

FEBRUARY 2026 KIRKWOOD INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 *10:00 IPC 11:00 IPC *Live* 3:30 Episcopal Communion -C	2 9:00 Jazzercise 11:00 Boccia Ball-WC 1:00 Bunco-OLC 3:00 Residents’ Asso. Mtg-C 7:00 Bingo-CCC	3 *Massage Therapy 10:00 Free Mending *9:45 Niki’s West 10:00 Men’s C&C -AL/PDR 2:00 Bible Study-C 3:00 Continuing the Legacy-ELVIS <u>Aiden Joiner-CCC</u>	4 9:00 Exercise Class *9:15 Publix 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 11:00 Slim Pickins CCC 2:00 HS Bible Study-MC/AR 4:00 Social Hour-OLC	5 9:00 Balance Class 11:00 Worship and Communion-C 12:15 <u>Connie Skellie</u> Violin Serenade 2:30 Dominos-CCC	6 9:00 Exercise Class 11:00 <u>Tessa Brown</u> Vocals /Tracks-CCC *1:00 The Pinnacle and Target 1:30 <u>GBHS Petting</u> <u>Session-AL/AR</u> 6:30 Movie-C	7
8 *10:00 IPC 11:00 IPC *Live* C and AL/LR 2:30 <u>Betty</u> <u>Bridges</u> <u>Students</u> <u>Recital</u> -CCC 3:30 Episcopal Communion -C	9 9:00 Jazzercise-AL/AR 1:00 Bunco -OLC 2:30 February Birthdays-CCC 7:00 Bingo-CCC	10 *Massage Therapy-RV *9:30 Irondale Library Guided Tour & Royal Ranch House 10:00 Men’s Coffee & Convo-AL/PDR 2:00 Bible Study-C 3:00 <u>Crissy Sharp</u> StoryTeller/Historian “Mardi Gras”-C	11 9:00 Exercise *9:15 Publix 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 HS Bible Study-MC/AR 2:00 Line Dance-CCC 4:00 Social Hour-OLC *4:30 River Dance & Texas de Brazil	12 9:00 Balance Class 10:15 <u>Dr. Jill Byrd</u> Audiologist-CCC 11:00 Worship-C 1:00 Hand and Foot Card Games-CCC 3:00 <u>Love Songs</u> Piano/Sax/Bass/Drums/ Vocals <u>Westwood Ballet</u> <u>Group in RED-CCC</u>	13 9:00 Exercise Class *10:00 Murphree’s Market & Garden Center 10:45 <u>Sing Along</u> Banjo/Mandolin/Violin Piano/Vocals-CCC 2:00 Book Club-H 6:30 Movie-C	14
15 *10:00 IPC 11:00 IPC *Live* C and AL/LR 3:30 Episcopal Communion -C	16 9:00 Jazzercise-AL/AR 1:00 Bunco-OLC 1:30 <u>Teens Teach Tech</u> Altamont School-CCC 2:00 Art Class-MC/AR 7:00 Bingo-CCC	17 <u>FAT TUESDAY</u> *Massage Therapy 10:00 Men’s Coffee & Convo-AL/PDR 2:00 Bible Study-C 3:00 Mardi Gras Celebration Jazz Quintet-CCC	18 *9:15 Publix 10:00 Mat Makers 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 Ash Wed-C 2:00 HS Bible Study-MC/AR 2:00 Mahjong-OLC 4:00 Social Hour-OLC	19 9:00 Balance Class 11:00 Worship-C 1:15 Dominos-CCC 3:30 <u>Mac and Moss</u> <u>Combo-CCC</u>	20 9:00 Exercise Class *10:00 ASO Coffee Concert-UAB *1:00 Dollar Tree 2:00 <u>Niki Sepsas</u> Travelogue-C 3:00 Rummikub-CCC 6:30 Movie-C	21

FEBRUARY 2026 KIRKWOOD INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 *10:00 IPC 11:00 IPC *Live* C and AL/LR 3:30 Episcopal Communion -C	23 9:00 Jazzercise-AL/AR 1:00 Bunco-OLC 4:00 Dolores Hydock Literary Hour-C 7:00 Bingo-CCC	24 *Massage Therapy 10:00 Men’s C&C -AL/PDR *10:30 Lunch at Seasons 52-Summit 2:00 Bible Study-C	25 9:00 Exercise *9:15 Publix Trip 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 Iwo Jima Reenactment-C 2:00 HS Bible Study-MC/AR 4:00 Social Hour-OLC	26 9:00 Balance Class 11:00 Worship-C 1:30 Hand-In-Paw Pet Therapy Visit-AL/AR 2:30 Hand and Foot Card Games-CCC	27 9:00 Exercise *1:00 WalMart 10:30 Jessica Scott Guitar/Vocals-AL/AR 1:30 Theatre UAB Star Cross’d Romeo & Juliet Abridged-CCC 6:30 Movie-C	28
						CLAUDIA REACH Life Enrichment Director 205-956-2184 X172 creach@kirkwoodbytheriver.com
FREE *MENDING* REBECCA-MARTHA LEE KATHY-JANE February 2nd Rebecca/Kathy Martha Lee/Jane OverLook Cafe ***** *AGNEW* *JEWELERS* REPLACE WATCH BATTERIES **FREE**	*GREATER* *BIRMINGHAM* *HUMANE* *SOCIETY* ***** SAVE YOUR NEWSPAPERS! *****	**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737	**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe February 3rd February 10th February 17th February 24th February 31st 205-902-7966 RIVERVIEW ROOM	*LEGEND* (C) Chapel (CCC) Cahaba Cultural Center (H) Hideaway (HS/AL/AR) HillSide (HS/MC/AR)HillSide (HS/AL/FR) HillSide (HS/AL/LR) HillSide (HS/AL/PDR)HillSide Cahaba Cultural Center Assisted Living (HS/AL/V) HillSide Assisted Living Activities Room Memory Care Activities Rm Assisted Living Fitness Room Assisted Living Living Room Assisted Living Private Dining Room Veranda (L) Library-Riverview (MDR) Main Dining Room (MLR) Main Living Room (OLC) Overlook Cafe (P) Pool (RV/W C) RiverView Wellness Room (TTL) Tree Top Lounge Billiards Room (SN) Skilled Nursing		