

# NOV 2022 INDEPENDENT LIVING

| SUNDAY  | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY  |
|---|---|--|--|--|---|---|
|   |   | <b>1</b><br>10:00 Men's Coffee and Conversation<br>11:00 <u>Slim Pickins Band</u> (C)<br><b>2:00 Kirkwood Bible Study</b> (C)<br>3:30 <u>Susan Lawrence</u> Guitar/Vocals  | <b>2</b><br>9:00 Exercise (C)<br><b>*9:30 Publix</b><br>10:30 Ctrg Prayer (C)<br><b>*1:15 Winn Dixie</b><br>1:30 SFX Catholic Communion (H)<br>1:30 Wii Bowling<br>4:00 Residents' Social Hour (OLC)               | <b>3</b><br>9:00 Balance Class with <u>Tonya</u> (C)<br><b>11:00 All Saints Day Worship</b> (C)<br>1:15 Dominos<br>3:30 <u>Marian McKay and Friends</u> (C)  | <b>4</b><br>9:00 Exercise (C)<br><b>*10:00 The Summit Shopping Trip</b><br>1:30 <u>GBHS Pet Session</u><br>3:30 <u>The Alexander's</u> Saxophone/Vocals   | <b>5</b><br>6:00 Lawrence Welk Show - Ch 4<br><b>ALABAMA VS LSU AUBURN VS MISSISSIPPI STATE</b>   |
| <b>6</b><br><b>DAYLIGHT SAVING TIME ENDS</b><br><b>*10:15 IPC Worship</b><br>3:30 Episcopal Communion (C) | <b>7</b><br>9:00 Jazzin' w/ <u>Jackie</u><br>10:00 Mending (OLC)<br>11:00 Boccia Ball w/ <u>Foxy</u> (OLC)<br>1:30 Bridge (OLC)<br><b>3:00 Residents' Asso. Mtg</b> (C)<br>7:00 Bingo Night (C) | <b>8</b><br><b>GENERAL ELECTION</b><br>Massage Therapy<br>10:00 Men's Coffee & Conversation (OLC)<br><b>*10:00 Trip to the Polls to Vote</b><br><b>2:00 Kirkwood Bible Study</b> (C)<br>3:30 <u>Ann Rutland</u> (C)<br>Author-Happy Life Of Christopher Tree | <b>9</b><br>9:00 Exercise (C)<br><b>*9:30 Publix</b><br>10:00 Mat Makers<br>11:00 Kirkwood Centering Prayer (C)<br><b>*1:15 Winn Dixie</b><br>1:30 SFX Catholic Communion (H)<br>4:00 Residents' Social Hour (OLC) | <b>10</b><br>9:00 Laughter Yoga<br><b>11:00 KW Worship &amp; Communion</b><br>1:15 Hand & Foot Card Game (OLC)<br>3:30 <u>Tom Bailey</u><br><u>Nat King Cole</u> w/ <u>Ray Reach</u> (C)                             | <b>11</b><br>9:00 Exercise (C)<br><b>*10:00 Walgreens and CVS</b><br><b>11:00 Veterans Day Program</b> (C)<br>2:00 Kirkwood Book Club (H)<br>3:30 <u>Johny Wayne Abbott</u>   | <b>12</b><br><b>10:30 Rosary w/ Ann Cote'</b> (OLC)<br>6:00 Lawrence Welk Show-Ch 4<br><b>AUBURN VS TEXAS A&amp;M ALABAMA VS OLE MISS</b> |
| <b>13</b><br><b>*10:15 IPC Worship</b><br>3:30 Episcopal Communion (C)                                    | <b>14</b><br>9:00 Jazzin' with <u>Jackie</u> (Chapel)<br>10:30 Ladies Circle<br>1:30 Bridge<br><b>2:30 November Bdays Celebration</b><br>7:00 Bingo Night (C)                                   | <b>15</b><br>Massage Therapy(H)<br><b>*9:15 Lunch - Southern Kitchen</b><br>10:00 Men's C&C<br><b>No KW Bible Study!</b><br>2:30 <u>Brian&amp;Loren</u> (C)<br>3:30 Black Jack Card Game (OLC)   | <b>16</b><br>9:00 Exercise (C)<br><b>*9:30 Publix</b><br>11:00 KW Ctg Pyr (C)<br><b>*1:15 Winn Dixie</b><br>1:30 SFX Catholic Communion (H)<br>2:30 Mahjong<br>4:00 Residents' Social Hour (OLC)                   | <b>17</b><br>9:00 Balance Class with <u>Gloria</u> (C)<br>10:00 <u>Dr Jill Byrd</u> Audiologist(OLC)<br><b>11:00 Kirkwood Worship</b> (C)<br>1:30 <u>H-I-P Pet Therapy Visit</u> (OLC)<br>3:30 <u>Ray Reach Trio</u> | <b>18</b><br>9:00 Exercise (C)<br><b>*10:00 Dollar Tree Shopping Trip</b><br>10:30 <u>Ricky/Mary Anne/Patsy</u> Concert<br>1:00 MT Dominos (OLC)<br>3:30 <u>Dr. Victoria Ott</u> Civil War Series (C)<br>6:30 Movie Night | <b>19</b><br>6:00 Lawrence Welk Show-Ch 4<br>ALAMABA<br><b>VS AUSTIN PEAY AUBURN VS WKU</b>   |

