

MARCH 2022 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><u>HAPPY BIRTHDAY!</u></p> <p>Jean Burnett 4th Fanay Register 13th Carolyn Stewart 16th Lane Buttram 22nd Erma Heiter 25th Alisa Long 27th</p>		<p>1 MARDI GRAS FAT TUESDAY PODIATRIST TODAY!</p> <p>10:00 Men's Coffee and Conversation (H) 3:30 Mardi Gras Celebration Ray Reach Jazz Quartet</p>	<p>2</p> <p>9:00 Exercise (C) *9:30 Publix 10:30 Ctrg Prayer (C) 11:30 Ash Wednesday Svc (C) *1:15 Winn Dixie 1:30 SFX Catholic Communion (C) 4:00 Residents' Social Hour (OLC)</p>	<p>3</p> <p>9:00 Balance Class with Gloria (C) 11:00 Kirkwood Worship & Communion(C) 1:30 The Quilt of Valor to Lt. Col. Dr. William Penn (OLC) 3:30 Susan Lawrence Guitar/Vocals</p>	<p>4</p> <p>9:00 Exercise (C) *10:00 The Pinnacle and Target 11:15 Win Schepps Banjo/Vocals (C) 1:00 UAB Theatre "Contemporary Broadway" (C) 2:30 Hand and Foot Card Game 6:30 Movie Night (C)</p>	<p>5 WORLD DAY OF PRAYER</p> <p>6:00 Lawrence Welk Show - Ch. 4</p>
<p>6 AMERICAN RED CROSS MONTH *10:15 IPC Worship 4:00 SSEC Communion (Chapel)</p>	<p>7</p> <p>9:00 Exercise (C) 10:00 Free Mending (OLC) 11:00 Boccia Ball with Foxy (OLC) 1:30 KW Bridge Games (OLC) 3:00 Residents' Asso. Mtg (C) 7:00 BINGO Night (C)</p>	<p>8</p> <p>*8:15 Breakfast at Ross Bridge Massage Therapy 10:00 Men's C&C (TTL) 11:00 Hungry Valley Boys (C) 2:00 Kirkwood Bible Study (C) 3:30 Rummikub (OLC)</p>	<p>9</p> <p>9:00 Exercise (C) *9:30 Publix 10:00 Mat Makers (C) 11:00 Kirkwood Centering Prayer (C) *1:15 Winn Dixie 1:30 SFX Catholic Communion (C) 2:30 Mahjong with Mary (OLC) 4:00 Social Hour (OLC)</p>	<p>10</p> <p>11:00 Kirkwood Worship (C) 1:00 Mexican Train Dominos (Overlook Cafe) 3:30 Tom Bailey Five Capitals of Alabama (C)</p>	<p>11</p> <p>9:00 Exercise (C) *10:00 Walgreens and CVS *10:15 Coffee Concert 2:00 Kirkwood Book Club (L) 3:30 Chimney Swifts and Green Herons (C) 6:30 Movie Night (C)</p>	<p>12 GIRL SCOUT BIRTHDAY DAY 110 YEARS</p> <p>10:30 Rosary with Ann Cote' (C) 6:00 Lawrence Welk Show Channel 4</p>
<p>13 DAYLIGHT SAVING TIME BEGINS (SET CLOCKS FORWARD ONE HOUR) *10:15 IPC Worship 2:00 Memorial Service for Sara Bolt (C) 4:00 Communion SSEC (C)</p>	<p>14</p> <p>9:00 Jazzin' w/ Jackie (C) 10:30 Kirkwood Ladies Circle (OLC) 1:30 KW Bridge Games (OLC) 2:30 March Bday Celebration 7:00 BINGO Night(C)</p>	<p>15</p> <p>10:00 Men's Coffee & Conversation (TTL) *10:15 Lunch at The Bright Star 2:00 Kirkwood Bible Study (C) 3:30 Niki Sepsas (C) Ireland, Leprechauns and Shamrocks</p>	<p>16</p> <p>9:00 Exercise (C) *9:30 Publix 11:00 Kirkwood Centering Prayer (C) *1:15 Winn Dixie 1:30 SFX Catholic Communion (C) 1:30 Wii Bowling Buddies (OLC) 4:00 Residents' Social Hour (OLC)</p>	<p>17</p> <p>9:00 Balance Class with Gloria (C) 10:00 Dr.jill Byrd Audiologist(OLC) 11:00 Kirkwood Worship (C) 2:00 Great Gobs Of Green-Bagpiper Millie Livingston (C) 3:30Rummikub (OLC)</p>	<p>18</p> <p>9:00 Exercise (C) *10:00 Dollar Tree Shopping Trip 10:30 Ricky/Mary Anne/Patsy-Banjo/Guitar (C) 1:00 Hand & Foot (OLC) 3:30 Rob Angus Trio Hammered Dulcimer Bass-Vocals (Chapel) 6:30 Movie Night (C)</p>	<p>19</p> <p>3:00 Westwood Irish Step Dancers (Chapel) 6:00 Lawrence Welk Show Channel 4</p>

