

# OCTOBER 2023 HILLSIDE MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> **Devotion (MC/AR) <b>10:00 Dawson Worship on TV</b> 10:30 Snack/Chat Social (MC/AR)	<b>2</b> <b>Beauty Shop Day</b> <b>9:45 Jazzin' Jackie (MC/AR)</b> **Snack/Chat Social <b>2:00 Walker Wright Rejoicing Rhythms (MC/AR)</b>	<b>3</b> **Walking Club **Snack/Chat Social (HS/MC/AR) <b>11:00 Slim Pickins Band Blue Grass Country(C)</b> **Exercise (MC/AR)	<b>4</b> ** <b>FITIFY</b> Fitness **Snack Chat Social (MC/AR) <b>10:30 Bingo (MC/AR)</b> <b>2:00 HS Bible Study (HS/MC/AR)</b>	<b>5</b> <b>9:45 Gentle Chair Yoga (MC/AR)</b> **Snack/Chat Social (MC/AR) <b>11:00 Worship &amp; Communion(C)</b> <b>1:30 Connie Skellie Violin (MC/AR)</b> <b>*3:00 Cruisin' 'Round Town</b>	<b>6</b> **Exercise(MC/AR) **Snack/Chat Social (MC/AR) <b>10:30 Win Schepps Banjo (MC/AR)</b> <b>1:00 GBHS(MC/AR)</b> <b>3:30 Kara Lancaster Piano/Vocals (C)</b>	<b>7</b> **Ball Toss **Snack/Chat Social (MC/AR) <b>1:30 Rose Moreland Sing Along (MC/AR)</b> <b>6:00 Lawrence Welk Show-TV</b>
<b>8</b> **Devotion (MC/AR) <b>10:00 Dawson Worship on TV</b> **Snack/Chat Social (MC/AR) **Bingo (MC/AR)	<b>9</b> <b>Beauty Shop Day</b> <b>9:45 Jazzin' Jackie (MC/AR)</b> **Snack/Chat Social (MC/AR) <b>2:30 October Birthdays (CCC)</b>	<b>10</b> <b>9:30 Laughter yoga (MC/AR)</b> **Walking Club **Snack/Chat Social (AL/AR) <b>11:00 Walker Wright Rejoicing Rhythms (MC/AR)</b> **Exercise (MC/AR)	<b>11</b> ** <b>FITIFY</b> Fitness (MC/AR) **Snack/Chat Social (MC/AR) <b>10:30 Bingo (MC/AR)</b> <b>2:00 HS Bible Study (MC/AR)</b>	<b>12</b> <b>9:45 Gentle Chair Yoga (MC/AR)</b> **Snack/Chat Social (MC/AR) <b>11:00 Worship(C)</b> <b>*2:30 Cruisin' 'Round Town</b>	<b>13</b> **Exercise (MC/AR) **Snack Chat Social (MC/AR) <b>10:30 Ricky-Mary Anne-SingAlong(C)</b> <b>1:30 Blake Franklin (MC/AR)</b> <b>3:30 Tommy Ellison "Tomfoolery" (CCC)</b>	<b>14</b> **Ball Toss <b>10:30 Rosary-Ann Cote' (HS/AL/LR)</b> **Snack/Chat Social (MC/AR) <b>2:00 Johnny Wayne Abbott (MC/AR)</b> <b>6:00 Lawrence Welk</b>
<b>15</b> **Devotion (MC/AR) <b>10:00 Dawson Worship on TV</b> **Snack/Chat Social (MC/AR) **Bingo (MC/AR)	<b>16</b> <b>Beauty Shop Day</b> <b>9:45 Jazzin' Jackie (MC/AR)</b> **Snack/Chat Social (MC/AR) <b>2:00 Walker Wright Rejoicing Rhythms (MC/AR)</b>	<b>17</b> **Walking Club **Snack/Chat Social (MC/AR) <b>10:30 Loyce and Fred Sing Along (MC/AR)</b> **Exercise Class (MC/AR) <b>2:00 Crafty Corner (MC/AR)</b>	<b>18</b> <b>8:00-11:00 Flu Shot Clinic (HS/MC)</b> ** <b>FITIFY</b> Fitness (HS/MC/AR) **Snack/Chat Social (MC/AR) <b>10:30 Bingo</b> <b>2:00 HillSide Bible Study (HS/MC/AR)</b>	<b>19</b> <b>9:45 Gentle Chair Yoga (MC/AR)</b> **Snack/Chat Social (MC/AR) <b>11:00 Worship(C)</b> <b>3:30 Al Mahan Guitar/Vocals_(C)</b>	<b>20</b> **Exercise (MC/AR) **Snack/Chat Social (MC/AR) <b>*10:30 Cruisin' 'Round Town</b> <b>1:30 Theatre UAB (CCC)"Fiercely Shakespeare"</b>	<b>21</b> **Ball Toss **Snack/Chat Social (MC/AR) <b>1:30 Carolyn Price Piano/Singing (MC/AR)</b> <b>6:00 Lawrence Welk Show-TV</b>

