

FEBRUARY 2024 MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 9:45 Gentle Chair **Snack/Chat Social 11:00 Worship and Communion(C) 1:30 <u>Connie Skellie</u> Violin/Vocals	2 **Exercise Class **Snack/Chat Social 1:00 <u>GBHS Dog Petting Session</u> 3:30 <u>The Alexander's</u> Saxophone (CCC)	3 **Ball Toss **Snack Social 2:00 <u>Ray & Carlos</u> Piano/Guitar 6:00 Lawrence Welk Show TV
4 **Devotion 10:00 Dawson Worship on TV **Snack/Chat 1:30 <u>John Scalici</u> Got Rhythm! 2:30 <u>Betty</u> <u>Bridges' Student Recital (CCC)</u> **Bingo	5 9:45 Jazzin' <u>Jackie</u> **Snack/Chat Social 2:00 <u>Walker Wright</u> Rejoicing Rhythms	6 9:30 Laughter Yoga **Walking Club **Snack/Chat Social 11:00 <u>Slim Pickins</u> <u>Band (CCC)</u> **Exercise Class 3:30 <u>Susan Lawrence</u> Guitar/Vocals (CCC)	7 ** FITIFY Fitness **Snack Chat Social (HS/MC/AR) 10:30 Bingo 2:00 HillSide Bible Study	8 9:45 Chair Yoga **Exercise Class **Snack/Chat Social 11:00 Worship (C) 2:00 Crafty Corner with <u>She She</u>	9 **Exercise Class **Snack/Chat Social 10:30 Ricky-Mary <u>Anne Sing Along (C)</u> 1:45 <u>Blake Franklin</u> Guitar/Vocals 3:15 <u>Jon Michael</u> <u>Ogletree Piano (CCC)</u>	10 **Ball Toss 10:30 Rosary **Snack Social 2:00 Johnny <u>Wayne Abbott Concert</u> 6:00 Lawrence Welk Show
11 **Devotion 10:00 Dawson Worship on TV **Snack/Chat 1:30 <u>Betty</u> <u>Bridges</u> Accordion **Bingo	12 9:45 Jazzin' <u>Jackie</u> **Snack/Chat Social 2:30 February Birthday Party (CCC)	13 FAT TUESDAY MARDI GRAS 9:30 Laughter Yoga **Walking Club **Snack/Chat Social **Exercise Class 3:30 Mardi Gras Celebration (CCC)	14 ** FITIFY Fitness **Snack/Chat Social 10:30 Bingo 2:00 HillSide Bible Study	15 9:45 Chair Yoga 9:30 <u>Dr Jill Byrd</u> Audiologist **Snack/Chat Social 11:00 Worship (C) **Exercise Class 1:30 <u>Walker Wright</u> Rejoicing Rhythms 3:15 Ray Reach Kim Scott Love Songs (CCC)	16 **Exercise Class **Snack/Chat Social 1:45 <u>Blake Franklin</u> Guitar/Vocals	17 **Ball Toss **Snack/Chat 1:30 <u>CarolynPrice</u> Piano/Sing Along 6:00 Lawrence Welk Show Channel 4



FEBRUARY 2024 HILLSIDE MEMORY CARE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>18 **Devotion 10:00 Dawson Worship on TV 10:30 Snack 2:00 Drumming with <u>Kim</u> **Bingo</p>	<p>19 9:45 Jazzin' <u>Jackie</u> **Snack/Chat Social 2:00 Art Class with <u>She She</u></p>	<p>20 9:30 Laughter Yoga **Walking Club **Snack/Chat Social 10:30 <u>Loyce and Fred</u> Piano/Sing Along *Exercise Class 3:30 <u>Kevin Grigsby</u> Piano/Vocals (CCC)</p>	<p>21 **FITIFY Fitness **Snack/Chat Social 10:30 Bingo 2:00 HillSide Bible Study</p>	<p>22 9:45 Chair Yoga **Exercise Class **Snack/Chat Social 11:00 Worship (C) 1:00 <u>Hand-In-Paw</u> Pet Visit 2:30 <u>Bham Harmony Belles</u> (CCC)</p>	<p>23 **Exercise Class 11:00 <u>Walker Wright</u> Rejoicing Rhythms **Snack/Chat Social 1:45 Blake Franklin Guitar/Vocals</p>	<p>24 **Ball Toss 10:30 Rosary **Snack/Chat Social 6:00 Lawrence Welk Show-TV</p>
<p>25 **Devotion 10:00 Dawson Worship on TV 10:30 Snack/ Chat Social 1:30 <u>Susan Lawrence</u> Guitar/Vocals **Bingo</p>	<p>26 9:45 Jazzin' <u>Jackie</u> **Snack/Chat Social 11:30 Pizza Picnic 2:00 <u>Walker Wright</u> Rejoicing Rhythms</p>	<p>27 9:30 Laughter Yoga **Walking Club **Snack/Chat Social 10:30 <u>Jessica Scott</u> Guitar/Vocals **Exercise Class 7:00 Kirkwood's Got Talent?! (C)</p>	<p>28 **FITIFY Fitness **Snack/Chat Social 10:30 Bingo 2:00 HillSide Bible Study</p>	<p>29 9:45 Chair Yoga **Exercise Class **Snack/Chat Social 11:00 Worship (C) 2:00 UkeLadies and <u>Storytellers St. Martin's in the Pines</u> (CCC)</p>		

LEGEND

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| (C) Chapel | (HS/AL/PDR)HillSide |
| (CCC) Cahaba Cultural Center | |
| (H) Hideaway | Assisted Living |
| (HS/AL/AR) HillSide | Private Dining Room |
| | Assisted Living (HS/AL/V) HillSide |
| | Activities Room |
| (HS/MC/AR)HillSide | Veranda |
| Memory Care | (L) Library-Riverview |
| Activities Room | (MLR) Main Living Rm |
| (HS/AL/FR)HillSide | (OLC) Overlook Cafe |
| | (P) Pool |
| | Assisted Living (RV/WC) RiverView |
| | Fitness Room |
| (HS/AL/LR)HillSide | Wellness Room |
| | (TTL) Tree Top Lounge |
| | Assisted Living |
| | Billiards Room |
| | Living Room |
| | (SN) Skilled Nursing |

****DEPARTURE TIMES – PLEASE MEET IN THE HILLSIDE LOBBY AT THE DESIGNATED TIME-ALL ACTIVITIES ARE SUBJECT TO CHANGE.**