

# FEBRUARY 2024 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> 9:00 Balance (WC) <b>11:00 Kirkwood Worship &amp; Communion(C)</b> 12:15 <u>Connie Skellie</u> (Riverside Dining) 1:30 Absentee Ballot Voter Reg(CCC) 2:30 Hand&Foot(CCC)	<b>2</b> 9:00 Exercise (WC) <b>*1:00 The Pinnacle and Target</b> 1:40 <u>GBHS Dog Petting Session</u> (OLC) 3:30 <u>The Alexander's</u> (CCC) 6:30 Friday Movie (C)	<b>3</b> 6:00 Lawrence Welk Show Ch 4
<b>4</b> <b>*10:00 IPC Worship</b> 10:00 IPC Live (C)&(HS/AL/LR) 2:30 <u>Betty Bridges' Students'</u> <u>Recital</u> (CCC) 3:30 Episcopal Communion (C)	<b>5</b> 9:00 Jazzin' Jackie (HS/AL/AR) <b>10:00 Hillside Res' Asso. Mtg</b> 10:00 Mending (OLC) 11:00 Bocchia Ball(WC) 1:00 Bunco (OLC) <b>3:00 Res' Asso. Mtg</b> 7:00 Bingo (CCC)	<b>6</b> Massage Therapy <b>10:00-1:00 SOS Photo ID Lab</b> (CCC) 10:00 Men's Coffee & Conversation(HS/AL) 11:00 <u>Slim Pickins</u> <u>Band</u> (CCC) <b>2:00 Bible Study (C)</b> 3:30 <u>Susan Lawrence</u> Guitar/Vocals (CCC)	<b>7</b> 9:00 Exercise (WC) <b>*9:15 Publix</b> 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) <b>2:00 HillSide Bible Study</b> (HS/MC/AR) 4:00 Social Hour(OLC)	<b>8</b> 9:00 Balance (WC) <b>11:00 Worship (C)</b> 1:15 Dominos (CCC) 3:30 <u>Niki Sepsas</u> Juan & Evita Peron(C)	<b>9</b> 9:00 Exercise (WC) 10:30 <u>Ricky-Mary Anne</u> <u>Patsy Sing Along</u> (CCC) Banjo/Guitar/Piano/Vocals <b>*1:00 Walmart</b> 2:00 Book Club (H) 3:15 <u>Jon Michael</u> <u>Ogletree Piano</u> (CCC) 6:30 Friday Movie (C)	<b>10</b> 10:30 Rosary- (HS/AL/LR) <b>*12:15 Free Accordion Concert Brookwood Baptist</b> 6:00 Lawrence Welk Show Ch 4
<b>11</b> <b>*10:00 IPC Worship</b> 10:00 IPC Live (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	<b>12</b> 9:00 Jazzin' Jackie (HS/AL/AR) 1:00 Bunco (OLC) <b>2:30 February Birthday Party(CCC)</b> <b>No BINGO tonight!</b>	<b>13 FAT TUESDAY MARDI GRAS</b> Massage Therapy 10:00 Men's Coffee & Conversation(HS/AL) <b>2:00 Bible Study (C)</b> <b>3:30 Mardi Gras Celebration (CCC)</b>	<b>14</b> 9:00 Exercise (WC) <b>*9:15 Publix</b> 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) <b>2:00 HillSide Bible Study</b> (HS/MC/AR) 4:00 Social Hour(OLC)	<b>15</b> 9:00 Balance (WC) 10:15 <u>Dr Jill Byrd</u> Audiologist (OLC) <b>11:00 Worship(C)</b> <b>3:15 Ray Reach/Dr. Kim Scott Love Songs (CCC)         </b>	<b>16</b> 9:00 Exercise (WC) <b>*10:00 ASO Coffee Concert-UAB</b> 10:30 <u>Jessica Scott</u> Guitar/Vocals (HS/AL) <b>*1:00 Dollar Tree</b> 2:00 Hand & Foot Card Games (CCC) 6:30 Movie Night (C)	<b>17</b> 6:00 Lawrence Welk Show Ch 4

# FEBRUARY 2024 INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																																													
<p><b>18</b>  <b>*10:00 IPC Worship</b>                      10:00 IPC Live (C)&amp;(HS/AL/LR)                      1:00 Drumming with <u>Kim</u> (HS/AL)                      3:30 Episcopal Communion (C)</p>	<p><b>19</b>                      9:00 Jazzin' <u>Jackie</u> (HS/AL/AR)                      9:30 Beginner Bridge Class (OLC)                      1:00 Bunco (OLC)                      2:00 Art Class with <u>She She</u> (HS/AL/AR)                      7:00 Bingo (CCC)</p>	<p><b>20</b>                      Massage Therapy(RV)                      10:00 Men's Coffee &amp; Conversation (HS/AL/AR)  <b>*10:15 Lunch at Chez FonFon</b>  <b>2:00 Bible Study (C)</b>                      3:30 <u>Kevin Grigsby</u> Piano/Vocals (CCC)</p>	<p><b>21</b>                      9:00 Exercise (WC)  <b>*9:15 Publix</b>                      11:00 Ctg Prayer (C)                      1:30 SFX Catholic Communion (H)  <b>2:00 HillSide Bible Study</b> (HS/MC/AR)                      4:00 Social Hour(OLC)</p>	<p><b>22</b>                      9:00 Balance (WC)  <b>11:00 Worship (C)</b>                      1:40 <u>Hand-In-Paw Pet Therapy Visit</u>(OLC)                      2:30 <u>Bham Harmony Belles</u> (CCC)</p>	<p><b>23</b>                      9:00 Exercise (WC)                      1:30 <u>Theatre UAB</u> Broadway Today(CCC)                      2:30 Dominos (CCC)                      6:30 Movie Night (C)</p>	<p><b>24</b>                      10:30 Rosary (HS/AL/LR)                      6:00 Lawrence Welk Show on TV-Channel 4</p>																																													
