

JANUARY 2024 MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 No Jazzin' Jackie Class Today! **Snack/Chat Social (HS/MC/AR) 4:00 College Football Playoff Semifinal-Rose Bowl Game ALABAMA VS MICHIGAN	2 9:30 <u>Laughter Yoga</u> **Walking Club **Snack/Chat Social **Exercise Class 11:00 <u>Slim Pickins Band (CCC)</u> 2:00 <u>Walker Wright Rejoicing Rhythms</u>	3 * FITIFY Fitness ** Snack/Chat Social 10:30 <u>Bingo</u> 1:30 SFX Catholic Communion (H) 2:00 <u>The ARK Combo (CCC)</u> 3:30 HS Bible Study (HS/MC/AR)	4 9:45 <u>Chair Yoga</u> **Snack/ChatSocial 11:00 Kirkwood Worship and Communion (C) 1:30 <u>Connie Skellie Violin/Vocals</u>	5 **Exercise Class **Snack/Chat Social *2:00 Cruisin' 'Round Town 3:30 <u>Surprise Package Female Quartet (CCC)</u>	6 **Ball Toss **Snack/Chat Social 1:30 <u>Piano and Sing Along</u> 6:00 Lawrence Welk Show
7 **Devotion 10:00 <u>Dawson Worship on TV</u> **Snack/Chat Social **Bingo	8 9:45 <u>Jazzin' Jackie</u> **Snack/Chat Social	9 9:30 <u>Laughter Yoga</u> **Walking Club **Snack/Chat Social **Exercise Class 2:00 <u>Walker Wright Rejoicing Rhythms Drumming Session</u>	10 ** FITIFY Fitness **Snack/Chat Social 10:30 <u>Bingo</u> 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study (HS/MC/AR)	11 9:45 <u>Chair Yoga</u> **Snack/ChatSocial 11:00 Kirkwood Worship (C) *2:00 Cruisin' 'Round Town	12 **Exercise Class **Snack/ChatSocial 1:00 <u>GBHS Dog Petting Session</u> 1:30 <u>Blake Franklin Guitar/Vocals</u> 3:30 <u>Johny Wayne Abbott-Willie Nelson Tribute(CCC)</u>	13 **Ball Toss 10:30 <u>Rosary (HS/AL/LR)</u> **Snack/Chat Social 2:00 <u>Ray Reach Piano/Sing Along</u> 6:00 Lawrence Welk Show-Ch 4
14 **Devotion 10:00 <u>Dawson Worship on TV</u> **Snack/Chat Social **Bingo	15 9:45 <u>Jazzin' Jackie</u> **Snack/Chat Social 2:30 January Birthdays Celebration (CCC)	16 9:30 <u>Laughter Yoga</u> **Walking Club **Snack/Chat Social 10:30 <u>Loyce and Fred Piano and Sing Along</u> **Exercise Class 2:00 <u>Crafty Corner with She She</u>	17 ** FITIFY Fitness Class **Snack Chat Social 10:30 <u>Bingo</u> 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study (HS/MC/AR)	18 9:45 <u>Chair Yoga</u> **Snack/ChatSocial 11:00 Kirkwood Worship (C) 2:00 <u>Walker Wright Rejoicing Rhythms Drumming Session</u>	19 **Exercise Class **Snack/ChatSocial *1:30 Cruisin' 'Round Town 3:30 <u>Mac and Moss Combo (CCC)</u> Guitar/Bass/Vocals	20 **Ball Toss **Snack/Chat Social 1:30 <u>Carolyn Price Piano/Sing Along</u> 6:00 Lawrence Welk Show

JANUARY 2024 MEMORY CARE (CONTINUED)

