

MAY 2022 KIRKWOOD LANE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **Devotion 10:00 Dawson Worship on TV **Happy Hands Hydration Snack/Chat Social (AR) ** BINGO with your Neighbors (AR)	2 ** FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 2:00 Walker Wright Rejoicing Rhythms (AR)	3 **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) ** Exercise (AR)	4 ** FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 BINGO (Activity Room) 3:30 Kirkwood Bible Study (AR)	5 9:35 Gentle Chair Yoga with Gloria (AR) **Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship and Communion (C) 3:30 Susan Lawrence Guitar/Vocals (C)	6 **Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 Act Out with Abby (Activity Room) 3:30 The Alexander's Saxophone and Vocals (Chapel)	7 **Ball Toss on the Hall **Happy Hands Hydration Snack/Chat Social (AR) 1:30 Rose Moreland Piano Sing Along (AR)
8 **Devotion 10:00 Dawson Worship on TV **Happy Hands Hydration Snack/Chat Social (AR) ** with your friends (AR)	9 <u>Beauty Shop Day</u> 9:30 Jazzin with Jackie (Activity Room) **Happy Hands Hydration Snack/Chat Social (AR) 2:30 May Birthdays Celebration (Chapel)	10 <u>PODIATRIST TODAY!</u> **Walking Club ** Hydration Snack/Chat Social (AR) 11:00 Hungry Valley Boys Blue Grass (Chapel) 11:00 Walker Wright Rejoicing Rhythms (AR) **Exercise (AR)	11 ** FITIFY Fitness (AR) **Hydration Snack/Chat Social (AR) 10:30 BINGO (AR) 2:00 Just Friends Music Quintet (C) 3:30 Kirkwood Bible Study (AR)	12 9:35 Laughter Yoga with She She **Hydration Snack/Chat (AR) 9:30 Dr Jill Byrd Audiologist (OLC) 11:00 Kirkwood Worship and Communion (C) 2:00 Shapes and Numbers Craft W/ She She (AR)	13 ** Exercise (AR) **Hydration Snack/Chat Social (AR) 10:30 Act Out with Abby (Activity Room) 1:30 Blake Franklin Guitar/Vocals (AR) 3:30 Johnny Wayne Abbott Willie Nelson Tribute (C)	14 **Ball Toss on the Hall **Hydration Snack/Chat Social (AR) 2:00 Ray Reach Piano/Vocals (Activity Room) 6:00 Lawrence Welk Show Ch4
15 **Devotion 10:00 Dawson Worship on TV **Hydration Snack/Chat Social (AR) ** w/ your Neighbors (AR)	16 <u>Beauty Shop Day</u> ** FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 2:00 Walker Wright Rejoicing Rhythms (AR)	17 **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) ** Exercise (AR) 10:30 Loyce & Fred Piano/Sing Along (AR) 3:30 Harmony Hills Chorus (C)	18 * FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 BINGO(AR) 3:30 Kirkwood Bible Study (AR)	19 9:35 Gentle Chair Yoga with Gloria (AR) **Happy Hands Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (C) 2:00 The Trussville Ukulele Strummers	20 **Exercise (AR) **Happy Hands Hydration Snack/Chat Social (AR) 10:30 Act Out with Abby (Activity Room)	21 **Ball Toss on the Hall **Happy Hands Hydration Snack/Chat Social (AR) 1:30 Carolyn Price Piano/Sing Along (AR)

MAY 2022 KIRKWOOD LANE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 **Devotion 10:00 Dawson Worship on TV **Hydration Snack/Chat Social (AR) 1:30 Susan Lawrence Guitar/Vocals (AR) **BINGO w/ your Neighbors (AR)	23 <u>Beauty Shop Day</u> 9:30 Jazzin with Jackie (Activity Room) **Happy Hands Hydration Snack/Chat Social (AR)	24 **Walking Club **Hydration Snack/Chat Social (AR) 10:30 Jessica Scott Guitar/Vocals (AR) **Exercise (AR) 2:00 Walker Wright Rejoicing Rhythms (AR) 7:00 KW Sing Along Patsy/Joe/Friends (C)	25 **FITIFY Fitness (AR) ** Hydration Snack/Chat Social (AR) 10:30 BINGO (AR) 3:30 Kirkwood Bible Study (AR)	26 **Exercise (AR) **Hydration Snack/Chat Social (AR) 11:00 Kirkwood Worship (Chapel)	27 **Exercise (AR) **Hydration Snack/Chat Social (AR) 10:30 Act Out with Abby (AR) 1:30 Blake Franklin Guitar/Vocals (AR) 3:30 "Hymnathon" Ray Reach Piano/ Vocals (C)	28 **Ball Toss on the Hall **Happy Hands Hydration Snack/Chat Social (AR)
29 **Devotion 10:00 Dawson Worship on TV **Happy Hands Hydration Snack/Chat Social (AR) ** with your friends (AR)	30 <u>Beauty Shop Day</u> ** FITIFY Fitness (AR) **Happy Hands Hydration Snack/Chat Social (AR) 2:00 Art Class w/ She She (C)	31 **Walking Club **Happy Hands Hydration Snack/Chat Social (AR) **Exercise (AR)	CLAUDIA REACH Life Enrichment Director ABBY THOMASON Life Enrichment Coordinator MARY CONNER Life Enrichment Coordinator 205-956-2184 X172 creach@kirkwoodbytheriver.com athomasonkirkwoodbytheriver.com \$	<u>HAPPY BIRTHDAY!</u> Will Hunt 8 th Ruth Wise 14 th Georgia Sewell 8 th Vivien Harmon 18 th Craig Seitz 11 th Doodle Oliver 20 th Jean Seitz 26 th		
<p>Your mind is a GARDEN... Your thoughts are the SEEDS... You can grow FLOWERS... Or you can grow WEEDS!</p>				<u>LEGEND*</u> (AL-DR) Assisted Living (L) Library-SV301 Dining Room (LR) Living Room (AR) Activity Room (OC) Overlook Cafe Kirkwood Lane (P) Pool (C) Chapel (TTL) Tree Top Lounge (H) Hideaway (SN) Skilled Nursing		

***DEPARTURE TIMES – PLEASE MEET IN LOBBY AT THE DESIGNATED TIME. ALL ACTIVITIES ARE SUBJECT TO CHANGE.**