

MARCH 2024 INDEPENDENT LIVING

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|---|--|--|---|--|
| | | | | CLAUDIA REACH Life Enrichment Director 205-956-2184 X172 creach@kirkwoodbytheriver.com | 1 9:00 Exercise (WC) 11:15 <u>Win Schepps</u> Banjo/Vocals (Cahaba Cultural Ctr) *1:00 The Summit 6:30 Movie Night (C) | 2 3:00 <u>Jessica Scott</u> Student Recital (CCC) 6:00 Lawrence Welk Show- TV |
| 3 *10:00 IPC 11:00 IPC **Live** (C)&(HS/AL) 1:45 <u>Small Talk</u> Puppetry (C) 3:30 Episcopal Communion (C) | 4 9:00 <u>Jazzin' Jackie</u> (HS/AL/AR) 10:00 Free Mending (OLC) 1:00 Bunco (OLC) 3:00 Residents' Association Mtg (C) 7:00 Bingo (CCC) | 5 Massage Therapy(RV) *9:30 The Polls 10:00 Men's Coffee and Conversation (HS/AL/AR) 11:00 <u>Slim Pickins</u> <u>Band</u> Blue Grass (C) 2:00 Bible Study (C) 3:30 <u>Tom Bailey</u> Civil War Series (C) | 6 9:00 Exercise (WC) *9:15 Publix 11:00 Kirkwood Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 1:30Wii Bowling(CCC) 2:00 Hillside Bible Study (HS/MC/AR) 4:00Social Hour(OLC) | 7 9:00 Balance (WC) 11:00 Kirkwood Worship and Communion (C) 12:15 <u>Connie Skellie</u> Violin Serenade (Riverside Dining) 3:15 Dominos (CCC) | 8 No Exercise Today! *9:00 American Village Festival of Tulips, Lunch at Main Street Tavern *1:00 WalMart 2:00 Book Club (H) With Author <u>Debra Goldstein</u> "One Taste Too Many" 3:15 Willie Nelson Tribute (CCC) 6:30 Movie Night (C) | 9 10:30 Rosary with <u>Ann Cote'</u> (HS/AL/LR) 6:00 Lawrence Welk Show Channel 4 |
| 10 DAYLIGHT SAVING TIME BEGINS (SET CLOCKS AHEAD ONE HOUR) *10:00 IPC 11:00 IPC Live** (C)&(HS/AL) 1:00 Drumming (HS/AL/AR) 3:30 Episcopal Communion (C) | 11 9:00 <u>Jazzin' Jackie</u> (HS/AL/AR) 10:30 Kirkwood Ladies Circle (OLC) 11:00 Boccia Ball w/ <u>Foxy</u> (RV/WC) 1:00 Bunco (OLC) 2:30 March Birthdays Celebration (C) 7:00 Bingo (CCC) | 12 Massage Therapy (RV) 10:00 Men's Coffee & Conversation (HS/AL/AR) 2:00 Bible Study (C) 3:30 <u>Tom Bailey</u> Civil War Series (C) 6:30 Movie Night (C) | 13 9:00 Exercise (WC) *9:15 Publix 10:00 Mat Makers (OLC) 11:00 Kirkwood Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 2:00 HillSide Bible Study (HS/MC/AR) 2:00 Mahjong (OLC) 4:00Social Hour(OLC) | 14 9:00 Balance (WC) 10:15 <u>Dr. Jill Byrd</u> Audiologist (OLC) 11:00 Worship (C) 2:00 Hand & Foot Card Games (CCC) | 15 9:00 Exercise (WC) 10:30 <u>Jessica Scott</u> Guitar (HS/AL/AR) *1:00 Dollar Tree 2:30 St. Patrick's Day Party (CCC) Bagpiper-Singing- Snacks- Beverages 6:30 Movie Night (C) | 16 3:00 Westwood Irish Step Dancers (CCC) 6:00 Lawrence Welk Show- Channel 4 |

MARCH 2024 INDEPENDENT LIVING (CONTINUED)