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<p>21 **Devotion 10:00 Dawson Worship on TV **Snack/Chat Social **Bingo</p>	<p>22 9:45 Jazzin' Jackie **Snack/Chat Social</p>	<p>23 9:35 Laughter Yoga **Walking Club **Snack/Chat Social 10:30 Jessica Scott Guitar/Vocals **Exercise Class 2:00 Walker Wright Rejoicing Rhythms</p>	<p>24 **FITIFY Fitness **Snack/Chat Social 10:30 Bingo 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study</p>	<p>25 9:45 Chair Yoga 9:30 Dr. Jill Byrd Audiologist **Exercise Class **Snack/Chat Social 11:00 Kirkwood Worship (C) 1:00 Hand-In-Paw *2:30 Cruisin' 'Round Town</p>	<p>26 **Exercise Class **Snack/Chat Social 1:00 Blake Franklin Guitar/Vocals 3:30 Ed Jones and Larry Tidwell (CCC) ~Vocals & Tracks~</p>	<p>27 **Ball Toss 10:30 Rosary (HS/AL/LR) **Snack/Chat 1:30 Betty Bridges Accordion 6:00 Lawrence Welk Show</p>																															
<p>28 **Devotion 10:00 Dawson Worship on TV **Snack/Chat Social 1:30 Susan Lawrence Guitar/Vocals **Bingo</p>	<p>29 9:45 Jazzin' Jackie **Snack Chat Social 11:30 Pizza Picnic 2:00 Art Class with She She (HS/AL/AR)</p>	<p>30 9:30 Laughter Yoga-She She **Walking Club **Hydration Snack **Exercise Class 11:00 Walker Wright Rejoicing Rhythms *2:30 Cruisin' 'Round Town 7:00 Kirkwood's Got Talent (C)</p>	<p>31 **FITIFY Fitness **Snack/Chat Social 10:30 Bingo 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study</p>																																		
			<p style="text-align: center;">CLAUDIA REACH Life Enrichment Director</p> <p style="text-align: center;">RENAY LA BELL Life Enrichment Coordinator</p> <p style="text-align: center;">205-956-2184 X172 creach@kirkwoodbytheriver.com</p>	<p style="text-align: center;">*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">(C) Chapel</td> <td style="width: 33%;">(HS/AL/PDR) HillSide</td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td>Assisted Living</td> </tr> <tr> <td>(H) Hideaway</td> <td>Private Dining Room</td> </tr> <tr> <td>(HS/AL/AR) HillSide</td> <td>(HS/AL/V) HillSide</td> </tr> <tr> <td>Assisted Living</td> <td>Veranda</td> </tr> <tr> <td>Activities Room</td> <td>(L) Library-Riverview</td> </tr> <tr> <td>(HS/MC/AR) HillSide</td> <td>(MLR) Main Living Room</td> </tr> <tr> <td>Memory Care</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td>Activities Room</td> <td>(P) Pool</td> </tr> <tr> <td>(HS/AL/FR) HillSide</td> <td>(RV/WC) RiverView</td> </tr> <tr> <td>Assisted Living</td> <td>Wellness Room</td> </tr> <tr> <td>Fitness Room</td> <td>(TTL) Tree Top Lounge</td> </tr> <tr> <td>(HS/AL/LR) HillSide</td> <td>Billiards Room</td> </tr> <tr> <td>Assisted Living</td> <td>(SN) Skilled Nursing</td> </tr> <tr> <td>Living Room</td> <td></td> </tr> </table>				(C) Chapel	(HS/AL/PDR) HillSide	(CCC) Cahaba Cultural Center	Assisted Living	(H) Hideaway	Private Dining Room	(HS/AL/AR) HillSide	(HS/AL/V) HillSide	Assisted Living	Veranda	Activities Room	(L) Library-Riverview	(HS/MC/AR) HillSide	(MLR) Main Living Room	Memory Care	(OLC) Overlook Cafe	Activities Room	(P) Pool	(HS/AL/FR) HillSide	(RV/WC) RiverView	Assisted Living	Wellness Room	Fitness Room	(TTL) Tree Top Lounge	(HS/AL/LR) HillSide	Billiards Room	Assisted Living	(SN) Skilled Nursing	Living Room	
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***DEPARTURE TIMES – PLEASE MEET IN LOBBY AT THE DESIGNATED TIME. ALL ACTIVITIES ARE SUBJECT TO CHANGE.**