MARCH 2022 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY												
<p>20 *10:15 IPC Worship 4:00 SSEC Communion (C)</p>	<p>21 9:00 Exercise (C) 1:30 Kirkwood Bridge Games (OLC) 2:00 Art Class w/ <u>She She (Chapel)</u> 7:00 Monday Night BINGO (C)</p>	<p>22 Massage Therapy 10:00 Men's C&C (TTL) 2:00 Kirkwood Bible Study (C) 3:30 Mexican Train Dominos (OLC) 7:00 Kirkwood Sing Along <u>Patsy/Joe/and Friends</u> (C)</p>	<p>23 <u>OK DAY</u> 9:00 Exercise (C) *9:30 Publix 10:30 Mat Makers (C) 11:00 Ctg Prayer(C) *1:15 Winn Dixie 1:30 SFX Catholic Communion (C) 2:30 Mahjong (OLC) 4:00 Residents' Social Hour (OLC)</p>	<p>24 11:00 Kirkwood Worship (C) 1:00 <u>Hand-In-Paw Pet Therapy Visit</u> (OLC) 3:30 <u>Mac and Moss Combo</u> Guitar/Bass/Vocals (Chapel)</p>	<p>25 9:00 Exercise (C) *10:00 WalMart *1015 McWane Great Barrier Reef Film & Lunch-Pizitz Food Hall 6:30 (C)</p>	<p>26 10:30 Rosary with <u>Ann Cote'</u> (C) 6:00 Lawrence Welk Show Channel 4</p>												
<p>27 CONSIDER CHRISTIANITY WEEK *10:15 IPC Worship 4:00 SSEC Communion (C)</p>	<p>28 9:00 Jazzin' w/ Jackie (C) 1:30 Kirkwood Bridge Games (OLC) 4:00 <u>Dolores Hydock</u> Literary Hour (C) 7:00 BINGO Night (C)</p>	<p>29 Massage Therapy 10:00 Men's Coffee & Conversation (TTL) *10:00 Lunch 2:00 Kirkwood Bible Study (C) 3:30 <u>Brian & Joe</u> Rehab Care (C) █ A Health Happening</p>	<p>30 9:45 Exercise (AL) *9:30 Publix 11:00 KW Centering Prayer (C) *1:15 Winn Dixie 1:30 SFX Catholic Communion (C) 1:30 WiiBowling(OLC) 4:00 Social Hour (OLC)</p>	<p>31 11:00 Kirkwood Worship (C) 1:00 Hand and Foot Card Game (Overlook Cafe) 3:30 <u>Marian McKay and Friends</u> Guitar/Bass/Vocals (Chapel)</p>														
<p>*FREE MENDING* DIANE AND REBECCA MARCH 7TH Overlook Cafe</p>	<p>*GREATER* *BIRMINGHAM* *HUMANE SOCIETY* SAVE YOUR NEWSPAPERS! ***** AGNEW JEWELERS REPLACE WATCH BATTERIES **FREE**</p>	<p>**CHAMPION** CLEANERS -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe MARCH 8TH MARCH 22ND MARCH 29TH 205-902-7966 THE HIDEAWAY</p>	<p>CLAUDIA REACH Life Enrichment Director ABBY THOMASON Life Enrichment Coordinator 205-956-2184 X172 creach@kirkwoodbytheriver.com athomason@kirkwoodbytheriver.com</p>	<p style="text-align: center;">LEGEND</p> <table style="width: 100%; border: none;"> <tr> <td>(AL-DR) Assisted Living Dining Room</td> <td>(L) Library-SV301</td> </tr> <tr> <td>(AR) Activity Room</td> <td>(LR) Living Room</td> </tr> <tr> <td>(C) Chapel</td> <td>(OC) Overlook Cafe</td> </tr> <tr> <td>(H) Hideaway</td> <td>(P) Pool</td> </tr> <tr> <td></td> <td>(TTL) Tree Top Lounge</td> </tr> <tr> <td></td> <td>(SN) Skilled Nursing</td> </tr> </table>		(AL-DR) Assisted Living Dining Room	(L) Library-SV301	(AR) Activity Room	(LR) Living Room	(C) Chapel	(OC) Overlook Cafe	(H) Hideaway	(P) Pool		(TTL) Tree Top Lounge		(SN) Skilled Nursing
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***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**