

MARCH 2026 KIRKWOOD ASSISTED LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>*10:00 IPC 11:00 IPC Live C and AL/LR 3:30 Episcopal Communion-C</p>	<p>2</p> <p>9:00 Jazzercise-AL/AR 10:00 Free Mending 11:00 Boccia Ball-WC 1:00 Bunco-OLC 3:00 Res Asso.Mtg-C 7:00 Bingo-CCC</p>	<p>3</p> <p>*Massage Therapy 10:00 Men's Coffee & Convo-AL/PDR 2:00 Bible Study-C 3:00 Rummikub-CCC</p>	<p>4</p> <p>9:00 Exercise-WC *9:00 Publix 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 <u>Slim Pickins Band-CCC</u> 2:00 HS Bible Study -MC/AR 4:00 Social Hour-OLC</p>	<p>5</p> <p>9:00 Balance-WC 11:00 Worship and Communion-C 12:15 <u>Connie Skellie</u> Violin Serenade 2:00 Hand&Foot-CCC</p>	<p>6</p> <p>9:00 Exercise-WC 11:15 <u>Win Schepps</u> Banjo/Vocals-CCC *12:45 The Summit 1:30 <u>GBHS-AL/AR</u> 6:30 Movie-C</p>	<p>7</p>
<p>8</p> <p>DAYLIGHT SAVING TIME *10:00 IPC 11:00 IPC Live C and AL/LR 3:30 Episcopal Communion-C</p>	<p>9</p> <p>9:00 Jazzercise 10:30 Ladies Circle-OLC 11:00 Ukulele-WC 1:00 Bunco-OLC 2:30 March Birthday Celebration-CCC 7:00 Bingo-CCC</p>	<p>10</p> <p>*Massage Therapy *10:30 Lunch at The Irondale Cafe 10:00 Men's Coffee & Convo-AL/PDR 2:00 Bible Study-C 3:30 <u>Al Mahan</u> Guitar/Vocals-CCC</p>	<p>11</p> <p>9:00 Exercise-WC *9:00 Publix 10:00 MatMakers-OLC 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 HS Bible Study -MC/AR 3:00 Line Dance-CCC 4:00 Social Hour-OLC</p>	<p>12</p> <p>9:00 Balance-WC 11:00 Worship-C 2:00 Dominos-CCC</p>	<p>13</p> <p>9:00 Exercise-WC *10:00 Murphree's Market Garden Ctr 11:00 <u>Tessa Brown</u> Vocals-CCC 2:00 Book Club-H 3:30 <u>Kevin Grigsby</u> Piano/Vocals-CCC 6:30 Movie-C</p>	<p>14</p> <p>2:00 <u>Westwood Irish Step Dancers-CCC</u></p>
<p>15</p> <p>*10:00 IPC 11:00 IPC Live C and AL/LR 3:30 Episcopal Communion-C</p>	<p>16</p> <p>9:00 Jazzercise-AL/AR 1:00 Bunco-OLC 2:00 Black Jack-CCC 7:00 Bingo-CCC</p>	<p>17</p> <p>ST. PATRICK'S DAY PODIATRIST TODAY! *Massage Therapy 10:00 Men's Coffee & Convo-AL/PDR 11:00 <u>Jessica Scott</u> Guitar/Vocals-AL/AR 2:00 Bible Study-C</p>	<p>18</p> <p>*9:00 Publix 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 <u>Niki Sepsas</u> Images of the Emerald Isle-C 2:00 HS Bible Study -MC/AR 4:00 Social Hour-OLC</p>	<p>19</p> <p>9:00 Balance-WC 9:45 <u>Dr. Jill Byrd</u> Audiologist-CCC 11:00 Worship-C 2:30 Hand&Foot-CCC</p>	<p>20</p> <p>9:00 Exercise-WC *10:00 ASO Coffee Concert - Alys Stephens Center *12:45 Dollar Tree 3:30 <u>Kara Lancaster</u> Piano/Vocals-CCC 6:30 Movie-C</p>	<p>21</p>

