

OCTOBER 2023 HILLSIDE ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *10:00 IPC 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	2 9:00 Jazzin' Jackie (AL/AR) 9:45 Exercise(AL/AR) 10:00 Free Mending 11:00Boccia Ball(WC) 1:00 Bunco (OLC) 3:00 Residents' Asso. Mtg (C) 7:00 Bingo (CCC)	3 Massage Therapy(RV) 10:00 Men's Coffee & Conversation(HS/AL) 11:00 <u>Slim Pickins</u> <u>Band</u> (C) 2:00 Bible Study(C) 3:30 <u>John O'Malley</u> Medal of Honor (C)	4 *9:00 Publix 9:45 Exercise(AL/AR) 11:00 Ctg Prayer(C) *11:45 Lunch 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study (MC/AR) 4:00Social Hour(OLC)	5 9:00 Balance (WC) 11:00 Worship and Communion(C) 12:15 <u>Connie Skellie</u> Violin Serenade (DR) 1:15 Hand and Foot (CCC) 3:30 <u>Wiser Water</u> BWWB (C)	6 9:45 Exercise(AL/AR) 11:15 <u>Win Schepps</u> Banjo/Vocals (C) *12:45 The Shops of Grand River 1:20 <u>GBHS</u> (AL/AR) 3:30 <u>Kara Lancaster</u> Piano/Vocals (C) 6:30 Movie Night (C)	7 6:00 Lawrence Welk Show -Ch 4 ALABAMA VS TEXAS A&M AUBURN NO GAME
8 *10:00 IPC 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	9 9:00 Jazzin' Jackie (AL/AR) 9:45 Exercise(AL/AR) 10:30 Kirkwood Ladies Circle (OLC) 1:00 Bunco (OLC) 2:30 October Birthdays (C) 7:00 Bingo (CCC)	10 Massage Therapy(RV) *10:00 Lunch at Lynn's Amish Barn Ray Reach Music 10:00 Men's Coffee & Conversation (HS/AL) 2:00BibleStudy(AL 3:30 <u>Tom Bailey</u> The Woman Thought Killed by the Creeks (C)	11 *9:00 Publix 9:45 Exercise(AL/AR) 10:00 Mat Makers 11:00 Ctg Prayer (C) 1:30-2:30 Training with Joe (WC) 1:30CathCommunio 2:00 BibleStudy (MC/AR) 3:15 Drumming w/ <u>Kim</u> (HS/AL/AR) 4:00 SocialHour(OLC)	12 9:00 Balance(WC) 11:00 Worship (C) 2:00 Dominos (CCC)	13 9:45 Exercise Class (HS/AL/AR) 10:30 <u>Ricky-Mary</u> <u>Anne-Sing Along (C)</u> *12:45 Walgreens and CVS 2:00 Book Club (H) 3:30 <u>Tommy Ellison</u> "Tomfoolery" (CCC) 6:30 Movie Night (C)	14 10:30 Rosary with <u>Ann Cote'</u> (HS/AL/LR)) 6:00 Lawrence Welk - Ch 4 AUBURN VS LSU ALABAMA VS ARKANSAS
15 *10:00 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C) 6:00 Hymn Sing(C)	16 9:00 Jazzin' Jackie (AL/AR) 9:45 Exercise(AL/AR) 1:00 Bunco (OLC) 2:30 Rummikub Tile Game (CCC) 7:00 Bingo (CCC)	17 Massage Therapy(RV) 10:00 Men's Coffee & Conversation (HS/AL) *10:15 Lunch at The Fish Market 2:00 Bible Study(C) 3:30 <u>Jon Michael</u> <u>Ogletree</u> (C)	18 *9:00 Publix 9:45 Exercise(AL/AR) 11:00 Ctg Prayer (C) 1:30CathCommunion 2:00 HillSide Bible Study(MC/AR) 2:00 <u>Niki Sepsas</u> Travelogue (C) 4:00 Social Hour	19 8:00-1:00 Flu Shot Clinic IL (WC) 9:00 Balance (WC) 11:00 Worship (C) 3:30 <u>Al Mahan</u> Guitar/Vocals_(C)	20 9:45 Exercise(AL/AR) *12:45 DollarTree 10:30 <u>Jessica Scott</u> Guitar/Vocals(AL/AR) 1:30 <u>Theatre UAB</u> (CCC) "Fiercely Shakespeare" 2:15 Hand/Foot(CCC) 6:30 Movie Night(C)	21 6:00 Lawrence Welk -Ch 4 ALABAMA VS TENNESSEE AUBURN VS OLE MISS

OCTOBER 2023 HILLSIDE ASSISTED LIVING (CONTINUED)

