


# JANUARY 2026 KIRKWOOD INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				<b>1</b> <i>No Balance Class!</i> <b>11:00 Worship and Communion-C</b> 12:15 <u>Connie Skellie</u> Violin Serenade 2:30 Dominos-CCC	<b>2</b> <i>No Exercise Class!</i> <b>*1:00 The Summit</b> <i>No Friday Night Movie!</i>	<b>3</b>
<b>4</b> <b>*9:00 IPC</b> 10:00 IPC "Live" C and AL/LR 3:30 Episcopal Communion-C	<b>5</b> 9:00 Jazzercise-AL/AR 1:00 Bunco-OLC <b>3:00 Resident Asso Mtg-C</b> 7:00 Bingo-CCC	<b>6</b> <b>PODIATRIST</b> *Massage Therapy 10:00 Men's Coffee & Conversation-AL/PDR <b>2:00 Bible Study-C</b>	<b>7</b> <i>No Exercise Class!</i> <b>*9:15 Publix</b> 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H <b>2:00 HS Bible Study -MC/AR</b> 4:00 Social Hour-OLC	<b>8</b> 9:00 Balance-WC <b>11:00 Worship-C</b> 2:30 Hand & Foot Card Games-CCC	<b>9</b> <i>No Exercise Class!</i> <b>*10:00 Murphree's Market &amp; Gardens</b> 2:00 Book Club-H <i>No Friday Night Movie!</i>	<b>10</b> 2:00 <u>Winter Recital</u> <u>Cello Students of Nick Neumann</u> & Reception-CCC
<b>11</b> <b>*10:00 IPC</b> 10:00 IPC "Live" C and AL/LR 3:30 Episcopal Communion-C	<b>12</b> 9:00 Jazzercise 10:30 Ladies Bible Study-OLC 1:00 Bunco-OLC <b>2:30 January Birthdays Celebration-CCC</b> 7:00 Bingo-CCC	<b>13</b> *Massage Therapy 10:00 Men's Coffee & Conversation -AL/PDR <b>2:00 Bible Study-C</b> 3:30 <u>Durand Robinson</u> Vocals/Guitar-CCC	<b>14</b> 9:00 Exercise-WC <b>*9:15 Publix</b> 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 <u>The Slim Pickins Band</u> - Blue Grass Country/Gospel-CCC <b>2:00 HS Bible Study-MC/AR</b> 4:00 Social Hour-OLC	<b>15</b> 9:00 Balance-WC 10:15 <u>Dr Jill Byrd</u> Audiologist-CCC <b>11:00 Worship-C</b> 2:00 Dominos-CCC	<b>16</b> 9:00 Exercise-WC 10:30 <u>Jessica Scott</u> Guitar/Vocals-AL/AR <b>*1:00 Dollar Tree</b> <b>*6:00 ASO South Pacific – UAB Stephens Center</b> 6:30 Movie-C	<b>17</b>

