

# OCTOBER 2024 INDEPENDENT LIVING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<p><b>1</b></p> <p>*Massage Therapy* 10:00 Men's Coffee and Conversation (HS/AL/PDR) 11:00 <u>The Slim Pickins Band</u> <u>Blue Grass</u> (CCC) <b>2:00 Bible Study (C)</b> 3:15 <u>Susan Lawrence</u></p>	<p><b>2</b></p> <p>9:00 Exercise (WC) <b>*9:15 Publix</b> 11:00 Ctg Prayer (C) 1:30 SFX Catholic Communion (H) 1:30 Wii Bowl (CCC) <b>2:00 HS Bible Study (HS/MC/AR)</b> 4:00 Social Hour(OLC)</p>	<p><b>3</b></p> <p>9:00 Balance (WC) <b>11:00 Worship Communion (C)</b> 12:15 <u>Connie Skellie</u> Violin (Riverside Dining) 1:15 Dominos(CCC) 3:00 <u>Jon Michael</u> <u>Ogletree</u> Piano</p>	<p><b>4</b></p> <p>9:00 Exercise (WC) <b>9:30 Voter Reg Absentee Ballots (CCC)</b> 10:30 Ukulele (CCC) <b>*1:00 Target</b> 1:40 <u>GBHS Session</u> (LR) 3:15 <u>Virginia Jones</u> PhotoTalk (CCC) 6:30 Movie Night (C)</p>	<p><b>5</b></p> <p style="text-align: center;"><b>ALABAMA VS VANDERBILT AUBURN VS GEORGIA</b></p>
<p><b>6</b></p> <p><b>*10:15 IPC</b> 11:00 IPC *Live* (C) &amp; (HS/AL/LR) 3:30 Episcopal Communion (C)</p>	<p><b>7</b></p> <p><b>9:00 - 12:00 FLU VACCINE (WC)</b> 9:00 <u>Jazzin' Jackie</u> (HS/AL/AR) <b>10:00 HS Res Asso Mtg (HS/AL/AR)</b> 10:00 Mending (OLC) 11:00 Boccia Ball(LR) 1:00 Bunco (OLC) <b>3:00 KW Res Asso Mtg (C)</b> 7:00 Bingo (CCC)</p>	<p><b>8</b></p> <p>*Massage Therapy* 10:00 Men's Coffee and Conversation (HS/AL/PDR) 11:00 <u>Hoover High Jam Band</u> (CCC) <b>2:00 Bible Study (C)</b> 3:00 Irondale Train Rides <b>4:00 Voter Reg Absentee (CCC)</b></p>	<p><b>9</b></p> <p>9:00 Exercise (WC) <b>*9:15 Publix</b> 10:00 MatMakers OLC 11:00 Ctg Prayer (C) <b>1:00 - 3:00 FLU VACCINE(WC)</b> 1:30 SFX Catholic Communion (H) 2:00 <u>Sam Banana and The Doo Wop Bunch</u> - Male Vocals (CCC) <b>No HS Bible Study!</b> 4:00 Social Hour(OLC)</p>	<p><b>10</b></p> <p>9:00 Balance (WC) <b>11:00 Worship</b> 1:15 Hand and Foot Cards (CCC) 3:15 <u>Cahaba Saxophone Quartet</u> (CCC)</p>	<p><b>11</b></p> <p>9:00 Exercise (WC) <b>*10:15 Southern Kitchen and Bar</b> 2:00 Book Club (H) 6:30 Movie Night (C)</p>	<p><b>12</b></p> <p style="text-align: center;"><b>AUBURN NO GAME ALABAMA VS SOUTH CAROLINA</b></p>
<p><b>13</b></p> <p><b>*10:15 IPC</b> 11:00 IPC *Live* (C) &amp; (HS/AL/LR) 1:00 <u>Kim Dobbs Drumming</u> (HS/AL/AR) 3:30 Episcopal Communion (C)</p>	<p><b>14</b></p> <p>9:00 <u>Jazzin' Jackie</u> (HS/AL/AR) 10:30 Ladies Circle (OLC) 1:00 Bunco (OLC) <b>2:30 October Birthdays (CCC)</b> 7:00 Bingo (CCC)</p>	<p><b>15</b></p> <p>*Massage Therapy* 10:00 Men's Coffee &amp; Conversation(AL/PDR) 10:30 Ukulele (CCC) <b>2:00 Bible Study (C)</b> 3:15 <u>Kevin Grigsby</u> Piano (CCC)</p>	<p><b>16</b></p> <p>9:00 Exercise (WC) <b>*9:15 Publix</b> 11:00 Ctg Prayer (C) 1:30 Cath Comm (H) <b>2:00 HS Bible Study (HS/MC/AR)</b> 3:00 Line Dancing (CCC) 4:00 Social Hour(OLC)</p>	<p><b>17</b></p> <p>9:00 Balance (WC) 10:15 <u>Dr. Jill Byrd</u> Audiologist (OLC) <b>11:00 Worship (C)</b> 1:15 Dominos (CCC) 3:15 <u>Al Mahan</u> Guitar/Vocals(CCC)</p>	<p><b>18</b></p> <p>9:00 Exercise (WC) <b>*10:15 Ironwood Kitchen, Valley Hotel</b> <b>*1:00 Dollar Tree</b> <b>2:00 Voter Reg Absentee Ballots (CCC)</b> 3:15 <u>Ray Reach Jazz Quartet</u> Tony Bennett Tribute (CCC) 6:30 Movie Night (C)</p>	<p><b>19</b></p> <p style="text-align: center;"><b>ALABAMA VS TENNESSEE AUBURN VS MISSOURI</b></p>

