

OCTOBER 2024 MEMORY CARE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1 9:45 <u>Laughter Yoga</u> *Walking Club *Hydration/Snack *Exercise Class 11:00 <u>The Slim Pickins Band (C)</u> 1:30 <u>Walker Wright Drumming Session</u> 3:15 <u>Susan Lawrence Guitar/Vocals (CCC)</u>	2 * FITIFY Fitness *Hydration/Snack *10:30 Cruisin' 'Round Town 1:30 SFX Catholic Communion (H) 2:00 HS BibleStudy 3:00 Bingo	3 9:45 <u>Chair Yoga</u> **Hydration/Snack 11:00 Worship and Communion (C) 1:30 <u>Connie Skellie Violin/Vocals</u> 3:00 <u>Jon Michael Ogletree Piano (CCC)</u>	4 *Exercise Class *Hydration/Snack 10:30 <u>Art Adventure</u> 1:00 <u>GBHS Dog Petting Session</u> 1:45 <u>Blake Franklin Guitar/Vocals</u>	5 *Ball Toss on the Hall *Hydration Snack and Chat
6 *Devotion 10:00 <u>Dawson Worship on TV</u> *Hydration/Snack *Bingo	7 <u>Beauty Shop Day</u> 9:45 <u>Jazzin' Jackie</u> *Hydration/Snack 2:00 <u>Walker Wright Drumming Session</u>	8 9:45 <u>Laughter Yoga with She She</u> *Walking Club *Hydration/Snack 11:00 <u>Hoover High Jam Band (CCC)</u> **Exercise Class 2:00 <u>Crafty Corner with She She</u> 3:30 <u>Irondale Train Rides</u>	9 * FITIFY Fitness *Hydration/Snack 9:00-11:00 FLU VACCINE CLINIC *10:30 Cruisin' 'Round Town 1:30RC Communion 2:00 <u>Sam Banana & The Doo Wop Bunch Male Vocals (CCC)</u> No HS Bible Study! 3:30 Bingo	10 9:45 <u>Chair Yoga</u> *Hydration/Snack 11:00 Worship 3:15 <u>Saxophone Quartet (CCC)</u>	11 *Exercise Class *Hydration/Snack 10:45 <u>Reach & Pino Piano/Guitar/Vocals</u> 1:45 <u>Blake Franklin Guitar/Vocals</u>	12 *Ball Toss *Hydration/Snack 2:00 <u>Johny Wayne Abbott Concert</u>
13 *Devotion 10:00 <u>Dawson Worship on TV</u> *Hydration/Snack 2:00 <u>Kim Dobbs Drumming</u> **Bingo	14 <u>Beauty Shop Day</u> 9:45 <u>Jazzin' Jackie</u> **Hydration/Snack 2:30 October Birthdays (CCC)	15 9:45 <u>Laughter Yoga</u> *Walking Club *Hydration/Snack 10:30 <u>Loyce and Fred Piano and Sing Along</u> *Exercise Class 3:15 <u>Kevin Grigsby Piano/Vocals (CCC)</u>	16 * FITIFY Fitness *Hydration/Snack *10:30 Cruisin' 'Round Town 1:30 SFX Catholic Communion (H) 2:00 HS BibleStudy 3:00 Bingo	17 9:45 <u>Chair Yoga</u> 9:30 <u>Dr. Jill Byrd Audiologist</u> *Hydration/Snack 11:00 Worship (C) 3:15 <u>Al Mahan Guitar/Vocals (CCC)</u>	18 *Exercise Class *Hydration/Snack 10:30 <u>Walker Wright Drumming Session</u> 3:15 <u>Jazz Quartet Tony Bennett Tribute (CCC)</u>	19 *Ball Toss *Hydration/Snack 1:45 <u>Carolyn Price Piano/Sing Along (HS/AL/AR)</u>

OCTOBER 2024 MEMORY CARE (CONTINUED)

