

OCTOBER 2023 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *10:15 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	2 9:00 Jazzin' Jackie (HS/AL/AR) 10:00 Free Mending 11:00 Boccia Ball with Foxy (RV/WC) 1:00 Bunco (OLC) 3:00 Residents' Association Mtg (C) 7:00 Bingo (CCC)	3 Massage Therapy(RV) 10:00 Men's Coffee & Conversation (HS/AL) 11:00 Slim Pickins Band(C) 2:00 Bible Study(C) 3:30 John O'Malley Medal of Honor (C)	4 9:00 Exercise (WC) *9:15 Publix 11:00 Ctg Prayer(C) *11:45 Lunch 1:30 SFX Catholic Communion (H) 4:00 Social Hour(OLC)	5 9:00 Balance (WC) 11:00 Worship and Communion (C) 12:15 Connie Skellie Violin Serenade (DR) 1:15 Hand/Foot(CCC) 3:30 Wiser Water Brad Steffens BWWB (C)	6 9:00 Exercise (WC) 11:15 Win Schepps Banjo/Vocals (C) *1:00 The Shops of Grand River 1:40 GBHS Pets(OLC) 3:30 Kara Lancaster Piano/Vocals (C) 6:30 Movie Night (C)	7 6:00 Lawrence Welk Show TV Channel 4 ALABAMA VS TEXAS A&M AUBURN NO GAME
8 *10:15 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	9 9:00 Jazzin' Jackie (HS/AL/AR) 10:30 Kirkwood Ladies Circle (OLC) 1:00 Bunco (OLC) 2:30 October Birthdays Celebration (CCC) 7:00 Bingo (CCC)	10 Massage Therapy(RV) *10:00 Lynn's Amish Barn 10:00 Men's Coffee & Conversation (HS/AL) 2:00 Bible Study (HS/AL) 3:30 Tom Bailey The Woman Thought Killed by the Creeks (C)	11 9:00 Exercise (WC) *9:15 Publix 10:00 Mat Makers 11:00 Ctg Prayer (C) 1:30-2:30 Training with Joe (WC) 1:30 CathCommunion 3:15 Drumming w/ Kim (HS/AL/AR) 4:00 Social Hour(OLC)	12 9:00 Balance (WC) 11:00 Worship (C) 2:00 Dominos (CCC)	13 9:00 Exercise (WC) 10:30 Ricky-Mary Anne-Sing Along (C) Banjo/Guitar/Piano/Vocals *1:00 Walgreens and CVS 2:00 Book Club (H) 3:30 Tommy Ellison "Tomfoolery" (CCC) 6:30 Movie Night (C)	14 10:30 Rosary with Ann Cote' (HS/AL/LR) 6:00 Lawrence Welk Show Channel 4 AUBURN VS LSU ALABAMA VS ARKANSAS
15 *10:15 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C) 6:00 Hymn Sing(C)	16 9:00 Jazzin' Jackie (HS/AL/AR) 1:00 Bunco (OLC) 2:30 Rummikub (CCC) 7:00 Bingo (CCC)	17 Massage Therapy 10:00 Men's Coffee & Conversation (HS/AL) *10:15 Lunch at The Fish Market 2:00 Bible Study(C) 3:30 Jon Michael Ogletree Piano (C)	18 9:00 Exercise Class (RV/WC) *9:15 Publix 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 2:00 Niki Sepsas Travelogue (C) The Canary Islands 4:00 Social Hour	19 8:00-1:00 Flu Shot Clinic IL (WC) 9:00 Balance (WC) 11:00 Worship (C) 3:30 Al Mahan Guitar/Vocals_(C)	20 9:00 Exercise (WC) *1:00 Dollar Tree 10:30 Jessica Scott Guitar/Vocals(HS/AL) 1:30 Theatre UAB (CCC) "Fiercely Shakespeare" 2:15 Hand/Foot(CCC) 6:30 Movie Night (C)	21 6:00 Lawrence Welk Show-Ch 4 ALABAMA VS TENNESSEE AUBURN VS OLE MISS

OCTOBER 2023 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<p>22 *10:15 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) *2:00 SuperJazz Concert - JCHS 3:30 Episcopal Communion (C)</p>	<p>23 9:00 Jazzin' Jackie (HS/AL/AR) 1:00 Bunco (OLC) 3:15 Dolores Hydock and Bobby Horton A Civil War Story (C) 7:00 Bingo (CCC)</p>	<p>24 Massage Therapy(RV) 10:00 Men's Coffee & Conversation (HS/AL) 2:00 Bible Study(C) 7:00 Kirkwood's Got Talent (C)</p>	<p>25 9:00 Exercise (WC) *9:15 Publix 10:00 Mat Makers 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 2:00 Mahjong (OLC) 4:00 Social Hour(OLC)</p>	<p>26 9:00 Balance (WC) 10:15 Dr. Jill Byrd Audiologist (OLC) 11:00 KW Worship 1:40 Hand-In-Paw Pet Therapy (OLC) 3:30 Old Fashioned Rhythm Method (C) 6:30 Trick or Treat Campus Sweep</p>	<p>27 9:00 Exercise (WC) 10:00 ASO Coffee Concert - UAB Stephens Center *1:00 WalMart 1:15 Dominos (CCC) 3:30 The Leeds Connection (C) 6:30 Movie Night (C)</p>	<p>28 10:30 Rosary with Ann Cote' (HS/AL/LR) 6:00 Lawrence Welk Show Ch 4 AUBURN VS MISSISSIPPI STATE ALABAMA NO GAME</p>	
<p>29 *10:15 IPC Worship 11:00 IPC Worship **Live** (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)</p>	<p>30 9:00 Jazzin' Jackie (HS/AL/AR) 1:00 Bunco (CCC) 2:00 Art Class (HS/AL/AR) 7:00 Bingo (CCC)</p>	<p>31 Massage Therapy(RV) 10:00 Men's Coffee & Conversation(HS/AL) *10:30 Lunch Chuy's 2:00 Kirkwood Bible Study (C) 3:30 Kevin Grigsby Piano/Vocals(CCC)</p>				<p>CLAUDIA REACH Life Enrichment Director 205-956-2184 X172 creach@kirkwoodbytheriver.com</p>	
<p>*FREE MENDING* REBECCA-MARTHA LEE KATHY-JANE October 2ND Rebecca/Kathy/Martha Lee OverLook Cafe ***** *AGNEW* *JEWELERS* REPLACE WATCH BATTERIES **FREE**</p>	<p>*GREATER* *BIRMINGHAM* *HUMANE *SOCIETY* ***** SAVE YOUR NEWSPAPERS! *****</p>	<p>**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe October 3RD October 10th October 17th October 24th October 31ST 205-902-7966</p>	<p>*LEGEND*</p> <p>(C) Chapel (CCC) Cahaba Cultural Center (HS/AL/AR) Hillside Assisted Living Activities Room (L) Library-Riverview (OLC) Overlook Cafe (HS/AL/PDR) HillSide Assisted Living Private Dining Room (HS/AL/FR) Hillside Assisted Living Fitness Room</p> <p>(HS/AL/LR) HillSide Assisted Living Room (H) Hideaway (HS/AL/V) HillSide 2nd Floor Veranda (LR) Main Living Room (P) Pool (RV) RiverView (WC) Wellness Center (TTL) TreeTop Lounge Billiards Room (SN) Skilled Nursing</p>			