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<p>22 *10:00 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) *2:00 SuperJazz Concert - JCHS 3:30 Episcopal Communion (C)</p>	<p>23 9:00 Jazzin' (AL/AR) 9:45 Exercise(AL/AR) 1:00 Bunco (OLC) 3:15 <u>Dolores Hydock and Bobby Horton</u> A Civil War Story (C) 7:00 Bingo (CCC)</p>	<p>24 Massage Therapy(RV) 10:00 Men's Coffee & Conversation(HS/AL) 2:00 Bible Study(C) 7:00 Kirkwood's Got Talent (C)</p>	<p>25 *9:00 Publix 9:45 Exercise(AL/AR) 10:00 Mat Makers 11:00 Ctg Prayer (C) 1:30CathCommunion 2:00 Bible Study (MC/AR) 2:00 Mahjong (OLC) 4:00 SocialHour(OLC)</p>	<p>26 9:00 Balance (WC) 9:30 <u>Dr. Jill Byrd</u> Audiologist (AL/AR) 11:00 Worship 1:20 <u>Hand-In-Paw</u> (AL/AR) 3:30 <u>Old Fashioned Rhythm Method</u> (C) 6:30 Trick or Treat Campus Sweep</p>	<p>27 9:45 Exercise(AL/AR) 10:00 ASO Coffee Concert - UAB Stephens Center *12:45 Walmart 1:15 Dominos (CCC) 3:30 <u>The Leeds Connection</u> (C) 6:30 Movie Night (C)</p>	<p>28 10:30 Rosary (AL/LR) 6:00 Lawrence Welk Channel 4 AUBURN VS MISSISSIPPI STATE ALABAMA NO GAME</p>																																																												
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<p style="text-align: center;">*FREE MENDING* REBECCA-MARTHA LEE KATHY-JANE October 2ND Rebecca/Kathy/Martha Lee OverLook Cafe</p> <p style="text-align: center;">***** *AGNEW* *JEWELERS* REPLACE WATCH BATTERIES **FREE**</p>	<p style="text-align: center;">*GREATER* *BIRMINGHAM* *HUMANE* *SOCIETY* ***** SAVE YOUR NEWSPAPERS! *****</p>	<p style="text-align: center;">**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p style="text-align: center;">**MESSAGE** **THERAPY** (By Appointment) Cheron Blythe October 3RD October 10th October 17th October 24th October 31ST 205-902-7966</p>	<p style="text-align: center;">*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 15%;">(C)</td> <td style="width: 45%;">Chapel</td> <td style="width: 15%;">(HS/AL/LR)</td> <td style="width: 25%;">HillSide Assisted Living</td> </tr> <tr> <td>(CCC)</td> <td>Cahaba Cultural Center</td> <td></td> <td>Living Room (HS/AL/AR) HillSide</td> </tr> <tr> <td>(H)</td> <td>Hideaway</td> <td></td> <td>Veranda</td> </tr> <tr> <td>(HS/AL/V)</td> <td>HillSide 2nd Floor Assisted Living</td> <td></td> <td>Library-Riverview (HS/MC/AR) HillSide</td> </tr> <tr> <td>(LR)</td> <td>Activities Room</td> <td>(L)</td> <td></td> </tr> <tr> <td></td> <td>Main Living Room</td> <td></td> <td></td> </tr> <tr> <td></td> <td>Memory Care</td> <td>(OLC)</td> <td>Overlook Cafe</td> </tr> <tr> <td></td> <td>Activities Room</td> <td>(P)</td> <td>Pool (HS/AL/PDR) HillSide</td> </tr> <tr> <td>(RV)</td> <td>RiverView</td> <td></td> <td></td> </tr> <tr> <td></td> <td>Assisted Living</td> <td>(RV/WC)</td> <td>Massage Room</td> </tr> <tr> <td></td> <td>Private Dining Room</td> <td></td> <td>RiverView (HS/AL/FR) HillSide</td> </tr> <tr> <td></td> <td>Wellness Center</td> <td></td> <td></td> </tr> <tr> <td></td> <td>Assisted Living</td> <td>(TTL)</td> <td>Tree Top Lounge</td> </tr> <tr> <td></td> <td>Fitness Room</td> <td></td> <td>Billiards Room</td> </tr> <tr> <td></td> <td></td> <td>(SN)</td> <td>Skilled Nursing</td> </tr> </table>			(C)	Chapel	(HS/AL/LR)	HillSide Assisted Living	(CCC)	Cahaba Cultural Center		Living Room (HS/AL/AR) HillSide	(H)	Hideaway		Veranda	(HS/AL/V)	HillSide 2 nd Floor Assisted Living		Library-Riverview (HS/MC/AR) HillSide	(LR)	Activities Room	(L)			Main Living Room				Memory Care	(OLC)	Overlook Cafe		Activities Room	(P)	Pool (HS/AL/PDR) HillSide	(RV)	RiverView				Assisted Living	(RV/WC)	Massage Room		Private Dining Room		RiverView (HS/AL/FR) HillSide		Wellness Center				Assisted Living	(TTL)	Tree Top Lounge		Fitness Room		Billiards Room			(SN)	Skilled Nursing
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