

JULY 2025 HILLSIDE MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 *Walking Club *Snack Social *Exercise Class 9:45 Laughter Yoga 11:00 The <u>Slim Pickins Band-CCC</u> 1:00 <u>Walker Wright</u> Drumming Session 3:30 <u>Adam&Friends-CCC</u>	2 * FITIFY Fitness *Snack Social 10:30 Bingo 1:30 SFX Catholic Communion-H 2:00 Bible Study	3 *Snack Social 9:45 Chair Yoga * 10:30 Cruisin' 'Round Town 11:00 Worship & Communion-C 1:30 <u>Connie Skellie</u> Violin/Vocals	4 *Exercise Class *Snack Social 3:00 Independence Day Program	5 *Ball Toss *Snack Social
6 10:00 Dawson Live 1:45 <u>John Scalici</u> Get Rhythm! *Devotion *Snack Social *Bingo	7 <u>Beauty Shop Day</u> 9:45 Jazzercise *Snack Social 1:00 <u>Walker Wright</u> Drumming	8 9:45 Laughter Yoga *Walking Club *Snack Social *Exercise Class 2:00 Crafty Corner with <u>She She</u>	9 * FITIFY Fitness *Snack Social 10:30 Bingo 1:30 SFX Catholic Communion-H 2:00 Bible Study	10 9:30 <u>Dr. Jill Byrd</u> Audiologist 9:45 Chair Yoga *Snack Social * 10:30 Cruisin' 'Round Town 11:00 Worship-C 1:00 <u>Pat Patrick</u> Guitar/Vocals	11 *Exercise Class *Snack Social 1:00 <u>GBHS Dog</u> <u>Petting Session</u> 1:45 <u>Blake Franklin</u> Guitar/Vocals 3:30 <u>DonnaMcGuffie</u> Singing Oldies-CCC	12 *Ball Toss *Snack Social 2:00 <u>Johny Wayne</u> <u>Abbott</u> Concert
13 *Devotion 10:00 Dawson Live *Snack Social *Bingo	14 <u>Beauty Shop Day</u> 9:45 Jazzercise *Snack Social 2:30 July Birthdays Celebration-CCC	15 9:45 Laughter Yoga *Walking Club *Snack Social *Exercise Class 2:00 Ukulele Sing Along with <u>Sandra</u>	16 * FITIFY Fitness *Snack Social 10:30 Bingo 1:30 SFX Catholic Communion-H 2:00 Bible Study	17 9:45 Chair Yoga *Snack Social * 10:30 Cruisin' 'Round Town 11:00 Worship-C 3:30 <u>Al Mahan</u> Guitar/Vocals-CCC	18 *Exercise Class *Snack Social 10:30 <u>Walker</u> <u>Wright</u> Drumming 1:45 <u>Blake Franklin</u> Guitar/Vocals	19 *Ball Toss *Snack Social 2:00 <u>Stephen</u> <u>Wheeler</u> Guitar

JULY 2025 HILLSIDE MEMORY CARE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
20 10:00 Dawson Live 1:45 <u>John Scalici</u> Get Rhythm! *Devotion *Snack Social *Bingo	21 <u>Beauty Shop Day</u> 9:45 Jazzercise *Snack Social 2:00 Art Class with <u>She She</u>	22 9:45 Laughter Yoga *Snack Social 10:30 <u>Jessica Scott</u> Guitar/Vocals *Exercise Class 1:00 <u>Walker Wright</u> Drumming Session	23 * FITIFY Fitness *Snack Social 10:30 Bingo 1:30 SFX Catholic Communion-H 2:00 Bible Study	24 9:45 Chair Yoga *Snack Social *10:30 Cruisin’ ‘Round Town 11:00 Worship-C 1:00 <u>Hand-In-Paw</u> 2:30 <u>Sarah/Jeanette</u> Piano/Vocals-CCC	25 *Exercise Class *Snack Social 1:45 <u>Blake Franklin</u> Guitar/Vocals 3:00 Watermelon Party-CCC	26 *Ball Toss *Snack Social 2:00 <u>Betty Bridges</u> Accordion Sing Along
27 10:00 Dawson Live *Devotion *Snack Social *Bingo 1:45 <u>Susan Lawrence</u> Guitar/Vocals	28 <u>Beauty Shop Day</u> 9:45 Jazzercise *Snack Social 12:00 PIZZA PARTY 1:00 <u>Walker Wright</u> Rejoicing Rhythms	29 9:45 Laughter Yoga 10:30 <u>Loyce and Fred</u> Piano Sing Along 2:00 Ukulele Sing Along *Walking Club *Snack Social *Exercise Class	30 * FITIFY Fitness *Snack Social 10:30 Bingo 1:30 SFX Catholic Communion-H 2:00 Bible Study	31 9:45 Chair Yoga *Snack Social *10:30 Cruisin’ ‘Round Town 11:00 Worship-C 3:30 Continuing Legacy-ELVIS-CCC	<div><u>CLAUDIA REACH</u> Life Enrichment Director</div> <div><u>VON THOMAS</u> Life Enrichment Coordinator</div> <div><u>RENAY LABELLE</u> Life Enrichment Coordinator</div> <div>205-956-2184 X172 creach@kirkwoodbytheriver.com</div>	
				<div><u>*LEGEND*</u></div> <div><div><div>(C)</div><div>Chapel</div></div><div><div>(CCC)</div><div>Cahaba Cultural Center</div></div><div><div>(H)</div><div>Hideaway</div></div><div><div>(HS/AL/ AR)</div><div>HillSide</div></div><div><div></div><div>Assisted Living Activities Room</div></div><div><div>(HS/MC/AR)</div><div>HillSide</div></div><div><div></div><div>Memory Care Activities Rm</div></div><div><div>(HS/AL/FR)</div><div>HillSide</div></div><div><div></div><div>Assisted Living Fitness Room</div></div><div><div>(HS/AL/LR)</div><div>HillSide</div></div><div><div></div><div>Assisted Living Living Room</div></div></div> <div><div><div>(HS/AL/PDR)</div><div>HillSide</div></div><div><div></div><div>Assisted Living Private Dining Room</div></div><div><div>(HS/AL/V)</div><div>HillSide</div></div><div><div></div><div>Veranda</div></div><div><div>(L)</div><div>Library-Riverview</div></div><div><div>(MDR)</div><div>Main Dining Room</div></div><div><div>(MLR)</div><div>Main Living Room</div></div><div><div>(OLC)</div><div>Overlook Cafe</div></div><div><div>(P)</div><div>Pool</div></div><div><div>(RV/W C)</div><div>RiverView Wellness Room</div></div><div><div>(TTL)</div><div>Tree Top Lounge Billiards Room</div></div><div><div>(SN)</div><div>Skilled Nursing</div></div></div>		

*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT DESIGNATED TIME – ALL ACTIVITIES ARE SUBJECT TO CHANGE.