# NOVEMBER 2022 INDEPENDENT LIVING (CONTINUED)

| SUNDAY  | MONDAY   | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   |
|---|--|--|--|---|--|--|
| <p><b>20</b><br/> <b>NAT'L BIBLE WK</b><br/> <b>*10:15 IPC</b><br/> <b>Worship</b><br/> <b>*2:00 SuperJazz</b><br/> <b>Concert JC-HS</b><br/>                     3:30 Episcopal<br/>                     Communion (C)</p> | <p><b>21</b><br/>                     9:00 Jazzin' w/<u>Jackie</u><br/>                     1:30 Bridge<br/>                     1:30 Hand &amp; Foot<br/>                     4:00 <u>Dolores Hydock</u><br/>                     Literary Hour<br/>                     7:00 Bingo Night</p>     | <p><b>22</b><br/>                     Massage Therapy<br/>                     10:00 Men's Coffee &amp;<br/>                     Conversation (OLC)<br/> <b>*10:15 Lunch</b><br/> <b>2:00 Kirkwood</b><br/> <b>Bible Study (C)</b><br/>                     3:30 <u>Dr. Julie Williams</u><br/>                     7:00 KW Sing Along</p> | <p><b>23</b><br/>                     9:00 Exercise (C)<br/> <b>*9:30 Publix</b><br/>                     10:00 Mat Makers<br/>                     11:00 KW CTG Pyr<br/> <b>*1:15 Winn Dixie</b><br/>                     1:30 RCC Communion<br/>                     2:30 <u>Niki Sepsas</u>(C)<br/>                     4:00 Social Hour<br/>                     6:30 Evening Film (C)</p> | <p><b>24</b><br/> <b>11:00 Kirkwood</b><br/> <b>Thanksgiving</b><br/> <b>Day Worship (C)</b><br/>                     2:00 Thursday<br/>                     Afternoon Film (C)</p> | <p><b>25</b><br/> <b>No Exercise Today!</b><br/> <b>No Shopping Trips</b><br/> <b>Today!</b><br/>                     2:00 Afternoon Film(C)<br/>                     6:30 Movie Night (C)</p> | <p><b>26</b><br/>                     10:30 Rosary with<br/> <u>Ann Cote'</u> (OLC)<br/>                     6:00 Lawrence Welk<br/>                     Show, Ch. 4<br/> <br/> <b>AUBURN</b><br/> <b>VS ALABAMA</b><br/> <b>ALABAMA</b><br/> <b>VS AUBURN</b></p> |
| <p><b>27</b><br/> <b>*10:15 IPC</b><br/> <b>Worship</b><br/>                     3:30 Episcopal<br/>                     Communion (C)<br/> <b>6:00 Patsy's</b><br/> <u>Hymn Sing</u></p>                                   | <p><b>28</b><br/>                     9:00 Jazzin' w/ Jackie<br/>                     1:30 Bridge Games<br/>                     2:00 Art Class and<br/>                     Christmas BoxMaking<br/>                     with <u>She She</u> (C)<br/>                     7:00 Bingo Night(C)</p> | <p><b>29</b><br/>                     Massage Therapy<br/>                     10:00 Men's Coffee &amp;<br/>                     Conversation<br/> <b>*10:30 Lunch</b><br/> <b>2:00 Kirkwood</b><br/> <b>Bible Study (C)</b><br/>                     3:30 <u>The Dill Chips</u><br/> <u>Norton &amp; Theresa</u> (C)</p>                  | <p><b>30</b><br/>                     9:00 Exercise (C)<br/> <b>*9:30 Publix</b><br/>                     11:00 KW Ctg Pyr (C)<br/> <b>*1:15 Winn Dixie</b><br/>                     1:30 SFX Catholic<br/>                     Communion (H)<br/>                     2:00 <u>Shalom Hand</u><br/> <u>Bell Duo</u> (C)<br/>                     4:00 Social Hour</p>                          |   |  |  |

**\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**