# OCTOBER 2024 KIRKWOOD INDEPENDENT LIVING (CONTINUED)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY																														
<p><b>20</b>  <b>*10:15 IPC</b>                      11:00 IPC *Live* (C) &amp; (HS/AL/LR)                      3:30 Episcopal Communion (C)</p>	<p><b>21</b>                      9:00 Jazzin' Jackie (HS/AL/AR)  <b>11:00-1:00 Betty's Jewelry Show (LR)</b>                      1:00 Bunco (OLC)                      2:00 Art Class (HS/AL/AR)  <b>2:00 Voter Reg Absentee (CCC)</b>                      7:00 Bingo (CCC)</p>	<p><b>22</b>                      *Massage Therapy*                      10:00 Men's C&amp;C (HS/AL/PDR)  <b>*10:00 Picnic Harrison's Barn-Ray and Kim</b>  <b>No Bible Study!</b>                      2:30 Ukulele (CCC)                      3:30 Tom Bailey Sequoyah-Native American Polymath (C)</p>	<p><b>23</b>                      9:00 Exercise (WC)  <b>*9:15 Publix</b>                      10:00 MatMakers OLC                      11:00 Ctg Prayer (C)                      1:30 SFX Catholic Communion (H)                      2:00 Mahjong (OLC)  <b>2:00 HS Bible Study (HS/MC/AR)</b>                      4:00 Social Hour OLC</p>	<p><b>24</b>                      9:00 Balance (WC)  <b>11:00 Worship with Rev. Lucy Turner (C)</b>                      1:40 Hand-In-Paw (LR)                      2:30 Hand and Foot Card Games (CCC)  <b>6:30-7:30 Trick or Treat Apartment Sweep</b></p>	<p><b>25</b>                      9:00 Exercise (WC)  <b>*10:00 ASO Coffee Concert UAB Stephens Ctr</b>  <b>*1:00 WalMart</b>                      3:15 The ARK Combo (CCC)                      6:30 Movie Night (C)</p>	<p><b>26</b></p> <p><b>AUBURN VS KENTUCKY ALABAMA VS MISSOURI</b></p>																														
<p><b>27</b>  <b>*10:15 IPC</b>                      11:00 IPC *Live* (C) &amp; (HS/AL/LR)  <b>*1:00 Alabama Theatre -1925 Phantom of the Opera Silent Film with the Mighty Wurlitzer Organ</b>                      3:30 Episcopal Communion (C)</p>	<p><b>28</b>                      9:00 Jazzin' Jackie (HS/AL/AR)                      1:00 Bunco (OLC)                      1:30 Rummikub CCC                      4:00 Dolores Hydock Literary Hour (C)                      7:00 Bingo (CCC)</p>	<p><b>29</b>                      *Massage Therapy*                      10:00 Men's Coffee &amp; Conversation (HS/AL/PDR)                      10:30 Ukulele (CCC)  <b>2:00 Bible Study (C)</b>                      7:00 KW Got Talent(C)</p>	<p><b>30</b>                      9:00 Exercise (WC)  <b>*9:15 Publix</b>                      11:00 Ctg Prayer (C)                      1:30 SFX Catholic Communion (H)                      2:00 Niki Sepsas Dr. Mary Edwards Walker/The Medal of Honor (C)  <b>2:00 HS Bible Study (HS/MC/AR)</b>                      4:00 Social Hour OLC</p>	<p><b>31</b>                      9:00 Balance (WC)  <b>11:00 Worship (C)</b>                      1:15 Dr. Patricia Drentea                      How Social Change is Affecting the Family Experience (C)                      3:00 Dominos (CCC)</p>																																
