p>*LEGEND* (AL-DR) Assisted Living (H) Hideaway Dining Room (L) Library-SV301 (AR) Activity Room (LR) Living Room Kirkwood Lane (MDR) Main Dining Room (C) Chapel (P) Pool (SN) Skilled Nursing</p> | |

***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**