

NOVEMBER 2024 HILLSIDE MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				CLAUDIA REACH Life Enrichment Director RENAY LA BELLE Life Enrichment Coordinator 205-956-2184 X172 creach@kirkwoodbytheriver.com	1 **Exercise Class **Snack/Chat 1:45 GBHS Dog Petting Session 2:00 Blake Franklin Guitar/Vocals 3:15 The Alexander's Saxophone/Vocals (CCC)	2 **Ball Toss **Snack/Chat
3 DAYLIGHT SAVING TIME ENDS **Devotion 10:00 Dawson Worship on TV *Snack/Chat 1:45 John Scalici Got Rhythm Drumming **Bingo&Friends	4 Beauty Shop Day 9:45 Jazzin' Jackie **Snack/Chat 2:00 Walker Wright Rejoicing Rhythms Drumming Session	5 9:45 Laughter Yoga with She She **Walking Club **Snack/Chat Social **Exercise Class 11:00 Slim Pickins Band Blue Grass/Country (C) 2:00 Crafty with She She (HS/MC/AR)	6 **FITIFY Fitness **Snack/Chat *10:30 Cruisin' Round Town 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study 3:00 Bingo	7 9:45 Chair Yoga **Snack/Chat 11:00 Worship and Communion (C) 1:30 Connie Skellie Violin/Vocals	8 **Exercise Class **Snack/Chat 1:45 Blake Franklin Guitar/Vocals 3:15 Johny Wayne Abbott Willie Nelson Tribute (CCC)	9 **Ball Toss **Snack/Chat 2:00 Pat Patrick Guitar/Vocals
10 **Devotion 10:00 Dawson Worship on TV **Snack/Chat 1:45 John Scalici Got Rhythm Drumming **Bingo&Friends	11 Beauty Shop Day 9:45 Jazzin' Jackie **Snack/Chat 2:30 November Birthday Celebration and Veterans Day Program (CCC)	12 PODIATRIST TODAY! 9:45 Laughter Yoga w/ She She **Walking Club **Snack/Chat **Exercise Class 10:30 Jessica Scott 2:00 Walker Wright Drumming 3:15 Old Fashioned Rhythm Method (CCC)	13 **FITIFY Fitness **Snack/Chat *10:30 Cruisin' Round Town 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study 3:00 Bingo	14 9:45 Chair Yoga **Snack/Chat 11:00 Worship (C) 3:15 Ray Reach Susan Lawrence Piano/Guitar/Vocal (CCC)	15 **Snack/Chat 10:30 Art Adventure with Cindy 1:45 Blake Franklin Guitar/Vocals	16 **Ball Toss **Snack/Chat 1:45 Carolyn Price Singing

NOVEMBER 2024 HILLSIDE MEMORY CARE (CONTINUED)

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<p>17 **Devotion 10:00 Dawson Worship on TV **Snack/Chat 1:45 John Scalici Got Rhythm Drumming 1:45 Small Talk Puppet (C) **Bingo&Friends</p>	<p>18 Beauty Shop Day 9:45 Jazzin' Jackie **Snack/Chat 2:00 Art Class with She She (HS/AL/AR)</p>	<p>19 9:45 Laughter Yoga w/She She **Walking Club **Snack/Chat 10:30 Loyce and Fred Piano/Singing **Exercise Class 1:45 Ukulele Singalong 3:15 Jimmy Buffet Tribute (CCC)</p>	<p>20 **FITIFY Fitness **Snack/Chat *10:30 Cruisin' Round Town 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study (HS/MC/AR) 3:00 Bingo</p>	<p>21 9:30 Dr. Jill Byrd Audiologist (HS/AL/AR) 9:45 Chair Yoga *Snack/Chat 11:00 Worship-C 1:00 HIP Pet Therapy 2:00 Walker Wright Drumming 3:15 Mac/Moss Combo (CCC)</p>	<p>22 **Exercise Class **Snack/Chat 2:00 ShowStoppers Tap Dancers Christmas Show (CCC)</p>	<p>23 **Ball Toss **Snack/Chat 2:00 Ray/Carlos</p>
<p>24 **Devotion 10:00 Dawson Worship on TV **Snack/Chat 1:45 Susan Lawrence Guitar/Vocals **Bingo&Friends</p>	<p>25 Beauty Shop Day 9:45 Jazzin' Jackie **Snack/Chat 12:00 Pizza Picnic 2:00 Walker Wright Drumming</p>	<p>26 9:45 Laughter Yoga with She She **Walking Club **Snack/Chat 10:30 Art Adventure **Exercise Class 7:00 Kirkwood's Got Talent?! (C)</p>	<p>27 **FITIFY Fitness **Snack/Chat *10:30 Cruisin' Round Town 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study 3:00 Bingo</p>	<p>28 HAPPY THANKSGIVING! No Balance Class Today! **Snack/CHAT 11:00 Kirkwood Thanksgiving Day Worship (C)</p>	<p>29 **Exercise Class **Snack/Chat</p>	<p>30 **Ball Toss **Snack/Chat 2:00 Betty Bridges Accordion Sing Along</p>

LEGEND*

(C) Chapel (HS/AL/PDR) HillSide
 (CCC) Cahaba Cultural Center
 (H) Hideaway Assisted living
 (HS/AL/AR) HillSide Private Dining Room
 Assisted Living (HS/AL/V) HillSide
 Activities Room Veranda
 (HS/MC/AR) HillSide (L) Library
 MemoryCare (MLR) Main Living Rm
 Asst Living (OLC) OverLook Café
 (HS/AL/FR) HillSide (P) Pool
 Assisted Living(RV/WC) RiverView
 Fitness Center Wellness Center
 (HS/AL/LR) HillSide (TTL) Tree Top Lounge
 Assisted Living Billiards Room
 Living Room (SN) Skilled Nursing

*DEPARTURE TIMES-PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME. ALL ACTIVITIES ARE SUBJECT TO CHANGE.