

SEPTEMBER 2023 HILLSIDE ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p style="text-align: center;">CLAUDIA REACH Life Enrichment Director</p> <p style="text-align: center;">VALERIA DOSS Life Enrichment Coordinator</p> <p style="text-align: center;">205-956-2184 X172</p> <p style="text-align: center;">creach@kirkwoodbytheriver.com vdoss@kirkwoodbytheriver.com</p>	<p style="text-align: center;">1</p> <p>9:45 Exercise (AL/AR) *11:30 Barber Motorsports Museum Tour & Lunch 3:30 <u>The ARK Combo</u> (C) 6:30 Friday Movie (C)</p>	<p style="text-align: center;">2</p> <p>6:00 Lawrence Welk Show - Ch 4 ALABAMA VS MIDDLE TENNESSEE AUBURN VS UMASS</p>
<p style="text-align: center;">3</p> <p>*9:00 IPC Worship 11:00 IPC Worship **Live** (TTL&HS/AL) 3:30 Episcopal Communion (C)</p>	<p style="text-align: center;">4</p> <p><i>No Jazzin' Jackie!</i> <i>No Exercise Class!</i> 1:00 Bunco (OLC) 2:30 Monday Afternoon Film (Chapel) 7:00 Bingo (CCC)</p>	<p style="text-align: center;">5</p> <p>Massage Therapy (RV) 10:00 Men's Coffee & Conversation (AL/PDR) 11:00 <u>Slim Pickins</u> (C) 1:00 Pool Class (P) 2:00 Bible Study (C) 3:30 <u>Susan Lawrence</u> (C) *5:15 Irondale City Council Meeting Homer McGough</p>	<p style="text-align: center;">6</p> <p>9:45 Exercise Class (HS/AL/AR) *9:00 Publix (OLC) 10:30 Ctg Prayer (C) 1:30 Bible Study (HS/MC/AR) 1:30 SFX Catholic Communion (H) 4:00 Residents' Social Hour (OLC)</p>	<p style="text-align: center;">7</p> <p>9:00 Balance Class (WC) 11:00 Worship and Communion (C) 12:15 <u>Connie Skellie</u> Violin Serenade (MDR) 1:00 Pool Class (P) 2:00 Hand & Foot Card Games (CCC) 3:30 <u>Chuck King- and Miss Calliope</u> (C)</p>	<p style="text-align: center;">8</p> <p>9:45 Exercise (AL/AR) 10:30 <u>Ricky, Mary Anne & Patsy Sing Along</u> (C) *12:45 The Pinnacle and Target 2:00 Book Club (H) 3:30 <u>Johny Wayne Abbott-Willie</u> Nelson Tribute (C) 6:30 Movie Night (C)</p>	<p style="text-align: center;">9</p> <p>10:30 Rosary with <u>Ann Cote'</u> (HS/MC/LR)) 6:00 Lawrence Welk Show - Ch 4 AUBURN VS CALIFORNIA ALABAMA VS TEXAS</p>
<p style="text-align: center;">10</p> <p>*10:00 IPC Worship 11:00 IPC Worship **Live** (TTL&HS/AL) 3:30 Episcopal Communion (C)</p> <p style="text-align: center;">NATL ASST LIVING WK SEASON OF REFLECTION</p>	<p style="text-align: center;">11</p> <p>9:00 Jazzin' Jackie (HS/AL/AR) 9:45 Exercise (HS/AL/AR) 10:00 Mending (OLC) 11:00 Boccia Ball (WC) 1:00 Bunco (OLC) 3:00 Residents' Asso. Mtg (C) 7:00 Bingo (CCC)</p>	<p style="text-align: center;">12</p> <p>Massage Therapy (RV) 10:00 Men's Coffee & Conversation (AL/PDR) 11:00 Patriot Program with Ret. Col Grant-(C) 1:00 Pool Class (P) 2:00 Bible Study (C) 3:30 <u>Harmony Hills Female Vocals</u> (C)</p>	<p style="text-align: center;">13</p> <p>9:45 Exercise (AL/AR) *9:00 Publix 10:00 MatMakers (OLC) 11:00 Ctg Prayer (C) 1:30 Bible Study (HS/MC/AR) 1:30 SFX Catholic Communion (H) 1:30 Wii Bowling (CCC) 3:15 Drumming w/<u>Kim</u> (HS/AL/AR) 4:00 Social Hour (OLC)</p>	<p style="text-align: center;">14</p> <p>9:00 Balance Class (WC) 11:00 Worship (C) 1:00 Pool Class (P) 2:00 <u>Birmingham Harmony Belles</u> Female Vocal Trio (C) 3:15 <u>Dominos</u> (CCC) NATL ASSISTED LIVING WK SEASON OF REFLECTION</p>	<p style="text-align: center;">15</p> <p>9:45 Exercise (AL/AR) 10:30 <u>Jessica Scott</u> Guitar/Vocals (AL/AR) *12:45 Walgreens and CVS 1:20 GBHS Dog Petting Session (AL/AR) 3:00 <u>The Great Minds Of Bham</u> (C) <u>Aunie-Jay David-Scott</u> 6:30 Movie (C)</p>	<p style="text-align: center;">16</p> <p>6:00 Lawrence Welk Show- Channel 4 ALABAMA VS USF AUBURN VS SAMFORD</p>

SEPTEMBER 2023 HILLSIDE ASSISTED LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																				