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|--|--|--|--|---|
| 17 *10:00 IPC 11:00 IPC Live (C)&(HS/AL) 3:30 Episcopal Communion (C) 6:00 Hymn Sing (C) | 18 9:00 Jazzin' Jackie (HS/AL/AR) 9:00-4:00 Collection for Tree Top Thrift(TTL) 9:30 Beginner Bridge Class (OLC) 1:00 Bunco(OLC) 2:00 Art Class (HS/AL/AR) 7:00 Bingo (CCC) | 19 Massage Therapy(RV) 9:00-4:00 Collection for Tree Top Thrift (TTL) *9:45 Lunch Niki's West 10:00 Men's C&C (HS/AL/AR) 2:00 Bible Study(C) | 20 9:00-4:00 Tree Top Thrift OPEN 9:00 Exercise (WC) *9:15 Publix 11:00 KW Ctg Pyr (C) 1:30 Communion-H 2:00 The Great Minds of Birmingham (CCC) <small>Andrea Lindenberg David Carrington Jay St. Clair Scott Stantis Colonel Grant</small> 2:00 Hillside Bible Study (HS/MC/AR) 4:00 Social Hour(OLC) | 21 9:00-3:00 Tree Top Thrift OPEN 9:00 Balance (WC) 11:00 Palm Sunday Worship (C) 3:15 Dominos (CCC) | 22 9:00 Exercise (WC) 11:10 GBHS Dog Petting Session (OLC) 3:30 Tom Bailey Civil War Series (C) 6:30 Movie Night (C) | 23 10:30 Rosary with Ann Cote' (HS/AL) 6:00 Lawrence Welk Show Channel 4 |
| 24 PALM SUNDAY *10:00 IPC 11:00 IPC Live (C)&(HS/AL) 3:30 Episcopal Communion (C) | 25 9:00 Jazzin' Jackie (HS/AL/AR) 9:30 Beginner Bridge Class (OLC) 1:00 Bunco (OLC) 4:00 Dolores Hydock Literary Hour (C) 7:00 Bingo (CCC) | 26 Massage Therapy(RV) 10:00 Men's Coffee & Conversation (HS/AL) *10:30 Half Shell Oyster House 2:00 Bible Study(C) 7:00 Kirkwood's Got Talent?! (C) | 27 9:00 Exercise (WC) *9:15 Publix 10:00 MatMakers OLC 11:00 Ctg Prayer (C) 1:30 Cath Communion 2:00 HS Bible Study 4:00 Social Hour(OLC) | 28 MAUNDY THURSDAY 9:00 Balance (WC) 11:00 Maundy Thursday Worship and Communion (C) 1:40 Hand-In-Paw Pet Therapy Visit(OLC) 2:00 Hand & Foot(CCC) | 29 GOOD FRIDAY 9:00 Exercise (WC) 11:00 Stations of the Cross with The Rev Lucy Turner 2:00 Trussville Ukelele Strummers (CCC) 6:30 Movie Night (C) | 30 6:00 Lawrence Welk Show Channel 4 |
| 31 EASTER SUNDAY *10:00 IPC 11:00 IPC Live (C)&(HS/AL) **No Episcopal Comm Today! 4:00 Easter Sunday Worship | *FREE MENDING* Monday March 4 th Rebecca Mason Martha Lee Culp Kathy Leaver Jane McGriff OverLook Cafe *AGNEW* *JEWELERS* REPLACE WATCH BATTERIES **FREE** | *GREATER* *BIRMINGHAM* *HUMANE SOCIETY* ***** SAVE YOUR NEWSPAPERS! ***** | **CHAMPION** **CLEANERS** -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737 | **MASSAGE** **THERAPY** (By Appointment) Cheron Blythe March 5 th March 12 th March 19 th March 26 th 205-902-7966 | *LEGEND* (C) Chapel (HS/AL/PDR)HillSide (CCC) Cahaba Cultural Center (H) Hideaway Assisted Living (HS/AL/AR) HillSide Private Dining Room Assisted Living (HS/AL/V) HillSide Activities Room Veranda (HS/MC/AR)HillSide (L) Library-Riverview Memory Care (MLR) Main Living Rm Activities Room (OLC) Overlook Cafe (HS/AL/FR)HillSide (P) Pool Assisted Living (RV/WC) RiverView Fitness Room Wellness Room (HS/AL/LR)HillSide (TTL) Tree Top Lounge Assisted Living Billiards Room Living Room (SN) Skilled Nursing | |