

NOVEMBER 2023 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 9:00 Exercise (WC) *9:15 Publix 11:00 Ctg Prayer(C) 1:30 SFX Catholic Communion (H) 2:00 <u>Niki Sepsas</u> Salute to Veterans and their Families(C) 4:00 SocialHour(OLC)	2 9:00 Balance (WC) 11:00 All Saints Day Observance (C) 12:15 <u>Connie Skellie</u> Violin Serenade (Riverside Dining) 2:00 Hand and Foot Card Game (CCC)	3 9:00 Exercise(WC) 10:40 <u>GBHS</u> (OLC) *1:00 The Summit 1:30 <u>Theatre UAB</u> Broadway Today(C) 3:30 <u>TheAlexanders</u> Sax/Vocals(C) 6:30 Movie Night(C)	4 6:00 Lawrence Welk TV Channel 4 ALABAMA VS LSU AUBURN VS VANDERBILT
5 DAYLIGHT SAVING TIME END (SET CLOCKS BACK ONE HOUR) *10:15 IPC 11:00 IPC Live (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	6 9:00 Jazzin' <u>Jackie</u> (HS/AL/AR) 10:00 Mending(OLC) 11:00 BocciaBall WC 1:00 Bunco (OLC) 1:15 Dominos (CCC) 3:00 Residents' Assoc Mtg(C) 7:00 Bingo (CCC)	7 Massage Therapy(RV) 10:00 Men's Coffee & Conversation(AL/PDR) 11:00 <u>Slim Pickins</u> Band (C) 2:00 Bible Study (C) 3:30 <u>Susan Lawrence</u> Guitar/Vocals (C) 6:15 <u>Poodle Magic</u> (LR)	8 9:00 Exercise (WC) *9:15 Publix 10:00 MatMakers OLC 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 2:00 Mahjong (OLC) 3:15 Drumming (AL/AR) 4:00 Social Hour(OLC)	9 9:00 Balance (WC) 11:00 Worship and Communion (C) 2:00 Veterans Day Program (Chapel) <u>BRASS4HIM</u> -Brass Ensemble & Iwo Jima Reenactment 3:15 Rummikub(CCC)	10 9:00 Exercise (WC) 10:30 <u>Ricky Mary</u> Anne-Sing Along (C) *1:00 Walgreens/ CVS 2:00 Kirkwood Book Club (H) 3:30 <u>Johny Wayne</u> <u>Abbott Willie Nelson</u> Tribute(C) 6:30 Movie Night (C)	11 10:30 Rosary (HS/AL/LR) 6:00 Lawrence Welk Show-TV Channel 4 AUBURN VS ARKANSAS ALABAMA VS KENTUCKY
12 *10:15 IPC 11:00 IPC Live (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)	13 9:00 Jazzin' <u>Jackie</u> (HS/AL/AR) 10:30 Kirkwood Ladies Circle (OLC) 1:00 Bunco (OLC) 2:30 November Birthdays (C) 7:00 Bingo (CCC)	14 Massage Therapy(RV) *8:15 Waffle House 10:00 Men's Coffee Conversation(AL/PDR) 2:00 Bible Study (C) 3:15 Hand and Foot Card Game (CCC)	15 9:00 Exercise (WC) *9:15 Publix 11:00 Ctg Prayer(C) 1:30 SFX Catholic Communion (H) 2:00 <u>Mitchell</u> <u>Reid</u> (C) Nature Conservancy In Alabama-Antarctica 4:00 Social Hour(OLC)	16 9:00 Balance (WC) 10:15 <u>Dr. Jill Byrd</u> Audiologist (OLC) 11:00 Worship (C) 1:40 <u>Hand-In-Paw</u> Pet Therapy(OLC) 3:30 <u>Ray Reach Trio</u> Jimmy Buffet (CCC)	17 9:00 Exercise (WC) *10:00 ASO Coffee Concert UAB Stephens Center 10:30 <u>Jessica Scott</u> (AL/AR) *1:00 Dollar Tree 1:30 Amaryllis Affair (CCC) 6:30 Movie Night (C)	18 6:00 Lawrence Welk Show on TV Channel 4 ALABAMA VS CHATTANOOGA AUBURN VS NEW MEXICO ST

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<p>19 *10:15 IPC 11:00 IPC Live (C)&(HS/AL/LR) 3:30 Episcopal Communion (C) 6:00 Hymn Sing(C)</p>	<p>20 9:00 Jazzin' Jackie (AL/AR) 1:00 Bunco (OLC) 2:00 Art Class (AL/AR) 7:00 Bingo (CCC)</p>	<p>21 PODIATRIST! Massage Therapy 10:00 Men's Coffee and Conversation (HS/AL/PDR) *10:15 Village Tavern for Lunch 2:00 Bible Study(C) 3:30 John O/Malley Native Americans of The Old West (C)</p>	<p>22 9:00 Exercise (WC) *9:15 Publix 10:00 MatMakers(OLC) 11:00 Hugh Gross Memorial Service(C) 11:00 Ctnng Prayer (C) 1:15 Dominos (CCC) 1:30 SFX Catholic Communion (H) 4:00 Social Hour(OLC)</p>	<p>23 No Balance Class! 11:00 Thanksgiving Worship Service(C) 2:30 Afternoon Movie (C)</p>	<p>24 No Exercise Class! No Shopping Trip! 6:30 Movie Night (C)</p>	<p>25 10:30 Rosary(AL/LR) 6:00 Lawrence Welk Show on TV</p> <p style="text-align: center;">Iron Bowl! AUBURN VS ALABAMA</p>																						
