

# NOVEMBER 2023 MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> **FITIFY Fitness **Snack Chat Social 10:30 Bingo (MC/AR) 1:30 SFX Catholic Communion (H) <b>2:00 Bible Study</b> (MC/AR)	<b>2</b> 9:45 Chair Yoga (MC/AR) **Snack/ChatSocial 11:00 All Saints Day Observance (C) 1:30 <u>Connie Skellie</u> Violin/Vocals (MC/AR) <b>*2:45 Cruisin' 'Round Town</b>	<b>3</b> **Exercise(MC/AR) **Snack/ChatSocial (MC/AR) 10:00 <u>GBHS</u> (MC/AR) 1:30 <u>Theatre UAB</u> Broadway Today! (CCC) 3:30 <u>TheAlexanders</u> Sax/Vocals (C)	<b>4</b> **Ball Toss **Snack/Chat 1:30 <u>Rose Moreland</u> -Piano/Sing Along 6:00 Lawrence Welk Show Channel 4
<b>5</b> <b>DAYLIGHT SAVING TIME ENDS (SET CLOCKS BACK ONE HOUR)</b> **Devotion 10:00 Dawson Worship on TV **Snack/Chat **Bingo	<b>6</b> <b>Beauty Shop Day</b> 9:45 <u>Jazzin' Jackie</u> (HS/MC/AR) *Snack/Chat Social 2:00 <u>Walker Wright</u> Rejoicing Rhythms (HS/MC/AR)	<b>7</b> 9:30 Laughter Yoga (MC/AR) **Walking Club **Snack/Chat Social **Exercise Class 11:00 <u>Slim Pickins Band</u> (C) 3:30 <u>Susan Lawrence</u> Guitar/Vocals (C) 6:15 <u>Poodle Magic</u> (LR)	<b>8</b> **FITIFY Fitness **Snack/Chat Social 10:30 Bingo 1:30 SFX Catholic Communion (H) <b>2:00 HillSide Bible Study</b> (HS/MC/AR) <b>*3:15 Cruisin' 'Round Town</b>	<b>9</b> 9:45 Chair Yoga (MC/AR) **Snack/Chat Social (MC/AR) <b>11:00 Worship &amp; Communion</b> (C) <b>2:00 Veterans Day Program</b> (Chapel) <u>BRASS4HIM &amp; Iwo Jima</u> Reenactment	<b>10</b> **Exercise(MC/AR) **Snack/ChatSocial 10:30 Ricky-Mary Anne-Sing Along(C) 1:30 <u>Blake Franklin</u> Guitar/Vocals 3:30 <u>Johny Wayne Abbott</u> (C) Willie Nelson Tribute	<b>11</b> **Ball Toss 10:30 <u>Rosary</u> (AL/LR) **Snack/Chat 2:00 <u>Ray &amp; Chuck</u> Piano/Vocals (MC/AR) 6:00 Lawrence Welk Show Channel 4
<b>12</b> **Devotion 10:00 Dawson Worship on TV **Snack/Chat Social **Bingo (MC/AR)	<b>13</b> <b>Beauty Shop Day</b> 9:45 <u>Jazzin' Jackie</u> (MC/AR) **Snack/Chat Social <b>2:30 November Birthdays Celebration</b> (C)	<b>14</b> **Walking Club **Snack/Chat Social **Exercise Class 11:00 <u>Walker Wright</u> Rejoicing Rhythms (MC/AR) 2:00 Crafty Corner with She She (MC/AR)	<b>15</b> **FITIFY Fitness **Snack Chat Social 10:30 Bingo (MC/AR) 1:30 SFX Catholic Communion (H) <b>2:00 Bible Study</b> (MC/AR)	<b>16</b> 9:45 Chair Yoga (MC/AR) **Snack Social 9:30 <u>Dr. Jill Byrd</u> Audiologist(AL/AR) <b>11:00 Worship</b> (C) 1:00 <u>Hand-In-Paw</u> (MC/AR) 3:30 <u>Ray Reach Trio</u> Jimmy Buffet (CCC)	<b>17</b> **Exercise Class **Snack/ChatSocial <b>*3:00 Cruisin' 'Round Town</b>	<b>18</b> **Ball Toss **Snack Social 1:30 <u>Carolyn Price</u> Piano/Sing Along (MC/AR) 6:00 Lawrence Welk Show-Ch4

# NOVEMBER 2023 MEMORY CARE (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
<b>19</b> **Devotion 10:00 Dawson Worship on TV **Snack Social 2:30 Betty Bridges Accordion **Bingo	<b>20</b> <u>Beauty Shop Day</u> 9:45 Jazzin' Jackie **Snack/Chat Social 12:00 Pizza Picnic 2:00 Art Class with She She(AL/AR)	<b>21</b> <u>PODIATRIST</u> 9:30 Laughter Yoga with She She(MC/AR) **Walking Club **Snack/Chat Social **Exercise Class *2:00 Cruisin' "Round Town	<b>22</b> **FITIFY Fitness **Snack Chat Social 10:30 Bingo (MC/AR) 1:30 SFX Catholic Communion (H) 2:00 HillSide Bible Study (MC/AR) 3:00 Walker Wright Rejoicing Rhythms	<b>23</b> **Exercise Class **Snack/Chat Social 11:00 Thanksgiving Worship (C)	<b>24</b> **Exercise Class **Snack Chat Social 1:30 Blake Franklin Guitar (MC/AR)	<b>25</b> **Ball Toss 10:30 Rosary (AL/LR) **Snack Social 6:00 Lawrence Welk Show	
<b>26</b> **Devotion 10:00 Dawson Worship on TV **Snack Social 1:30 Susan Lawrence Guitar/Vocals **Bingo	<b>27</b> <u>Beauty Shop Day</u> 9:45 Jazzin' Jackie **Snack Chat Social 2:00 Walker Wright Rejoicing Rhythms (MC/AR)	<b>28</b> **Walking Club **Snack Chat Social 10:30 Jessica Scott Guitar/Vocals (MC/AR) **Exercise Class 3:30 Surprise Package Female Quartet (C) 7:00 Kirkwood's Got Talent!? (C)	<b>29</b> **FITIFY Fitness **Snack/Chat Social 10:30 Bingo (MC/AR) 1:30 SFX Catholic Communion (H) 2:00 HillSide Bible Study(MC/AR)	<b>30</b> 9:45 Chair Yoga **Exercise Class **Snack Social 11:00 Worship(C) 2:00 Shalom Hand Bell Concert (CCC) 6:30 Alabama Civic Chorale-Choir(CCC)			
				<b>CLAUDIA REACH</b> Life Enrichment Director  <b>RENAY DAVIES</b> Life Enrichment Coordinator  205-956-2184 X172 <a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a>	<b>*LEGEND*</b> (C) Chapel (L) Library-Riverview (CCC) Cahaba Cultural Center (H) Hideaway (LR) Living Room (HS/AL/AR) HillSide (OLC) Overlook Cafe Assisted Living (P) Pool Activities Room (RV/WC) RiverView (HS/MC/AR) HillSide Wellness Room Memory Care (TTL) Tree Top Lounge Activities Room (SN) Skilled Nursing (HS/AL/PDR) HillSide Assisted Living Private Dining Rm		

\*DEPARTURE TIMES – PLEASE MEET IN LOBBY AT THE DESIGNATED TIME-ALL ACTIVITIES ARE SUBJECT TO CHANGE.