

MARCH 2026 HILLSIDE MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>*Devotion 10:00 Dawson Worship Live *Snack Social 1:45 John Scalici Get Rhythm! *Bingo</p>	<p>2</p> <p>Beauty Shop Day 9:45 Jazzercise *Snack Social</p>	<p>3</p> <p>9:45 Laughter Yoga *Walking Club *Snack Social *Exercise Class 2:00 Walker Wright Rejoicing Rhythms</p>	<p>4</p> <p>*FITIFY Fitness *Snack Social 10:30 Bingo 2:00 Slim Pickins Band-CCC 2:00 HS Bible Study</p>	<p>5</p> <p>9:45 Chair Yoga *Snack Social *10:30 Cruisin' Round Town 11:00 Worship & Communion-C 1:30 Connie Skellie Violin/Vocals 2:30 Crafty Corner</p>	<p>6</p> <p>*Exercise Class *Snack Social 10:30 Win Schepps Banjo/Vocals 1:00 GBHS Session 1:45 Blake Franklin Guitar/Vocals</p>	<p>7</p> <p>*Ball Toss *Snack Social 2:00 Jeff Johnson Guitar/Vocals</p>
<p>8</p> <p>DAYLIGHT SAVING TIME *Devotion 10:00 Dawson Worship Live *Snack Social 1:45 John Scalici Get Rhythm! *Bingo</p>	<p>9</p> <p>Beauty Shop Day 9:45 Jazzercise *Snack Social 3:00 March Birthday Celebration-CCC</p>	<p>10</p> <p>9:45 Laughter Yoga *Walking Club *Snack Social *Exercise Class 2:00 Ukulele Singalong 3:30 Al Mahan Guitar/Vocals-CCC</p>	<p>11</p> <p>*FITIFY Fitness *Snack Social 10:30 Bingo 2:00 HS Bible Study</p>	<p>12</p> <p>9:45 Chair Yoga *Snack Social *10:30 Cruisin' Round Town 11:00 Worship-C 1:00 Pat Patrick Guitar/Vocals</p>	<p>13</p> <p>*Exercise Class *Snack Social 11:00 Tessa Brown Vocals/Tracks-CCC 1:45 Blake Franklin Guitar/Vocals 3:30 Kevin Grigsby Piano/Vocals-CCC</p>	<p>14</p> <p>*Ball Toss *Snack Social 2:00 Westwood Irish Step Dancers-CCC</p>
<p>15</p> <p>*Devotion 10:00 Dawson Worship Live *Snack Social 1:45 John Scalici Get Rhythm! *Bingo</p>	<p>16</p> <p>Beauty Shop Day 9:45 Jazzercise *Snack Social</p>	<p>17</p> <p>ST. PATRICK'S DAY PODIATRIST 9:45 Laughter Yoga *Walking Club *Snack Social 10:30 Loyce & Fred Piano/Sing Along *Exercise Class</p>	<p>18</p> <p>*FITIFY Fitness *Snack Social 10:30 Bingo 2:00 HS Bible Study</p>	<p>19</p> <p>9:00 Dr. Jill Byrd Audiologist-AL/AR 9:45 Chair Yoga *Snack Social *10:30 Cruisin' Round Town 11:00 Worship-C 2:00 Walker Wright Rejoicing Rhythms</p>	<p>20</p> <p>*Exercise Class *Snack Social 10:30 Jessica Scott Guitar/Vocals 3:30 Kara Lancaster Piano/Vocals-CCC</p>	<p>21</p> <p>*Ball Toss *Snack Social 2:00 Stephen Wheeler Guitar/Vocals</p>

MARCH 2026 HILLSIDE MEMORY CARE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
22 *Devotion 10:00 Dawson Worship Live *Snack Social *Bingo	23 <u>Beauty Shop Day</u> 9:45 Jazzercise *Snack Social	24 9:45 Laughter Yoga *Walking Club *Snack Social *Exercise Class 2:00 Walker Wright Rejoicing Rhythms 3:30 Mac&Moss Combo-Guitar/Vocals/ Bass-CCC	25 *FITIFY Fitness *Snack Social 10:30 Bingo 2:00 HS Bible Study	26 9:45 Chair Yoga *Snack Social *10:30 Cruisin' Round Town 11:00 Worship-C 1:00 Hand-In-Paw Pet Therapy Visit	27 *Exercise Class *Snack Social 1:45 Blake Franklin Guitar/Vocals	28 *Ball Toss *Snack Social
29 *Devotion 10:00 Dawson Worship Live *Snack Social *Bingo	30 <u>Beauty Shop Day</u> 9:45 Jazzercise *Snack Social 2:00 Art Class	31 9:45 Laughter Yoga *Walking Club *Snack Social 10:30 Jessica Scott Guitar/Vocals *Exercise Class 2:00 Ukulele Singalong				
CLAUDIA REACH Life Enrichment Director ERICKO MORRIS Life Enrichment Coordinator JUSTIN STEWART Lif Enrichment Coordinator RENAY LABELLE Life Enrichment Coordinator 205-956-2184 X172 205-956-2184 X172 creach@kirkwoodbytheriver.com				*LEGEND* (C) Chapel (HS/AL/PDR)HillSide (CCC) Cahaba Cultural Center (H) Hideaway Assisted Living (HS/AL/AR) HillSide Private Dining Room Assisted Living (HS/AL/V) HillSide Activities Room Veranda (HS/MC/AR)HillSide (L) Library-Riverview Memory Care (MDR) Main Dining Room Activities Rm (MLR) Main Living Room (HS/AL/FR)HillSide (OLC) Overlook Cafe Assisted Living (P) Pool Fitness Room (RV/WC) RiverView (HS/AL/LR)HillSide Wellness Room Assisted Living (TTL) Tree Top Lounge Living Room Billiards Room (SN) Skilled Nursing		

*DEPARTURE TIMES – PLEASE MEET IN LOBBY AT THE DESIGNATED - TIME-ALL ACTIVITIES ARE SUBJECT TO CHANGE