

SEPTEMBER 2023 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<p>CLAUDIA REACH Life Enrichment Director</p> <p>VALERIA DOSS Life Enrichment Coordinator</p> <p>205-956-2184 X172</p> <p>creach@kirkwoodbytheriver.com vdoss@kirkwoodbytheriver.com</p>	<p>1</p> <p>9:00 Exercise Class(WC)</p> <p>*11:30 Barber Motorsports Museum Tour & Lunch</p> <p>3:30 <u>The ARK Combo</u>(C)</p> <p>Hammered Dulcimer/ Guitar/Bass</p> <p>6:30 Movie Night (C)</p>	<p>2</p> <p>6:00 Lawrence Welk Show - Ch 4</p> <p>ALABAMA VS MIDDLE TENNESSEE AUBURN VS UMASS</p>
<p>3</p> <p>*9:15 IPC Worship</p> <p>11:00 IPC Worship **Live** (TTL&HS/AL)</p> <p>3:30 Episcopal Communion (C)</p>	<p>4</p> <p>No Jazzin' with Jackie Today!</p> <p>1:00 Bunco (OLC)</p> <p>2:30 Movie (C)</p> <p>7:00 Monday Night (CCC)</p>	<p>5</p> <p>Massage Therapy (RV)</p> <p>10:00 Men's Coffee & Conversation (HS/AL)</p> <p>11:00 <u>Slim Pickins Band Blue Grass</u> (C)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Bible Study (C)</p> <p>3:30 <u>Susan Lawrence</u></p> <p>*5:15 Irondale City Council Meeting Honoring Homer McGough</p>	<p>6</p> <p>9:00 Exercise (WC)</p> <p>*9:15 Publix (OLC)</p> <p>10:30 Ctg Prayer (C)</p> <p>1:30 SFX Catholic Communion (H)</p> <p>4:00 Social Hour(OLC)</p>	<p>7</p> <p>9:00 Balance Class (WC)</p> <p>11:00 Worship and Communion (C)</p> <p>12:15 <u>Connie Skellie Violin Serenade</u> (MDR)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Hand & Foot Card Games (CCC)</p> <p>3:30 <u>Chuck King and Miss Calliope</u> (C)</p>	<p>8</p> <p>9:00 Exercise Class(WC)</p> <p>10:30 <u>Ricky and Mary Anne & Patsy Sing Along</u> (C)</p> <p>Banjo/Guitar/Piano/Vocals</p> <p>*1:00 The Pinnacle and Target</p> <p>2:00 Book Club (H)</p> <p>3:30 <u>Johny Wayne Abbott-Willie Nelson Tribute</u> (C)</p> <p>6:30 Movie Night (C)</p>	<p>9</p> <p>10:30 Rosary with <u>Ann Cote'</u> (HS/MC/LR))</p> <p>6:00 Lawrence Welk Show - Ch 4</p> <p>AUBURN VS CALIFORNIA ALABAMA VS TEXAS</p>
<p>10</p> <p>*10:15 IPC Worship</p> <p>11:00 IPC Worship **Live** (TTL&HS/AL)</p> <p>3:30 Episcopal Communion (C)</p> <p>NATL ASST LIVING WK SEASON OF REFLECTION</p>	<p>11</p> <p>9:00 Jazzin' <u>Jackie</u> (HS/AL/AR)</p> <p>10:00 Mending (OLC)</p> <p>11:00 Boccia Ball(WC)</p> <p>1:00 Bunco (OLC)</p> <p>3:00 Residents' Association Mtg (C)</p> <p>7:00 Bingo (CCC)</p>	<p>12</p> <p>Massage Therapy(RV)</p> <p>10:00 Men's Coffee & Conversation (HS/AL)</p> <p>11:00 Patriot Program with Ret. Col Grant (C)</p> <p>1:00 Pool Class (P)</p> <p>2:00 Bible Study (C)</p> <p>3:30 <u>Harmony Hills Female Vocals</u>(C)</p>	<p>13</p> <p>9:00 Exercise (WC)</p> <p>*9:15 Publix</p> <p>10:00 MatMakers(OLC)</p> <p>11:00 Ctg Prayer (C)</p> <p>1:30 SFX Catholic Communion (H)</p> <p>1:30 WiiBowling(CCC)</p> <p>3:15 Drumming w/<u>Kim</u> (HS/AL/AR)</p> <p>4:00 Social Hour(OLC)</p>	<p>14</p> <p>9:00 Balance Class (WC)</p> <p>11:00 Worship (C)</p> <p>1:00 Pool Class (P)</p> <p>2:00 <u>Birmingham Harmony Belles</u> Female Vocal Trio (C)</p> <p>3:15 Dominos (CCC)</p> <p>NATL ASSISTED LIVING WK SEASON OF REFLECTION</p>	<p>15</p> <p>9:00 Exercise Class(WC)</p> <p>10:30 <u>Jessica Scott</u> Guitar/Vocals (HS/AL)</p> <p>*1:00 Walgreens/CVS</p> <p>1:40 GBHS Dog Petting Session (OLC)</p> <p>3:00 The Great Minds Of Bham (C)</p> <p><u>Aunie-JayDavid-Scott</u></p> <p>6:30 Movie Night (C)</p>	<p>16</p> <p>6:00 Lawrence Welk Show- Channel 4</p> <p>ALABAMA VS USF AUBURN VS SAMFORD</p>

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																								
