

MARCH 2022 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>HAPPY BIRTHDAY!</u></p> <p>Jean Burnett 4th Fanay Register 13th Carolyn Stewart 16th Lane Buttram 22nd Erma Heiter 25th Alisa Long 27th</p>		<p>1 MARDI GRAS FAT TUESDAY PODIATRIST TODAY! **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) 11:00 <u>Walker Wright Rejoicing Rhythms(AR)</u> ** Exercise (AR) 3:30 Mardi Gras Gala Ray Reach Jazz Quartet</p>	<p>2 **FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 BINGO (Activity Room) 11:30 Ash Wednesday Service (C) 3:30 Kirkwood Bible Study (AR)</p>	<p>3 9:30 Gentle Chair Yoga with <u>Gloria (AR)</u> **Happy Hands Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship and Communion (Chapel) 3:30 <u>Susan Lawrence Guitar/Vocals (C)</u></p>	<p>4 **Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 <u>Win Schepps Banjo/Vocals (Activity Rm)</u> 1:00 <u>UAB Theatre Contemporary Broadway (Chapel)</u></p>	<p>5 **Ball Toss on the Hall **Happy Hands Hydration Snack/Chat Social (AR) 1:30 <u>Rose Moreland Piano/Sing Along (AR)</u></p>
<p>6 *Devotion 10:00 <u>Dawson Worship on TV</u> 10:30 Happy Hands Hydration Snack/Chat Social (AR) BINGO with your Friends (AR)</p>	<p>7 **FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR)</p>	<p>8 **Walking Club **Happy Hands HydrationSnack/Chat Social (AR) 11:00 <u>Hungry Valley Boys Concert (C)</u> ** Exercise (AR) 2:00 <u>Walker Wright Rejoicing Rhythms (AR)</u></p>	<p>9 **FITIFY Fitness (AR) **Happy HandsHydration Snack/Chat Social (AR) 10:30 BINGO (Activity Room) 3:30 Kirkwood Bible Study (AR)</p>	<p>10 ** Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (C)</p>	<p>11 ** Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 1:30 <u>Blake Franklin Guitar/Vocals (Activity Room)</u></p>	<p>12 **Ball Toss on the Hall **Happy Hands HydrationSnackChat Social (AR) 2:00 <u>Johny Wayne Abbott Willie Nelson Tribute(AR)</u></p>
<p>13 **Devotion 10:00 <u>Dawson Worship on TV</u> ** Happy Hands Hydration Snack/Chat Social (AR) BINGO with your Friends (AR)</p>	<p>14 9:30 <u>Jazzin' with Jackie (Activity Room)</u> **Happy Hands Hydration Snack/Chat Social (AR) 2:30 March Birthdays Celebration (C)</p>	<p>15 **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) 10:30 <u>Loyce and Fred Piano/Sing Along (AR)</u> **Exercise (AR) 2:00 <u>She She's Crafty Corner (AR)</u></p>	<p>16 **FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 BINGO (Activity Room) 3:30 Kirkwood Bible Study (AR)</p>	<p>17 9:35 Gentle Chari Yoga with <u>Gloria (AR)</u> 10:00 <u>Dr.jill Byrd Audiologist (OLC)</u> **Exercise (AR) **Happy Hands HydrationSnack/Chat Social (AR) 11:00 Kirkwood Worship (C) 2:00 Great Gobs of Green Things Galore with <u>Bagpiper Millie Livingston(Chapel)</u></p>	<p>18 **Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 <u>Ricky and Mary Anne and Patsy Banjo/Guitar/Piano (Chapel)</u> 3:30 <u>Rob Angus Trio HammeredDulcimer Bass-Vocals(Chapel)</u></p>	<p>19 **Ball Toss on the Hall **Happy Hands Hydration Snack/Chat Social (AR) 3:00 <u>Westwood Irish Step Dancers (C)</u></p>

MARCH 2022 KIRKWOOD LANE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 **Devotion 10:00 Dawson Worship on TV 10:30 Happy Hands Hydration Snack/Chat Social (AR) BINGO with your Friends (AR)	21 **FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 2:00 Art Class with <u>She She (Chapel)</u>	22 **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) 10:30 <u>Jessica Scott</u> Guitar/Vocals_(AR) ** Exercise (AR) 2:00 <u>Walker Wright</u> Rejoicing Rhythms (AR) 7:00 Kirkwood Sing Along- <u>Patsy Arnold</u> (C)	23 **FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 BINGO (Activity Room) 3:30 Kirkwood Bible Study (AR)	24 **Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (C) 3:30 <u>Mac and Moss</u> Combo Guitar/Bass/ Vocals (C)	25 **Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 1:30 <u>Blake Franklin</u> Guitar/Vocals (Activity Room)	26 **Ball Toss on the Hall **Happy Hands Hydration Snack/Chat Social (AR) 1:30 <u>Carolyn Price</u> Piano/Singing (AR) 6:00 Lawrence Welk Show Channel 4
27 **Devotion 10:00 Dawson Worship on TV 10:30 Happy Hands Hydration Snack/Chat Social 1:30 <u>Susan</u> <u>Lawrence</u> Guitar/Vocals(AR) **BINGO with your Friends(AR)	28 9:30 Jazzin' with Jackie (Activity Room) **Happy Hands Hydration Snack/Chat Social (AR)	29 **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) ** Exercise (AR)	30 **FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10: 30 BINGO (Activity Room) 3:30 Kirkwood Bible Study (AR)	31 **Exercise (AR) **Happy Hands HydrationSnack Chat Social (AR) 11:00 Kirkwood Worship (C) 3:30 <u>Marian McKay</u> and Friends Guitar Bass/Vocals (Chapel)	<p style="text-align: center;">CLAUDIA REACH Life Enrichment Director</p> <p style="text-align: center;">ABBY THOMASON Life Enrichment Coordinator</p> <p style="text-align: center;">205-956-2184 X172 creach@kirkwoodbytheriver.com athomason@kirkwoodbytheriver.com</p>	
					LEGEND (AL-DR) Assisted Living (L) Library-SV301 Dining Room (LR) Living Room (AR) Activity Room (OC) Overlook Cafe Kirkwood Lane (P) Pool (C) Chapel (TTL) Tree Top Lounge (H) Hideaway (SN) Skilled Nursing	

***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT DESIGNATED TIME – ALL ACTIVITIES ARE SUBJECT TO CHANGE.**