# OCTOBER 2023 HILLSIDE MEMORY CARE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p><b>22</b>                      **Devotion (MC/AR)                      10:00 Dawson Worship on TV                      10:30 Snack/Chat Social (MC/AR)                      **Bingo (MC/AR)</p>	<p><b>23</b>  <b>Beauty Shop Day</b>                      9:45 Jazzin' Jackie (MC/AR)                      **Snack/Chat Social (MC/AR)                      12:00 Pizza Picnic                      2:00 Walker Wright Rejoicing Rhythms (MC/AR)</p>	<p><b>24</b>                      9:30 Laughter Yoga (MC/AR)                      **Walking Club                      **Snack/Chat Social (MC/AR)                      10:30 Jessica Scott Guitar/Vocals(MC/AR)                      **Exercise (MC/AR)                      *2:30 Cruisin' 'Round Town                      7:00 Kirkwood's Got Talent (C)</p>	<p><b>25</b>                      **FITIFY Fitness (MC/AR)                      **Snack/Chat Social (MC/AR)                      10:30 Bingo (MC/AR)                      2:00 HillSide Bible Study(MC/AR)</p>	<p><b>26</b>                      9:30 Dr Jill Byrd Audiologist(AL/AR)                      9:45 Gentle Chair Yoga(MC/AR)                      ** Snack/Chat (MC/AR)                      11:00 Worship (C)                      1:00 Hand-In-Paw (MC/AR)                      3:30 Old Fashioned Rhythm Method (C)                      6:30 Trick or Treat Campus Sweep</p>	<p><b>27</b>                      **Exercise (MC/AR)                      **Snack/Chat Social (MC/AR)                      1:30 Blake Franklin Guitar/Vocals (MC/AR)                      3:30 The Leeds Connection (CCC)</p>	<p><b>28</b>                      **Ball Toss                      10:30 Rosary (AL/LR)                      **Snack/Chat Social (MC/AR)                      1:30 Betty Bridges Accordion/Singing (MC/AR)                      6:00 Lawrence Welk Show-TV</p>	
<p><b>29</b>                      **Devotion (MC/AR)                      10:00 Dawson Worship on TV                      10:30 Snack/Chat Social (MC/AR)                      1:30 Susan Lawrence(MC/AR)                      **Bingo (MC/AR)</p>	<p><b>30</b>  <b>Beauty Shop Day</b>                      9:45 Jazzin' Jackie (MC/AR)                      **Snack/Chat Social (MC/AR)                      2:00 Art Class with She She(AL/AR)</p>	<p><b>31</b>                      **Walking Club                      **Snack/Chat Social (MC/AR)                      11:00 Walker Wright Rejoicing Rhythms (MC/AR)                      **Exercise (MC/AR)                      3:30 Kevin Grigsby Piano/Vocals (CCC)</p>	<p><b>CLAUDIA REACH</b>                      Life Enrichment Director</p> <p><b>RENAY DAVIES</b>                      Life Enrichment Coordinator</p> <p>205-956-2184                      X172  <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a></p>				