<p>26 *10:15 IPC 11:00 IPC Live (C)&(HS/AL/LR) 3:30 Episcopal Communion (C)</p>	<p>27 9:00 Jazzin' Jackie (AL/AR) 1:00 Bunco (OLC) 1:15 Hand and Foot Card Game (CCC) 4:00 Dolores Hydock Literary Hour (CCC) 7:00 Bingo (CCC)</p>	<p>28 Massage Therapy 10:00 Men's Coffee and Conversation (HS/AL/PDR) *10:30 Lunch at Red Lobster 2:00 Bible StudyC 3:30 Surprise Package Female Vocal (C) 7:00 Kirkwood's Got Talent! (C)</p>	<p>29 9:00 Exercise (WC) *9:15 Publix 11:00 Ctnng Prayer (C) 1:30 SFX Catholic Communion (H) 2:00 Dr. Jason Kirby Birmingham Botanical Gardens Bringing the Outdoors In(C) 4:00 Social Hour(OLC)</p>	<p>30 9:00 Balance (WC) 11:00 Worship (C) 2:00 Shalom Hand Bell Duo Concert (C) 6:30 Alabama Civic Chorale - Choir (CCC)</p>																								
<p>*FREE MENDING* REBECCA/MARTHA LEE KATHY/JANE November 6th OverLook Cafe</p> <p style="text-align: center;">*****</p> <p>AGNEW JEWELERS REPLACE WATCH BATTERIES **FREE**</p>	<p style="text-align: center;">*GREATER* *BIRMINGHAM* *HUMANE SOCIETY*</p> <p style="text-align: center;">SAVE YOUR NEWSPAPERS! *****</p>	<p style="text-align: center;">**CHAMPION** CLEANERS -Free Pick-up- -Free Delivery- Tuesdays & Fridays 11:00 A.M. 205-824-7737</p>	<p style="text-align: center;">**MESSAGE** **THERAPY** (By Appointment) Cheron Blythe November 7th November 14th November 21st November 28th 205-902-7966 THE HIDEAWAY</p>	<p style="text-align: center;">CLAUDIA REACH Life Enrichment Director 205-956-2184 X172 creach@kirkwoodbytheriver.com</p>	<p style="text-align: center;">*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">(C) Chapel</td> <td style="width: 33%;">(L) Library-Riverview</td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td>(LR) Living Room</td> </tr> <tr> <td>(H) Hideaway</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td>(HS/AL/AR) HillSide</td> <td>(P) Pool</td> </tr> <tr> <td>Assisted Living</td> <td>Activities Room (RV/WC) RiverView</td> </tr> <tr> <td>(HS/MC/AR)HillSide</td> <td>Wellness Room</td> </tr> <tr> <td>Memory Care</td> <td>(TTL) Tree Top Lounge</td> </tr> <tr> <td>Activities Room (SN)</td> <td>Skilled Nursing</td> </tr> <tr> <td>(HS/AL/PDR)HillSide</td> <td></td> </tr> <tr> <td>Assisted Living</td> <td></td> </tr> <tr> <td>Private Dng Rm</td> <td></td> </tr> </table>		(C) Chapel	(L) Library-Riverview	(CCC) Cahaba Cultural Center	(LR) Living Room	(H) Hideaway	(OLC) Overlook Cafe	(HS/AL/AR) HillSide	(P) Pool	Assisted Living	Activities Room (RV/WC) RiverView	(HS/MC/AR)HillSide	Wellness Room	Memory Care	(TTL) Tree Top Lounge	Activities Room (SN)	Skilled Nursing	(HS/AL/PDR)HillSide		Assisted Living		Private Dng Rm	
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***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**