MARCH 2026 KIRKWOOD ASSISTED LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																														
<p>22 *10:00 IPC 11:00 IPC Live C and AL/LR 3:30 Episcopal Communion-C</p>	<p>23 9:00 Jazzercise-AL/AR 1:00 Bunco-OLC 4:00 <u>Dolores Hydock</u> Literary Hour-C 7:00 Bingo-CCC</p>	<p>24 *Massage Therapy 10:00 Men's Coffee & Convo-AL/PDR *10:30 Lunch at Jim 'N Nicks BBQ 2:00 Bible Study-C 3:30 <u>Mac&Moss Combo</u> Guitar/Bass-CCC</p>	<p>25 9:00 Exercise-WC *9:00 Publix 11:00 Ctg Prayer-C 1:30 SFX Catholic Communion-H 2:00 HS Bible Study -MC/AR 2:00 Mahjong-OLC 4:00 Social Hour-OLC</p>	<p>26 9:00 Balance-WC 11:00 Worship-C 1:30 <u>Hand-In-Paw Pet</u> <u>Therapy-AL/AR</u> 2:30 Dominos-CCC</p>	<p>27 9:00 Exercise-WC *12:45 WalMart 1:30 <u>Theatre UAB</u> "Leading Ladies"-CCC 1:30 Rummikub-CCC 6:30 Movie-C</p>	<p>28</p>																														
<p>29 *10:00 IPC 11:00 IPC Live C and AL/LR 3:30 Episcopal Communion-C</p>	<p>30 9:00 Jazzercise 11:00 Ukulele-CCC 1:00 Bunco-OLC 2:00 Art Class -MC/AR 7:00 Bingo-CCC</p>	<p>31 *Massage Therapy with Cheron 10:00 Men's Coffee & Convo-AL/PDR 2:00 Bible Study-C</p>	<p style="text-align: center;">CLAUDIA REACH Life Enrichment Director 205-956-2184 X172 creach@kirkwoodbytheriver.com</p>			<p>*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">(C) Chapel</td> <td style="width: 33%;">(HS/AL/PDR)HillSide</td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td>Assisted Living</td> </tr> <tr> <td>(H) Hideaway</td> <td>Private Dining Room</td> </tr> <tr> <td>(HS/AL/AR) HillSide</td> <td>(HS/AL/V) HillSide</td> </tr> <tr> <td>Assisted Living</td> <td>Veranda</td> </tr> <tr> <td>Activities Room</td> <td>(L) Library-Riverview</td> </tr> <tr> <td>(HS/MC/AR)HillSide</td> <td>(MDR) Main Dining Room</td> </tr> <tr> <td>Memory Care</td> <td>(MLR) Main Living Room</td> </tr> <tr> <td>Activities Rm</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td>(HS/AL/FR) HillSide</td> <td>(P) Pool</td> </tr> <tr> <td>Assisted Living</td> <td>(RV/W C) RiverView</td> </tr> <tr> <td>Fitness Room</td> <td>Wellness Room</td> </tr> <tr> <td>(HS/AL/LR) HillSide</td> <td>(TTL) Tree Top Lounge</td> </tr> <tr> <td>Assisted Living</td> <td>Billiards Room</td> </tr> <tr> <td>Living Room</td> <td>(SN) Skilled Nursing</td> </tr> </table>	(C) Chapel	(HS/AL/PDR)HillSide	(CCC) Cahaba Cultural Center	Assisted Living	(H) Hideaway	Private Dining Room	(HS/AL/AR) HillSide	(HS/AL/V) HillSide	Assisted Living	Veranda	Activities Room	(L) Library-Riverview	(HS/MC/AR)HillSide	(MDR) Main Dining Room	Memory Care	(MLR) Main Living Room	Activities Rm	(OLC) Overlook Cafe	(HS/AL/FR) HillSide	(P) Pool	Assisted Living	(RV/W C) RiverView	Fitness Room	Wellness Room	(HS/AL/LR) HillSide	(TTL) Tree Top Lounge	Assisted Living	Billiards Room	Living Room	(SN) Skilled Nursing
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<p>*FREE* *MENDING* REBECCA-MARTHA LEE KATHY-JANE March 2nd Rebecca/Kathy Martha Lee/Jane OverLook Cafe</p> <p>***** *AGNEW* *JEWELERS* REPLACE WATCH BATTERIES **FREE**</p>	<p>*GREATER* *BIRMINGHAM* *HUMANE* *SOCIETY* ***** SAVE YOUR NEWSPAPERS! *****</p>	<p>**CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p>**MASSAGE** **THERAPY** (By Appointment) Cheron Blythe March 3rd March 10th March 17th March 24th March 31st 205-902-7966 RIVERVIEW ROOM</p>																																	

***DEPARTURE TIMES - PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**