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<p>20</p> <p>*Devotion 10:00 Dawson Worship on TV *HydrationSnack 1:45 John Scalici Drumming *Bingo</p>	<p>21</p> <p>Beauty Shop Day 9:45 Jazzin' Jackie *Hydration/Snack 2:00 Art Class with She She (HS/AL/AR)</p>	<p>22</p> <p>9:45 Laughter Yoga *Hydration/Snack *Exercise Class 2:00 Walker Wright Drumming Session</p>	<p>23</p> <p>*FITIFY Fitness **Hydration/Snack *10:30 Cruisin' "Round Town" 1:30RCCommunion 2:00 HS Bible Study 3:00 Bingo</p>	<p>24</p> <p>9:45 Chair Yoga *Hydration/Snack 11:00 Worship (C) 1:00 Hand-In-Paw 2:30 Pat Patrick Guitar/Vocals 6:30-7:30 Trick or Treat Apt Sweep</p>	<p>25</p> <p>*Exercise Class *Hydration/Snack 10:30 Art Adventure 1:45 Blake Franklin Guitar/Vocals 3:15 The ARK Combo (CCC)</p>	<p>26</p> <p>*Ball Toss *Hydration/Snack 2:00 Betty Bridges Accordion</p>																																																
<p>27</p> <p>*Devotion 10:00 Dawson Worship on TV *Hydration/Snack 1:45 Susan Lawrence Guitar/Vocals **Bingo</p>	<p>28</p> <p>Beauty Shop Day 9:45 Jazzin' Jackie *Hydration/Snack 12:00 PIZZA PARTY 2:00 Walker Wright Rejoicing Rhythms Drumming Session</p>	<p>29</p> <p>9:45 Laughter Yoga with She She *Walking Club *Hydration/Snack *Exercise Class 2:00 Ukulele Sing Along with Sandra 7:00 Kirkwood's Got Talent (C)</p>	<p>30</p> <p>*FITIFY Fitness *Hydration/Snack *10:30 Cruisin' "Round Town" 1:30 SFX Catholic Communion (H) 2:00 HS Bible Study 3:00 Bingo</p>	<p>31</p> <p>9:45 Chair Yoga with Marie **Hydration/Snack 11:00 Worship(C)</p>	<p>CLAUDIA REACH Life Enrichment Director</p> <p>RENAY LA BELLE Life Enrichment Coordinator</p> <p>205-956-2184 X172 creach@kirkwoodbytheriver.com</p>																																																	
					<p>*LEGEND*</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 33%;">(C) Chapel</td> <td style="width: 33%;">(HS/AL/PDR)HillSide</td> <td style="width: 33%;"></td> </tr> <tr> <td>(CCC) Cahaba Cultural Center</td> <td></td> <td></td> </tr> <tr> <td>(H) Hideaway</td> <td>Assisted Living</td> <td></td> </tr> <tr> <td>(HS/AL/AR) HillSide</td> <td>Private Dining Room</td> <td></td> </tr> <tr> <td>Assisted Living</td> <td>(HS/AL/V) HillSide</td> <td></td> </tr> <tr> <td>Activities Room</td> <td>Veranda</td> <td></td> </tr> <tr> <td>(HS/MC/AR)HillSide</td> <td>(L) Library-Riverview</td> <td></td> </tr> <tr> <td>Memory Care</td> <td>(MDR) Main Dining Room</td> <td></td> </tr> <tr> <td>Activities Rm</td> <td>(MLR) Main Living Room</td> <td></td> </tr> <tr> <td>(HS/AL/FR)HillSide</td> <td>(OLC) Overlook Cafe</td> <td></td> </tr> <tr> <td>Assisted Living</td> <td>(P) Pool</td> <td></td> </tr> <tr> <td>Fitness Room</td> <td>(RV/W C) RiverView</td> <td></td> </tr> <tr> <td>(HS/AL/LR)HillSide</td> <td>Wellness Room</td> <td></td> </tr> <tr> <td>Assisted Living</td> <td>(TTL) Tree Top Lounge</td> <td></td> </tr> <tr> <td>Living Room</td> <td>Billiards Room</td> <td></td> </tr> <tr> <td></td> <td>(SN) Skilled Nursing</td> <td></td> </tr> </table>		(C) Chapel	(HS/AL/PDR)HillSide		(CCC) Cahaba Cultural Center			(H) Hideaway	Assisted Living		(HS/AL/AR) HillSide	Private Dining Room		Assisted Living	(HS/AL/V) HillSide		Activities Room	Veranda		(HS/MC/AR)HillSide	(L) Library-Riverview		Memory Care	(MDR) Main Dining Room		Activities Rm	(MLR) Main Living Room		(HS/AL/FR)HillSide	(OLC) Overlook Cafe		Assisted Living	(P) Pool		Fitness Room	(RV/W C) RiverView		(HS/AL/LR)HillSide	Wellness Room		Assisted Living	(TTL) Tree Top Lounge		Living Room	Billiards Room			(SN) Skilled Nursing	
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***DEPARTURE TIMES – PLEASE MEET IN THE LOBBY AT DESIGNATED TIME – ALL ACTIVITIES ARE SUBJECT TO CHANGE.**