<p>17 *10:00 IPC Worship 11:00 IPC Worship **Live** (TTL&HS/AL) 3:30 Episcopal Communion (C) 6:30 Patsy's Hymn Sing(C)</p>	<p>18 9:00 Jazzin' Jackie (HS/AL/AR) <i>No Hillside Exercise!</i> 10:00 HillSide Residents' Asso Mtg (HS/AL/AR) 1:00 Bunco (OLC) 2:30 September Birthdays (C) 7:00 Bingo (CCC)</p>	<p>19 PODIATRIST TODAY! Massage Therapy(RV) 10:00 Men's C&C (HS/AL/PDR) *10:00 Lunch Niki's West 1:00 Pool Class (P) 2:00 Bible Study (C) 3:15 Hand and Foot Cards (CCC)</p>	<p>20 9:45 Exercise(AL/AR) *9:00 Publix 11:00 Ctg Prayer (C) 1:30 Bible Study (HS/MC/AR) 1:30 SFX Catholic Communion (H) 2:00 Mahjong 4:00 Social Hour(OLC)</p>	<p>21 9:00 BalanceClass(WC) 1:00 Pool Class (P) 11:00 Worship (C) 3:30 Mac and Moss Combo - Guitar/Bass/Vocals (C)</p>	<p>22 9:45 Exercise (AL/AR) *12:45 Dollar Tree 3:30 <u>Dr.Jason Kirby Bham Botanical Gardens</u> - Thomas Jefferson Flowers (C) 6:30 Movie Night (C)</p>	<p>23 10:30 Rosary with <u>Ann Cote'</u>(HS/MC/LR)_ 6:00 Lawrence Welk Show Channel 4 AUBURN VS TEXAS A&M ALABAMA VS OLE MISS</p>																				
<p>24 *10:00 IPC Worship 11:00 IPC Worship **Live** (TTL&HS/AL) 3:30 Episcopal Communion (C)</p>	<p>25 9:00 Jazzin' Jackie (HS/AL/AR) 9:45 Exercise (AL) 10:30 Kirkwood Ladies Circle (OLC) 1:00 Bunco (OLC) 4:00 <u>Dolores Hydock Literary Hour</u> (C) 7:00 Bingo (CCC)</p>	<p>26 Massage Therapy(RV) 10:00 Men's Coffee & Convo (AL/PDR) 1:00 Pool Class (P) 2:00 Bible Study (C) 3:30 <u>Marian McKay Trio</u> Guitar/Vocals 7:00 Sing Along <u>Patsy/Joe/Friends</u> (C)</p>	<p>27 9:45 Exercise (AL) *9:00 Publix 10:00 MatMakers(OLC) 11:00 Ctg Prayer (C) 1:30 Bible Study (HS/MC/AR) 1:30 SFX Catholic Communion (H) 2:00 <u>Samford Music Student Concert</u> (C) 4:00 Social Hour(OLC)</p>	<p>28 9:00 Balance Class(WC) 9:30 <u>Dr. Jill Byrd Audiologist</u> (AL/AR) 11:00 Worship (C) 1:00 Pool Class (P) 1:20 <u>Hand-In-Paw Pet Therapy Visit</u> (AL/AR) 2:30 Dominos(CCC)</p>	<p>29 *8:30 Cullman Oktoberfest Senior Day-Bingo-Free Hamburger Lunch-German Music 9:45 Exercise (AL/AR) *12:45 WalMart 2:30 Art Class (AL/AR) 6:30 Movie Night "The Artist" (C)</p>	<p>30 6:00 Lawrence Welk Show Channel 4 ALABAMA VS MISSISSIPI STATE AUBURN VS GEORGIA</p>																				
<p>*FREE MENDING* Monday September 12th Rebecca Mason Martha Lee Culp Kathy Leaver OverLook Cafe</p>	<p>*AGNEW* *JEWELERS* Trussville REPLACE WATCH BATTERIES **FREE**</p>	<p>*GREATER* *BIRMINGHAM* *HUMANE SOCIETY* ***** SAVE YOUR NEWSPAPERS! *****</p>	<p>**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe September 5th September 12th September 19th September 26th 205-902-7966</p>	<p style="text-align: center;">*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td>(C) Chapel</td> <td>(L) Library-Riverview</td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td>(LR) Living Room</td> </tr> <tr> <td>(H) Hideaway</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td>(HS/AL/AR) HillSide Assisted Living</td> <td>(P) Pool</td> </tr> <tr> <td>(HS/MC/AR) HillSide Assisted Living</td> <td>(RV) RiverView-Massage Room</td> </tr> <tr> <td>Memory Care</td> <td>(RV/WC) RiverView Wellness Room</td> </tr> <tr> <td>Activities Room (TTL) Tree Top Lounge</td> <td>(SN) Skilled Nursing</td> </tr> <tr> <td>(HS/AL/PDR)HillSide Assisted Living</td> <td>Private Dining Room</td> </tr> <tr> <td>(HS/AL/FR) HillSide Assisted Living</td> <td>Fitness Room</td> </tr> <tr> <td>(HS/AL/V) HillSide Veranda</td> <td></td> </tr> </table>		(C) Chapel	(L) Library-Riverview	(CCC) Cahaba Cultural Center	(LR) Living Room	(H) Hideaway	(OLC) Overlook Cafe	(HS/AL/AR) HillSide Assisted Living	(P) Pool	(HS/MC/AR) HillSide Assisted Living	(RV) RiverView-Massage Room	Memory Care	(RV/WC) RiverView Wellness Room	Activities Room (TTL) Tree Top Lounge	(SN) Skilled Nursing	(HS/AL/PDR)HillSide Assisted Living	Private Dining Room	(HS/AL/FR) HillSide Assisted Living	Fitness Room	(HS/AL/V) HillSide Veranda	
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***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**