<p><b>25</b>  <b>*10:00 Lunch at Top O'the River Anniston</b>  <b>*10:00 IPC Worship</b>                      10:00 IPC Live (C)&amp;(HS/AL/LR)                      3:30 Episcopal Communion (C)</p>	<p><b>26</b>                      9:00 Jazzin' <u>Jackie</u> (HS/AL/AR)                      9:30 Beginner Bridge Class (OLC)                      1:00 Bunco (CCC)                      4:00 <u>Dolores Hydock</u> Literary Hour (C)                      7:00 Bingo (CCC)</p>	<p><b>27</b>                      Massage Therapy(RV)                      10:00 Men's Coffee &amp; Conversation (HS/AL/AR)  <b>2:00 Bible Study(C)</b>                      3:15 Rummikub(CCC)                      7:00 Kirkwood's Got Talent?!  <u>Patsy-Joe-Friends</u>(C)</p>	<p><b>28</b>                      9:00 Exercise (WC)  <b>*9:15 Publix</b>                      10:00 Mat Makers OLC                      11:00 Ctg Prayer (C)                      1:30 SFX Catholic Communion (H)  <b>2:00 HillSide Bible Study</b> (HS/MC/AR)                      2:00 Mahjong (OLC)                      4:00 Social Hour(OLC)</p>	<p><b>29</b>                      9:00 Balance (WC)  <b>11:00 Worship (C)</b>                      2:00 Uke Ladies and Storytellers from <u>St. Martin's</u> (CCC)                      3:15 Hand &amp; Foot(CCC)</p>																																															
<p><b>*FREE MENDING*</b>                       REBECCA - KATHY                      MARTHA LEE -JANE                       February 5th                      OverLook Café                       *****  <b>*AGNEW*</b>  <b>*JEWELERS*</b>                       REPLACE WATCH                      BATTERIES   <b>**FREE**</b></p>	<p><b>*GREATER BIRMINGHAM* HUMANE SOCIETY*</b>                       *****  <b>SAVE YOUR NEWSPAPERS!</b>                      *****</p>	<p><b>**CHAMPION** **CLEANERS**</b>                      -Free Pick-up-                      -Free Delivery-  <b>Tuesdays &amp; Fridays</b>                      11:00 A.M.                      205-824-7737</p>	<p><b>**MESSAGE** **THERAPY**</b>                      (By Appointment)                      Cheron Blythe                       February 6th                      February 13th                      February 20th                      February 27th                       205-902-7966</p>	<p style="text-align: center;"><b>CLAUDIA REACH</b>                      Life Enrichment Director                       205-956-2184                      X172   <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a></p>	<p style="text-align: center;"><b>*LEGEND*</b></p> <table style="width: 100%; border: none;"> <tr> <td>(C)</td> <td>Chapel</td> <td>(HS/AL/PDR)HillSide</td> </tr> <tr> <td>(CCC)</td> <td>Cahaba Cultural Center</td> <td></td> </tr> <tr> <td>(H)</td> <td>Hideaway</td> <td>Assisted Living</td> </tr> <tr> <td>(HS/AL/AR)</td> <td>HillSide</td> <td>Private Dining Room</td> </tr> <tr> <td></td> <td>Assisted Living (HS/AL/V)</td> <td>HillSide</td> </tr> <tr> <td></td> <td>Activities Room</td> <td>Veranda</td> </tr> <tr> <td>(HS/MC/AR)</td> <td>HillSide</td> <td>(L) Library-Riverview</td> </tr> <tr> <td></td> <td>Memory Care</td> <td>(MLR) Main Living Rm</td> </tr> <tr> <td>(HS/AL/FR)</td> <td>HillSide</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td></td> <td>Assisted Living (RV/WC)</td> <td>Pool</td> </tr> <tr> <td></td> <td>Fitness Room</td> <td>(P) RiverView</td> </tr> <tr> <td>(HS/AL/LR)</td> <td>HillSide</td> <td>(RV/WC) Wellness Room</td> </tr> <tr> <td></td> <td>Assisted Living</td> <td>(TTL) Tree Top Lounge</td> </tr> <tr> <td></td> <td>Living Room</td> <td>Billiards Room</td> </tr> <tr> <td></td> <td></td> <td>(SN) Skilled Nursing</td> </tr> </table>		(C)	Chapel	(HS/AL/PDR)HillSide	(CCC)	Cahaba Cultural Center		(H)	Hideaway	Assisted Living	(HS/AL/AR)	HillSide	Private Dining Room		Assisted Living (HS/AL/V)	HillSide		Activities Room	Veranda	(HS/MC/AR)	HillSide	(L) Library-Riverview		Memory Care	(MLR) Main Living Rm	(HS/AL/FR)	HillSide	(OLC) Overlook Cafe		Assisted Living (RV/WC)	Pool		Fitness Room	(P) RiverView	(HS/AL/LR)	HillSide	(RV/WC) Wellness Room		Assisted Living	(TTL) Tree Top Lounge		Living Room	Billiards Room			(SN) Skilled Nursing
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**\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**