<p><b>*FREE MENDING*</b>                      REBECCA/MARTHA LEE/KATHY                      October 7th                      OverLook Cafe</p> <p>*****  <b>AGNEW JEWELERS</b>                      REPLACE WATCH BATTERIES                      **FREE**</p>	<p><b>*GREATER*</b>  <b>*BIRMINGHAM*</b>  <b>*HUMANE SOCIETY*</b></p> <p><b>SAVE YOUR NEWSPAPERS!</b></p> <p>*****</p>	<p><b>**CHAMPION**</b>  <b>CLEANERS</b>                      -Free Pick-up-                      -Free Delivery-  <b>Tuesdays &amp; Fridays</b>                      11:00 A.M.                      205-824-7737</p>	<p><b>**MESSAGE**</b>  <b>**THERAPY**</b></p> <p>(By Appointment)                      Cheron Blythe                      October 8th                      October 15th                      October 22nd                      October 29th</p> <p>205-902-7966  <b>RIVERVIEW</b></p>	<p><b>CLAUDIA REACH</b>                      Life Enrichment Director</p> <p>205-956-2184                      X172</p> <p><a href="mailto:creach@kirkwoodbytheriver.com">creach@kirkwoodbytheriver.com</a></p>	<p style="text-align: center;"><b>*LEGEND*</b></p> <table style="width: 100%; font-size: small;"> <tr> <td>(C) Chapel</td> <td>(HS/AL/PDR) HillSide</td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td>Assisted Living</td> </tr> <tr> <td>(H) Hideaway</td> <td>Private Dining Room</td> </tr> <tr> <td>(HS/AL/AR) HillSide</td> <td>(HS/AL/V) HillSide</td> </tr> <tr> <td>Assisted Living</td> <td>Veranda</td> </tr> <tr> <td>Activities Room</td> <td>(L) Library-Riverview</td> </tr> <tr> <td>(HS/MC/AR) HillSide</td> <td>(MDR) Main Dining Room</td> </tr> <tr> <td>Memory Care</td> <td>(MLR) Main Living Room</td> </tr> <tr> <td>Activities Rm</td> <td>(OLC) Overlook Cafe</td> </tr> <tr> <td>(HS/AL/FR) HillSide</td> <td>(P) Pool</td> </tr> <tr> <td>Assisted Living</td> <td>(RV/W C) RiverView</td> </tr> <tr> <td>Fitness Room</td> <td>Wellness Room</td> </tr> <tr> <td>(HS/AL/LR) HillSide</td> <td>(TTL) Tree Top Lounge</td> </tr> <tr> <td>Assisted Living</td> <td>Billiards Room</td> </tr> <tr> <td>Living Room</td> <td>(SN) Skilled Nursing</td> </tr> </table>		(C) Chapel	(HS/AL/PDR) HillSide	(CCC) Cahaba Cultural Center	Assisted Living	(H) Hideaway	Private Dining Room	(HS/AL/AR) HillSide	(HS/AL/V) HillSide	Assisted Living	Veranda	Activities Room	(L) Library-Riverview	(HS/MC/AR) HillSide	(MDR) Main Dining Room	Memory Care	(MLR) Main Living Room	Activities Rm	(OLC) Overlook Cafe	(HS/AL/FR) HillSide	(P) Pool	Assisted Living	(RV/W C) RiverView	Fitness Room	Wellness Room	(HS/AL/LR) HillSide	(TTL) Tree Top Lounge	Assisted Living	Billiards Room	Living Room	(SN) Skilled Nursing
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**\*DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT THE DESIGNATED TIME.**