

MAY 2024 MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 *FITIFY Fitness *10:30 Cruisin' Round Town *Snack/Chat Social 1:30 SFX Catholic Communion (H) 2:00 Bingo (MC/AR) 3:15 HillSide Bible Study (HS/MC/AR)	2 9:45 Chair Yoga *Snack/Chat Social 11:00 Worship & Communion(C) 3:15 Cahaba Saxophone (CCC)	3 *Exercise Class *Snack/Chat Social (HS/MC/AR) 1:00 GBHS Session (HS/MC/AR) 3:15 Alexanders Saxophone and Vocals (C)	4 *Ball Toss (HS/MC/AR) *Snack/Chat (HS/MC/AR) 2:30 Ray Reach and Carlos Pino Piano-Guitar-Vocals (HS/MC/AR) 6:00 Lawrence Welk Show TV4
5 *Devotion 10:00 Dawson Worship on TV *Snack/Chat 1:45 John Scalici Got Rhythm! 2:30 Betty Bridges' Recital (CCC) *Bingo	6 Beauty Shop Day 9:45 Jazzin' Jackie *Snack/Chat Social 1:30 Cath Rosary(C) 2:00 Walker Wright Rejoicing Rhythms (HS/MC/AR)	7 9:45 Laughter Yoga w/She She *Walking Club *Snack/Chat *Exercise 11:00 Slim Pickins Band (CCC)	8 *FITIFY Fitness *Snack/Chat *10:30 Cruisin' Round Town 1:30 SFX Catholic Communion (H) 2:00 Birmingham Baroque (CCC) 3:15 HS Bible Study 4:00 Bingo	9 9:45 Chair Yoga *Snack/Chat 11:00 Kirkwood Worship (C) 1:30 Connie Skellie Violin/Vocals	10 *Exercise Class *Snack/Chat 1:45 Blake Franklin Guitar/Vocals 3:15 Johnny Wayne Abbott Willie Nelson Tribute(CCC)	11 *Ball Toss *Snack/Chat 6:00 Lawrence Welk Show TV
12 *Devotion 10:00 Dawson Worship on TV *Snack/Chat Social *Bingo	13 Beauty Shop Day 9:45 Jazzin' Jackie *Snack/Chat 1:30 Cath Rosary(C) 2:30 May Birthday Celebration (C)	14 9:45 Laughter Yoga w/She She *Walking Club *Snack/Chat 10:30 Jessica Scott Guitar/Vocals *Exercise Class 2:00 Crafty Corner with She She	15 *FITIFY Fitness *10:30 Cruisin' Round Town *Snack Chat 1:30 SFX Catholic Communion (H) 2:00 Bingo 3:15 HS Bible Study	16 9:45 Chair Yoga *Snack/Chat 9:30 Dr. Jill Byrd Audiologist 11:00 Worship (C) 1:00 Hand-In-Paw 2:00 Shalom Hand Bell Duo(CCC)	17 *Exercise Class *Snack/Chat 11:00 WalkerWright Rejoicing Rhythms 1:45 Blake Franklin Guitar/Vocals	18 *Ball Toss *Snack/Chat 1:45 Carolyn Price Piano/Singing 6:00 Lawrence Welk Show-Ch4

MAY 2024 HILLSIDE MEMORY CARE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>19</p> <p>*Devotion 10:00 Dawson Worship on TV *Hydration 2:00 Drumming- Kim 3:00 Betty Bridges Accordion *Bingo 6:00 Hymn Sing (C)</p>	<p>20</p> <p>Beauty Shop Day 9:45 Jazzin' Jackie *Snack/Chat 12:00 Pizza Picnic 1:30 Cath Rosary (C)</p>	<p>21</p> <p>9:45 Laughter Yoga with She She *Walking Club *Snack/Chat 10:30 Loyce and Fred Piano/Singing *Exercise Class 2:00 Walker Wright Rejoicing Rhythms</p>	<p>22</p> <p>*FITIFY Fitness *Hydration Snack Chat (HS/MC/AR) 10:30 Bingo 1:30 SFX Catholic Communion (H) 2:00 HooverSongbirds Senior Adult Choir (CCC) 3:15 HS Bible Study</p>	<p>23</p> <p>9:45 Chair Yoga *Snack/Chat 9:30 Dr. Jill Byrd Audiologist (HS/AL/AR) 11:00 Kirkwood Worship (C) 1:00 Hand-In-Paw Pet Therapy</p>	<p>24</p> <p>*Exercise Class *Snack/Chat Social *10:30 Cruisin' 'Round Town 1:45 Blake Franklin Guitar/Vocals</p>	<p>25</p> <p>*Ball Toss *Snack/Chat 6:00 Lawrence Welk Show</p>
<p>26</p> <p>*Devotion 10:00 Dawson Worship on TV *Snack/Chat 1:45 Susan Lawrence Guitar/Vocals *Bingo</p>	<p>27</p> <p>Memorial Day Beauty Shop Day No Jazzin' Jackie or Catholic Rosary! *Snack/Chat 2:00 Memorial Day Patriotic Program</p>	<p>28</p> <p>9:45 Laughter Yoga w/She She *Walking Club *Snack/Chat **Exercise Class 2:00 Walker Wright Rejoicing Rhythms 7:00 Kirkwood's Got Talent!? (C)</p>	<p>29</p> <p>*FITIFY Fitness *10:30 Cruisin' 'Round Town *Snack/Chat Social 1:30 SFX Catholic Communion (H) 2:00 Show Stoppers Tap Dancers (CCC) 3:15 HS Bible Study</p>	<p>30</p> <p>9:45 Gentle Chair Yoga with Gloria **Exercise Class **Snack/Chat 11:00 Worship(C) 2:00 Art Class with She She (HS/AL/AR)</p>	<p>31</p> <p>*Exercise Class *Snack/Chat Social 10:30 Bingo</p>	
<p>CLAUDIA REACH Life Enrichment Director</p> <p>RENAY LA BELLE Life Enrichment Coordinator</p> <p>205-956-2184 X172 creach@kirkwoodbytheriver.com</p>				<p>*LEGEND*</p> <p>(C) Chapel (HS/AL/PDR) HillSide (CCC) Cahaba Cultural Center (H) Hideaway Assisted Living (HS/AL/AR) HillSide Private Dining Room Assisted Living (HS/AL/V) HillSide Activities Room Veranda (HS/MC/AR) HillSide (L) Library-Riverview Memory Care (MLR) Main Living Rm Activities Room (OLC) Overlook Cafe (HS/AL/FR) HillSide (P) Pool Assisted Living (RV/WC) RiverView Fitness Room Wellness Room (HS/AL/LR) HillSide (TTL) Tree Top Lounge Assisted Living Billiards Room Living Room (SN) Skilled Nursing</p>		

*DEPARTURE TIMES – PLEASE MEET IN LOBBY AT THE DESIGNATED TIME-ALL ACTIVITIES ARE SUBJECT TO CHANGE.