JANUARY 2026 KIRKWOOD INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<div>18</div> <div><div>*10:00 IPC</div><div>10:00 IPC “Live”</div><div>C and AL/LR</div><div>3:30 Episcopal Communion-C</div></div>	<div>19</div> <div><div>9:00 Jazzercise</div><div>11:00 Boccia Ball-WC</div><div>1:00 Bunco-OLC</div><div>1:30 <u>Teens Teach Tech-CCC</u></div><div>7:00 Bingo-CCC</div></div>	<div>20</div> <div><div>*Massage Therapy</div><div>10:00 Men’s Coffee &amp; Conversation-AL/PDR</div><div><div>*10:15 The Fish Market for Lunch</div><div>2:00 Bible Study-C</div></div><div>3:00 The Warblers “Let Melody Flow”</div><div>Video Presentation-C</div></div>	<div>21</div> <div><div>9:00 Exercise-WC</div><div><div>*9:15 Publix</div><div>10:00MatMakers-OLC</div></div><div>11:00 Ctg Prayer-C</div><div>1:30 SFX Catholic Communion-H</div><div>2:00 Mahjong-OLC</div><div><div>2:00 HS Bible Study -MC/AR</div><div>4:00 Social Hour-OLC</div></div></div>	<div>22</div> <div><div>9:00 Balance Class-WC</div><div><div>11:00 Worship-C</div><div>1:30 <u>Hand-In-Paw Pet Therapy-AL/AR</u></div></div><div>2:30 Hand &amp; Foot Card Games-CCC</div></div>	<div>23</div> <div><div>9:00 Exercise-WC</div><div><div>*1:00 WalMart</div><div>1:30 <u>GBHS Petting Session-AL/AR</u></div></div><div>3:30 <u>Patricia Drentea</u> An Introduction to Artificial Intelligence-C</div><div>6:30 Movie-C</div></div>	<div>24</div>
<div>25</div> <div><div>*10:00 IPC</div><div>10:00 IPC “Live”</div><div>C and AL/LR</div><div>3:30 Episcopal Communion-C</div></div>	<div>26</div> <div><div>9:00 Jazzercise</div><div>11:00 Ukulele-CCC</div><div>1:00 Bunco-OLC</div><div>2:00 Art with SheShe-MC/AR</div><div>4:00 <u>Dolores Hydock</u> Literary Hour-C</div><div>7:00 Bingo-CCC</div></div>	<div>27</div> <div><div>*Massage Therapy</div><div><div>*10:30 Lunch at North Italia</div><div>2:00 Bible Study-C</div></div><div>10:00 Men’s Coffee &amp; Conversation-AL/PDR</div></div>	<div>28</div> <div><div>9:00 Exercise-WC</div><div><div>*9:15 Publix</div><div>11:00 Ctg Prayer-C</div></div><div>1:30 SFX Catholic Communion-H</div><div><div>2:00 HS Bible Study -MC/AR</div><div>3:00 Line Dance-CCC</div></div><div>4:00 Social Hour-OLC</div></div>	<div>29</div> <div><div><div>WESTERN DAY AT KIRKWOOD</div><div>9:00 Balance-WC</div><div><div>11:00 Worship-C</div><div>*Lunch Today: Cowboy Burgers!</div></div><div>1:30 <u>Birmingham Square Dance Association-CCC</u></div></div></div>	<div>30</div> <div><div>9:00 Exercise-WC</div><div><div>*10:00 ASO Coffee Concert – UAB Stephens Ctr</div><div>2:00 Dominos-CCC</div></div><div>6:30 Movie-C</div></div>	<div>31</div>
<div>For the most current Calendar of Events, please scan the QR code below.</div> <div></div>	<div><div>*GREATER*_*BIRMINGHAM*</div><div>*HUMANE SOCIETY*</div><div>*****</div><div>SAVE YOUR NEWSPAPERS!</div><div>*****</div></div>	<div><div>**CHAMPION**</div><div>**CLEANERS**</div><div>-Free Pick-up-</div><div>-Free Delivery-</div><div>Tuesdays &amp; Fridays</div><div>11:00 A.M.</div><div>205-824-7737</div></div>	<div><div>**MESSAGE**</div><div>**THERAPY**</div><div>(By Appointment)</div><div>RIVERVIEW ROOM</div><div>Cheron Blythe</div><div>January 6<sup>th</sup></div><div>January 13<sup>th</sup></div><div>January 20<sup>th</sup></div><div>January 27<sup>th</sup></div><div>205-902-7966</div></div>	<div><div>CLAUDIA REACH</div><div>Life Enrichment Director</div><div>205-956-2184</div><div>X172</div><div><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a></div></div>	<div><div>*LEGEND*</div><div><div>(C) Chapel</div><div>(CCC) Cahaba Cultural Center</div><div>(H) Hideaway</div><div>(HS/AL/AR) HillSide</div><div>(HS/MC/AR)HillSide</div><div>(HS/AL/FR)HillSide</div><div>(HS/AL/LR)HillSide</div></div><div><div>(HS/AL/PDR)HillSide</div><div>Assisted Living</div><div>Private Dining Room</div><div>(HS/AL/V) HillSide</div><div>Veranda</div><div>(L) Library-Riverview</div><div>(MDR) Main Dining Room</div><div>(MLR) Main Living Room</div><div>(OLC) Overlook Cafe</div><div>(P) Pool</div><div>(RV/W C) RiverView</div><div>Wellness Room</div><div>(TTL) Tree Top Lounge</div><div>Billiards Room</div><div>(SN) Skilled Nursing</div></div></div>	

\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.