<p>17 *10:15 IPC Worship 11:00 IPC Worship **Live** (TTL&HS/AL) 3:30 Episcopal Communion (C) 6:30 Patsy's Hymn Sing (C)</p>	<p>18 9:00 Jazzin' Jackie (HS/AL/AR) 1:00 Bunco (OLC) 2:30 September Birthdays Celebration (CCC) 7:00 Bingo (CCC)</p>	<p>19 PODIATRIST TODAY! Massage Therapy(RV) 10:00 Men's C&C (HS/AL/PDR) *10:00 Lunch Niki's West 1:00 Pool Class (P) 2:00 Bible Study (C) 3:15 Hand and Foot Cards (CCC)</p>	<p>20 9:00 Exercise (WC) *9:15 Publix 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 2:00 Mahjong 4:00 Social Hour(OLC)</p>	<p>21 9:00 Balance Class(WC) 1:00 Pool Class (P) 11:00 Worship (C) 3:30 Mac and Moss Combo - Guitar/Bass/Vocals (C)</p>	<p>22 9:00 Exercise (WC) *1:00 Dollar Tree 3:30 Dr.Jason Kirby Bham Botanical Gardens - Thomas Jefferson Flowers (C) 6:30 Movie Night (C)</p>	<p>23 10:30 Rosary with Ann Cote'(HS/MC/LR)_ 6:00 Lawrence Welk Show Channel 4 AUBURN VS TEXAS A&M ALABAMA VS OLE MISS</p>																								
<p>24 *10:15 IPC Worship 11:00 IPC Worship **Live** (TTL&HS/AL) 3:30 Episcopal Communion (C)</p>	<p>25 9:00 Jazzin' Jackie (HS/AL/AR) 10:30 Kirkwood Ladies Circle (OLC) 1:00 Bunco (OLC) 4:00 Dolores Hydock Literary Hour (C) 7:00 Bingo (CCC)</p>	<p>26 Massage Therapy(RV) 10:00 Men's Coffee & Conversation (HS/AL) 1:00 Pool Class (P) 2:00 Bible Study(C) 3:30 Marian McKay Trio Guitar/Bass 7:00 Sing Along Patsy/Joe/Friends (C)</p>	<p>27 9:00 Exercise (WC) *9:15 Publix 10:00 MatMakers(OLC) 11:00 Ctg Prayer(C) 1:30 SFX Catholic Communion (H) 2:00 Samford Music Student Concert(C) 4:00 Social Hour(OLC)</p>	<p>28 9:00 Balance Class (WC) 10:15 Dr. Jill Byrd Audiologist (OLC) 11:00 Worship (C) 1:00 Pool Class (P) 1:40 Hand-In-Paw Pet Therapy Visit(OLC) 2:30 Dominos (CCC)</p>	<p>29 *8:30 Cullman Oktoberfest Senior Day- Bingo-Free Hamburger Lunch German Music No Exercise Class! *1:00 WalMart 2:30 Art Class (AL/AR) 6:30 Movie Night "The Artist" (C)</p>	<p>30 6:00 Lawrence Welk Show Channel 4 ALABAMA VS MISSISSIPPI STATE AUBURN VS GEORGIA</p>																								
<p>*FREE MENDING* Monday September 12th Rebecca Mason Martha Lee Culp Kathy Leaver OverLook Cafe</p>	<p>*AGNEW JEWELERS* Trussville REPLACE WATCH BATTERIES **FREE**</p>	<p>*GREATER* *BIRMINGHAM* *HUMANE SOCIETY* ***** SAVE YOUR NEWSPAPERS! *****</p>	<p>**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe September 5th September 12th September 19th September 26th 205-902-7966</p>	<p style="text-align: center;">*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td>(C) Chapel</td> <td>(L) Library-Riverview</td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td>(RV/WC) RiverView Wellness Room</td> </tr> <tr> <td>(H) Hideaway</td> <td>(LR) Living Room</td> </tr> <tr> <td>(HS/AL/AR) HillSide</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td>Assisted Living</td> <td>(P) Pool</td> </tr> <tr> <td>Activities Room (RV)</td> <td>RiverView-Massage Room</td> </tr> <tr> <td>(HS/MC/AR)HillSide</td> <td>(RV/WC) RiverView Wellness Room</td> </tr> <tr> <td>Memory Care</td> <td>Tree Top Lounge</td> </tr> <tr> <td>Activities Room (TTL)</td> <td>(SN) Skilled Nursing</td> </tr> <tr> <td>(HS/AL/PDR)HillSide</td> <td>Assisted Living Private Dining Room</td> </tr> <tr> <td>(HS/AL/FR) HillSide</td> <td>Assisted Living Fitness Room</td> </tr> <tr> <td>(HS/AL/V) HillSide</td> <td>Veranda</td> </tr> </table>		(C) Chapel	(L) Library-Riverview	(CCC) Cahaba Cultural Center	(RV/WC) RiverView Wellness Room	(H) Hideaway	(LR) Living Room	(HS/AL/AR) HillSide	(OLC) Overlook Cafe	Assisted Living	(P) Pool	Activities Room (RV)	RiverView-Massage Room	(HS/MC/AR)HillSide	(RV/WC) RiverView Wellness Room	Memory Care	Tree Top Lounge	Activities Room (TTL)	(SN) Skilled Nursing	(HS/AL/PDR)HillSide	Assisted Living Private Dining Room	(HS/AL/FR) HillSide	Assisted Living Fitness Room	(HS/AL/V) HillSide	Veranda
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***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**